



The Outlet

New Zealand Stomal Therapy Nurses

In this issue:

- NZNOSTS Conference
Christchurch 2016
- Liberty Best Presenter's Award
- Adapting Stoma Management to
Meet a Disability
- WCET Cape Town Conference
Report

JULY 2016

Introducing Aurum

with Manuka Honey



1st line defence in maintaining peristomal skin integrity

Ostomates shared with us the importance of keeping their peristomal skin healthy.

In response, we introduced medical grade Manuka Honey to our Hyperflex[®] hydrocolloid to create the Aurum[®] range. Helping to promote healthy skin around the stoma.

Medical grade Manuka honey provides a number of therapeutic effects; antibacterial, anti-inflammatory and stimulates tissue growth¹⁻⁵. The therapeutic properties of honey have long been documented and continue to be used successfully today¹⁻².



Defend peristomal skin integrity



1. Molan, P. (1999) J Wound Care. 8(8):415-8. 2. Mandal, M. et al (2011) Asian Pac J Trop Biomed. 1(2):154-160. 3. Arne, S. et al (2008) Evidence-Based Complementary and Alternative Medicine, 6(2), 165-173. 4. Vallianou, N. et al (2014) Gen Med (Los Angel). 2(2):1-5. 5. Kwakman, P. et al (2010) FASEB Journal. 24, 2576-2582.

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The Outlet

New Zealand Stomal Therapy Nurses

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ENCOURAGING MEMBERSHIP

EASY MEMBERSHIP SUBSCRIPTION CAN NOW BE GAINED ON THE WEB SITE
www.nzno.org.nz

IF YOUR ADDRESS HAS CHANGED PLEASE CONTACT

Jackie Hutchings

Email: jacquelyn@nursemaude.org.nz

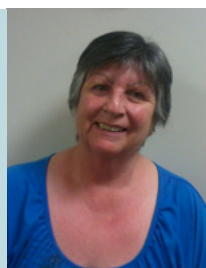
Your Executive Committee Members

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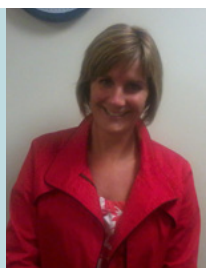
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www.nzno.org.nz/groups/sections/stomal_therapy

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www.blacksheepdesign.co.nz

NZNOSTS Section: Chairperson's Report

MARIE BUCHANAN

Hi everyone, hard to believe we are already into the 7th month of the year. Winter has certainly made itself known but I must confess I am enjoying the cooler nights followed by the lovely days. I hope you are all protecting yourselves against those winter bugs and taking care out there on those icy roads.

In February the committee held a face to face meeting in Christchurch. It was a very productive meeting and we all enjoyed the good old Canterbury hospitality thanks to Nurse Maude. Being in Christchurch gave us the opportunity to visit Rydges Latimer, where the conference is being held and I have to say we are very happy with our choice of venue. During our meeting we were able to secure speakers and the evening's entertainment of which I can assure you it is going to be a lot of fun. So get your registrations in, the early bird price is available until 1st September 2016, registration forms are in the journal or available on the NZNOSTS website. It would be great to see as many of the members attending as possible.

Bronney and I will be attending the College and Section day and NZNO conference in Wellington on 5-7 September 2016. Please contact us if there is anything you wish us to take to either of these meetings as it is an opportunity for your voice to be heard. Always remember that the committee members are your representatives so please contact any of us if you have any concerns, ideas or suggestions that you would like us to discuss. We are here to represent the membership and encourage your input and comments.

Our application for transition to College status is currently being assessed by NZNO. We have had some feedback and one of the requirements is that some of the documentation will need to be presented and voted on by the membership at the BGM. This may mean that we won't have the official status by conference but we are anticipating that we will be extremely close to having achieved it by then. Prior to the BGM you will receive notice of any policy and rule changes and it is very important to review these and to attend the BGM to vote so as to enable them to be passed.

Remember these are your documents and we are representing you with these so it is important you have your say. The BGM will be held at Rydges Latimer, Christchurch, on Thursday 27th October 2016 at 1145hrs.

The Bernadette Hart Award is available to all members to apply for. As of yet there have been no applications for the BHA. This award can make the difference for someone to enable them to attend some educational forum and further their education or pursue further papers. All applications are considered on their own merit by the current committee. Application forms are included in the journal and are available on our Website. I encourage you all to make use of these funds as they are there for your benefit and support.

Earlier this year an opportunity arose for me which I pursued and this has seen me take over the role of Charge Nurse Manager for the District Nursing team in Takapuna, Auckland. This unfortunately meant that I had to leave my role as Ostomy CNS which was not a decision I took lightly. I have loved my role as Ostomy CNS over the past 15 years and believe it has been one of the most rewarding journeys of my working career. I have met some of the most amazing people; patients who have taught me more than they will ever know in the way of resilience, courage and acceptance; fellow colleagues who are the most compassionate, caring and loyal people I have ever had the privilege of working with and all the trades who are so committed and generous in supporting STNs, it is a credit to them all. I am extremely proud to have had the opportunity to hold the Ostomy CNS position and have gained so much knowledge and skills. I will carry these with me through on my next journey with Ostomy continuing to be a special interest area for me. Thank you every one who has contributed and supported me, especially in the later years as a member of the committee and Chairperson. It is this support that has enabled me to go on and pursue this new role which I am enjoying and am excited about. Thank you.

Due to this change in role I will be standing down as Chairperson for the section. Being part of the committee has been extremely rewarding and I would urge everyone to consider putting themselves forward for nomination at the next BGM. It is a unique opportunity to make a difference and be part of positive change to come. Nominations will be called for in the near future.

So Kia-ora every one, your ongoing commitment to Stomal therapy and the section is very much appreciated. Stay safe and look out for each other.

Marie Buchanan, Chairperson NZNOSTS

Co-editors Report

BRONNEY LAURIE AND JACKIE HUTCHINGS

Winter is really on us now with the colder weather and driving to and from work in the dark. We are really looking forward to spring.

This is the last edition of The Outlet before our conference in October in Christchurch. At the conference the winner of the Liberty Publishing Excellence Award will be announced. At present we have very few entries so if you have had anything published in the last 5 editions (including this one) please consider completing an entry form and sending it in. The entry form can be found in this edition of the Outlet or on the NZNO Stomal Therapy Section website. **YOU ARE NOT AUTOMATICALLY ENTERED, YOU MUST SUBMIT AN ENTRY FORM.** The prize of \$1000 is to be used for educational purposes.

This journal also contains information about our 2016 conference to be held here in Christchurch on October 27 and 28. The current programme and registration form can be found here. The closing date for the earlybird fee is September 1. The last BGM minutes and a nomination form for committee members are also included.

The Liberty Best Presenter Award will also be presented at conference to the best Section member presenter. Please consider entering for this. The presentations are a maximum of 15 minutes including questions and can be on any relevant topic. You do not need to be a Stomal Therapist to enter but you do need to be a Section member. The prize is \$3000 for educational purposes. We would appreciate all abstracts and entry forms in by September 1 so that we can finalise our conference programme.

The Bernadette Hart Award application form can also be found in this edition. The closing date for entries is November 30. The committee will then discuss the applications and the successful applicant will be notified soon after.

Please go to the NZNO website, Stomal Therapy section and check the National contact details for your area. We are aware that there have been some resignations and hopefully new appointments in some areas. It would be great to keep this information up to date. Please send any changes to jacquelyn@nursemaude.org.nz

I did not get any response from my request in the last journal for any core competencies or a framework that anyone is using for stomal therapy. If anyone has anything written I would love to hear from you. Perhaps if nobody has anything we should look at establishing these nationally through the Section.

So in summary please consider sending in an abstract and an entry form to present at conference for such a worthwhile reward. If you have had an article published in the 2015 or 2016 editions of The Outlet please complete an entry form for the Liberty Publishing Excellence Award. Finally, consider applying for the Bernadette Hart Award to be used for education or attending conference etc.

We hope to catch up with you at the Conference.

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History of Bernadette Hart Award

JACKIE HUTCHINGS

Bernadette Hart was a friendly, warm, outgoing, capable woman with a love of her work and her patients. Interested in furthering her education in Stomal Therapy she attended national seminars and was welcomed onto the Enterostomal Therapy Committee becoming Treasurer when the National section was formed.

Bernadette was sponsored by the Southland District Health Board to attend the first New Zealand Enterostomal therapy Course in 1984 but unfortunately ill health prevented this.

Bernadette Therese McTigue (known as Tiggy) was born in Southland, 12 October 1933. Before marriage she completed her General Nursing training at the Southland School of Nursing. Her first love was surgical nursing and she worked in a surgical ward at Southland Hospital, then took leave to complete her maternity training at Timaru Hospital and later the one year post graduate Nursing Diploma in Wellington in 1965. On her return she became ward sister of ward 9 (Surgical) until her death.

Bernadette chose to be cared for at home by family and friends. She planned her Requiem Mass and funeral and as always she was a wonderful organiser. She died aged 52, survived by her husband Lovell. Bernadette is buried at Green Point Cemetery in Bluff overlooking the sea.

Rachel Peek, former Matron of Southland Hospital and long time friend of Bernadette, said she was an outstanding person, loved by everyone at Southland Hospital. She had a wide range of interests, a great compassion and empathy for people and was an extremely knowledgeable person.

An obituary in the Southland Times of Bernadette's life included a history of her nursing career. It stated she was an outstanding nurse who had worked for the Southland Board for 30 years. She was interested in all aspects of nursing and education and especially interested in the care of patients with ostomies, working both in the hospital and community to assist these people.

Memories of Bernadette will remain for many people and it was a fitting tribute to her life that the Bernadette Hart Award and criteria was established all those years ago and is still alive today.

Written by Betty Vodianovich, Life Member, NZNO Stomal Therapy Section in 2005

On a personal note I worked as a Staff Nurse for Bernadette Hart in Ward 9. She was an amazing lady and I learned so much from her. One of her dreams was for Southland to have a Stomal Therapist. I was fortunate enough to become that person. I was also lucky enough to have Mrs Hart as a resource person as I started into the role. We spent many hours on the phone discussing stomal issues through the months of her illness. I would never have managed without her support, information and inspiration.

Application for Bernadette Hart Award

CRITERIA FOR APPLICANTS

- Must be a current full or life member of the NZNO Stomal Therapy Section for a minimum of one year
- Present appropriate written information to support application
- Demonstrate the relevance of the proposed use of the monetary award in relation to stomal therapy practice.
- Provide a receipt for which the funds were used
- Use award within twelve months of receipt

- Be committed to presenting a written report on the study/undertaken or conference attended or write an article for publication in The Outlet or to present at the next national conference

APPLICATIONS CLOSE 30TH NOVEMBER (Annually)

SEND APPLICATION TO:

Marie Buchanan

Email: marie.buchanan@waitematadhb.govt.nz

BERNADETTE HART AWARD APPLICATION FORM

Name: _____

Address: _____

Telephone Home: _____ Work: _____ Mob: _____

Email: _____

STOMAL THERAPY DETAILS

Practice hours Full Time: _____ Part Time: _____

Type of Membership ☐ FULL ☐ LIFE

PURPOSE FOR WHICH AWARD IS TO BE USED

(If for Conference or Course, where possible, please attach outlined programme, receipts for expenses if available)

- Outline the relevance of the proposed use of the award to Stomal Therapy

EXPECTED COSTS TO BE INCURRED

Fees: (Course/Conference registration) \$ _____

Transport: \$ _____

Accommodation: \$ _____

Other: \$ _____

Funding granted/Sourced from other Organisations

Organisation:

_____ \$ _____

_____ \$ _____

_____ \$ _____

PREVIOUS COMMITMENT/MEMBERSHIP TO NZNOSTS

Have you been a previous recipient of the Bernadette Hart award within the last 5 years? ☐ No ☐ Yes (date) _____

Please Indicate ONE of the below: (please note this does not prevent the successful applicant from contributing in both formats).

☐ Yes I will be submitting an article for publication in 'The Outlet' (The New Zealand Stomal Therapy Journal).

☐ Yes I will be presenting at the next National Stomal Therapy Section Conference.

Signed: _____ Date: _____

SAVE THE DATE

Sunday 12th March, 2017 – Brisbane

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On behalf of the team at ConvaTec, we would like to invite you to join us for our inaugural Great Comebacks® Awards Dinner. This is an exclusive invitation only event where we would be privileged to have you meet our finalists & hear their inspiring stories.

Please RSVP to reserve your seat. Upon your RSVP we will send you a formal invitation to the event.

Venue: TBA

Time: 7.00 pm

RSVP: Email full name, title, organisation and contact details to convatecevents@convatec.com

The Great Comebacks® program enables people living with Crohn's disease, ulcerative colitis, bowel cancer or an ostomy to share their story to inspire others who are facing these diseases or transitioning into life after surgery.

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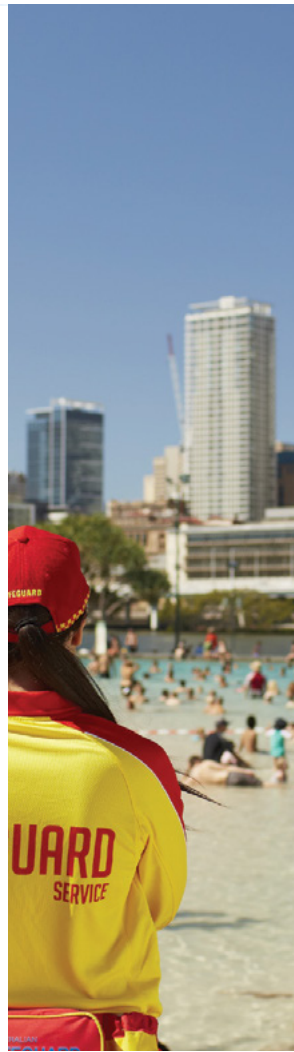
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The Liberty NZ Stomal Therapy 'Publishing Excellence' Award



THE AIM

The Aim: of the Liberty New Zealand Publishing Excellence Award is to recognise the endeavors of nurses working in the field of stomal therapy, encouraging them to achieve excellence by publishing in the NZNOSTS Journal "The Outlet".

All NZNOSTS members, who meet the award criteria, can submit their article to be assessed for the award. The award is to the value of \$1000. In the event that there is more than one worthy recipient the amount may be shared.

THE PURPOSE OF THE AWARD

The Liberty Publishing Award is to be used towards the cost of:

- Travel / accommodation / registration to attend a national or international conference related to stomal therapy
- or
- To facilitate participation in an accredited post graduate study program leading to qualification as a Stomal Therapist or appropriate study in the associated area intended to advance the knowledge and understanding of the discipline of stomal therapy

ENTRY CRITERIA

- Be a member of NZNOSTS, both at the time of publishing and at the time the award is made
- Have submitted an article, which has been published in The Outlet and which complies with the Award Criteria
- Have completed the entry form and submitted to The Outlet editors by September in the year of the award. The Liberty Publishing Excellence Award will be made in the same year as the NZNOSTS biennial conference.
- Only one article per author can be submitted for assessment
- The journals from which articles can be submitted for assessment will be published in the two years prior to the biennial conference as follows;
 - First Year: March, July and November 2015
 - Second Year : March and July 2016
- By submitting and applying for the Liberty publishing award, the publisher agrees that their name and /or article can be used by Liberty Medical for Education and Marketing.

The assessment panel will critique submitted articles for value to Stomal Therapy practice, contribution to understanding the patient experience, innovation in practice and contribution to the body of Stomal Therapy knowledge.

The successful award recipient will be announced at the NZNOSTS biennial conference and the award will be made by a Liberty representative.

Best Published Article Entry Form



Please complete and return to The Outlet Editor by the last day of September in the year of the Award submission.

Name:	<hr/>
Address:	<hr/>
	<hr/>
	<hr/>
Telephone	<hr/>
Email:	<hr/>
Qualifications	<hr/>
Employment position	<hr/>
NZNO Number	<hr/>
Article Title and Date of Publication	<hr/>
	<hr/>

Note: If there are constraints as to when you can and cannot publish your paper, please bring this to the attention of the Executive Committee or The Outlet Editors.



New Beginnings

Stomal Therapy Conference

Rydges Latimer, Christchurch
October 27 - 28, 2016



Conference Programme

THURSDAY 27 OCTOBER

08.00	Registration
08.45	Powhiri and welcome
09.00	Opening speaker - Richard Flint
09.30	Paediatric stomas and complications post reversal – Tori Scott
10.10	Familial GI Cancer Registry – Melanie Stevenson
10.30	Morning tea
11.00	Case Study TBA
11.15	Case Study TBA
11.30	Case Study TBA
11.45	BGM
12.30	Lunch
13.30	Parastomal Hernias – treatment and complications - Tim Eglinton
14.15	Neobladder versus Ileal Conduit - Stephen Mark
15.00	Afternoon tea
15.30	Patient Journey - David Johns
16.30	Finish
18.30 - 24.00	Dinner

FRIDAY 28 OCTOBER

09.00	Problem solving and getting back to basics
09.45	IBD for Dummies - Richard Gearry
10.30	Morning tea
11.00	Radiation and Medical Oncology - TBA
11.45	Case study TBA
12.00	Case study TBA
12.15	Case Study TBA
12.30	Lunch
13.30	Liberty Awards and other company presentations
14.00	Intimacy issues for ostomates – Jan Burns
15.00	Evaluations and Finish
15.30	Afternoon tea (collect certificates)

NZNO STOMAL THERAPY SECTION CONFERENCE

New Beginnings - Registration Form

27 - 28TH OCTOBER 2016

RYDGES, 30 LATIMER SQUARE, CHRISTCHURCH, NEW ZEALAND



Tax invoice GST # 10 386 969

Please print clearly

Name: _____

Address: _____

Telephone: _____ Email: _____

NZNO Member: ☐ Yes ☐ No Membership number: _____

Full fee	\$320	Includes morning and afternoon teas, lunches and social event - Thursday night
Early bird - before 01/09/2016	\$290	Includes morning and afternoon teas, lunches and social event - Thursday night
One day only	\$135	Includes morning and afternoon tea and lunch
Social Event	\$65	Partners or single day registrants

NB All registration fees (above) are inclusive of GST

All registrations are entered into a Lucky Draw - one registration fee reimbursed

- Please tick** ☐ I will be attending the Thursday evening social event
Theme: Graduation: Dress accordingly. Entertainment guaranteed!
- ☐ Do you have any special dietary requirements?
☐ Vegetarian ☐ Gluten Free ☐ Other (please specify) _____

Accommodation

Each delegate is responsible for booking their own accommodation. Christchurch has some great deals on the internet.

Registration

Please complete and return this form with payment before 1 September 2016 for early bird registration or at the latest 20th October 2016.

Payments

Internet banking/direct, credit card: using your bank's internet banking website. Account details : ANZ Bank, NZNO Stomal Therapy Section a/c no: 010505-0097186-00. Please ensure that your payment quotes the initial of your first name and your full surname.

NB: Scan and send completed registration form to section treasurer: maryv@adhb.govt.nz

ChequesPlease make payable to **NZNO Stomal Therapy Section**. Include registration form with payment and post to section treasurer:

Mary Vendetti, 1/2090 Great North Road, Avondale, Auckland 0600.

Call for Abstracts and Rule Remits and Committee Members

CALL FOR ABSTRACTS

Please consider presenting at conference. There is a 15 minute time limit for your presentation and it could be a case study or something about your practice. Complete the entry form to enter the Liberty Best Presenter Award which has a prize of \$3000.

This is open to anyone who has been a member of NZNO Stomal Therapy Section for more than one year. Further information can be found on the NZNO Stomal Therapy website or in this Journal.

Abstracts need to be received by 1 September to jacquelynh@nursemaude.org.nz. This is a very worthwhile prize that can be used for educational purposes or attending a conference. The next AASTN conference is in Brisbane next year and the next WCET conference is in Kuala Lumpur in 2017.

CALL FOR RULE REMITS AND DISCUSSION ITEMS FOR THE BGM

As we progress towards College status there has been a lot of discussion and work put into updating our Rules and other Section Documents. These had all been put on the Section Website asking for feedback last year. Prior to conference all these documents will be placed back on our Website for you to review. You will receive email notification that this has happened.

If you have any Rule Remits or items for discussion at the BGM can you please forward them to me (jacquelynh@nursemaude.org.nz) Rule remits should be clearly written and give a rationale for the change

NOMINATIONS FOR STOMAL THERAPY SECTION EXECUTIVE COMMITTEE

A nomination form for the Executive Committee can be found in this Journal. Nominations close on October 1. Members will then be advised of those standing for election.

For those members who are unable to attend the BGM postal or email voting will be available. Voting forms will be available on the NZNOSTS website. Postal voting closes 21 October.

All other voting will be in person at the BGM. There will be no proxy voting.

The Liberty NZ Stomal Therapy 'Best Presenter' Conference Award



THE AIM

of the Liberty NZ Stomal Therapy 'Best Presenter' Award is to recognize the endeavors of presenters at the NZNOSTS biannual conference, and to encourage presenters to achieve excellence.

All NZNOSTS members, who are presenters who have not won the Best Presenters Award at the last biannual conference and who meet the award criteria, can request that their presentation be assessed for this award grant.

The award is to the value of NZ \$3000. In the event that two presenters are assessed as equal winners, the award may be shared. If no applicants meet the required standard, no award will be made. Please note: a minimum of 70% scoring or greater must be achieved by all presenters in order to be eligible.

THE PURPOSE OF THE LIBERTY NZ STOMAL THERAPY BEST PRESENTER AWARD

The Liberty Publishing Award is to be used towards the cost of:

- Travel / accommodation / registration to attend a national or international conference related to stomal therapy
- or
- To facilitate participation in an accredited post graduate study program leading to qualification as a Stomal Therapist or appropriate study in the associated area intended to advance the knowledge and understanding of the discipline of stomal therapy.

The recipient of this award is to seek validation of their intended educational program from the Executive Committee before enrolment / registration and to provide receipts to Liberty to effect payment.

ENTRY CRITERIA

Entrant must:

- Be a member of the NZNOSTS for a minimum of 1 year prior to presenting, and be a current member at the time of the award provision
- Be a presenter at the NZNOSTS biannual conference.
- Have submitted an abstract according to the Executive Committee before the closing date and been selected to present at the conference
- To allow for programming of the conference, a completed entry form must be submitted to the Executive Committee with the abstract
- Only one presentation per presenter will be assessed for this award. If an individual presenter is presenting more than one session, they are to nominate which of their sessions they wish to have assessed
- By submitting and applying for the Liberty publishing award, the publisher agrees that their name and /or article can be used by Liberty Medical for Education and Marketing.

EXCLUSION CRITERIA

- Invited non-member speakers and trade sponsored speakers are not eligible for this award
- Employees of Liberty or any other medical supply company are excluded except, NZNOSTS members who work for a medical supply company and have a significant clinical Stomal Therapy component to their position will be eligible
- The winner of the Liberty Presenters Award shall be excluded from eligibility for this award at the following NZNOSTS Conference, but is eligible to apply thereafter.

The Liberty NZ Stomal Therapy 'Best Presenter' Entry Form



Please complete and return to the Executive Committee with your abstract;

Entry forms must be received prior to finalising the Conference Programme to assist in positioning on the programme.

Name:

Address:

Telephone

Email:

Qualifications

**Employment
position**

NZNO Number

Presentation Title

Note: If there are constraints as to when you can and cannot present, please bring this to the attention of the Executive Committee. Applicants will need to formally register for the conference as per the registration form.

Minutes of the Biennial General Meeting 2014

THE RYDGES AUCKLAND. THURSDAY 6 NOVEMBER, 2014

Meeting commenced at 11:00

Present

Section members: Maree O'Connor, Nicky Bates, Maree McKee, Lorraine Andrews, Marie Buchanan, Ginnie Kevey-Melville, Sophie Wallace, Mary Vendetti, Eileen Austin, Carol Lee, Anne Chadwick, Helena Anderson, Alison Meerman, Jenny Coulson, Lawrence Mutale, Sid Obregon, Erica Crosby, Rachel Pasley, Clayton Hopewell, Bronwyn Laurie, Jennifer Rowlands, Sandra Izard, Christine Matthews, Kimiora Williams-Parata, Merly Mathew, Jinomon Thomas, Romka Kumar, Pravin Deo, Sharon Elson, Dianne Devlin, Sarah Kelcher, Diane Morgan, Jackie Hutchings, Sue Rossiter, Sarah Craver-Jones, Glenda Cairns-Nelson, Kylie Morgan, Helen Collins, Allison Henderson, Gill Bedford, Melanie Terry, Julie Burgess, Nicola Braven, Dorothy Ferguson, Evelyn Joll, Francesca Martin, Julie Skinner.

Observer: Esre Bezuidenhout (Health Alliance)

Professional Nurse Advisor: Lorraine Ritchie

Apologies: Marie Oldridge, Nicky Sullivan, Jenny Roberts, Lily Murray.

Introduction of present committee members, and positions held.

Minutes of Biennial General Meeting 2012

The minutes were declared to be a true and accurate record.
Jackie Hutchings / Nicky Bates
Carried

Matters Arising - Nil

Correspondence - Nil

Chairperson's Report October 2014

The Chairperson's report was read by Maree O'Connor.
It was moved that the report be adopted.

Nicky Bates/Ginnie Kevey-Melville - Carried

Financial Report

The financial reports for the 2013/14 financial year ended 31 March 2014 was presented by Nicky Bates. See financial statement for details. It was moved the financial report be adopted.

Maree O'Connor/Lorraine Andrews - Carried

Editor's Report

Lorraine Andrews presented the Editor's report for November 2012-November 2014. Production of The Outlet is intended as a cost neutral activity for the Section. Thank you to Liberty, Omnigon, NZMS, Coloplast, ConVatec and Salts for their support.

Thank you to Liberty for working in collaboration the Editors of The Outlet to establish the Liberty Publishing Excellence Award. The award (\$1,000) recognises the endeavours of the novice publisher in The Outlet.

An ISSN was applied for and granted to The Outlet. The Outlet was assessed by RMIT publishing as meeting the criteria for inclusion in the Informit Health Collection database. This is currently under review by NZNO. Thank you once again to Heather Woods (NZNO Librarian) for her invaluable assistance. See report for further details. It was moved that the report be adopted.

Marie Buchanan/Mary Vendetti - Carried

Professional Nursing Advisor's Report

Great progress towards College status continues. NZNC has the expectation that all nurses will have completed the session on the Code of Conduct, Professional boundaries and Social media by July 2015. We need to have our say on PHARMAC product changes. Please continue to make submissions on changes in health practice. See report for further details.

Maree O'Connor/Nicky Bates
Carried

Remits

Rule Remits: Name - New Zealand Nurses' Organisation College of Stomal Therapy Nursing (NZNOCSTN).

Powers: The committee shall have the powers to:

(c) In the event of a mid-term resignation from the National Executive Committee, the results of the previous election ballot shall be reviewed. The candidates who stood for the election and were unsuccessful shall be offered appointment to the committee in descending order of the number of votes they received in the ballot until the vacancy is filled.

Voting: Voting shall be by a dedicated, secure electronic voting site, or postal vote to be received no later than one week before the election or by ballot at the Biennial General Meeting.

Maree O'Connor/Marie Buchanan - Carried

Honorary Life Membership was awarded to Jackie Hutchings, and presented by Nicky Bates. Jackie is a dedicated Stomal Therapy Nurse with an outstanding memory of processes and the content of meeting minutes.

Committee Nominations

Marie Buchanan, Ginnie Kevey-Melville.

New Committee Members nominated: Jackie Hutchings, Mary Vendetti, Bronwyn Laurie, Sophie Wallace.

Thank you to the outgoing committee members for all your hard work and progress toward Section to College status.

Professional Nursing Advisor to meet with all committee members following the meeting.

Meeting closed at 11:55

Financial statements 2015 – 2016

FOR THE YEAR ENDED 31 MARCH 2016

STATEMENT OF FINANCIAL PERFORMANCE	Apr 15 - Mar 16 (12 mths) \$	Apr 14 - Mar 15 (12 mths) \$
REVENUE		
Advertising	14,248	8,174
Conference	0	38,778
Interest	1,970	1,727
National Office Funding	7,559	8,374
Total Income	23,776	57,054
Less Expenses		
Accommodation and Meals	114	791
Awards	1,000	700
Bank Charges & Fees	0	5
Conference	1,776	29,865
Journal Expenses	15,306	15,084
Postage & Stationery	0	26
Telephone, Tolls and Internet	404	274
Travel - Air	3,012	4,435
Travel - Other	223	591
Total Expenses	21,835	51,771
NET SURPLUS/(DEFICIT) BEFORE TAXATION	1,942	5,283
Plus: Current year tax credit	0	1,671
Less: Income tax expense	(255)	0
NET SURPLUS/(DEFICIT) AFTER TAXATION	1,687	6,955

STATEMENT OF MOVEMENTS IN EQUITY	Apr 15 - Mar 16 (12 mths) \$	Apr 14 - Mar 15 (12 mths) \$
EQUITY AT START OF PERIOD	61,821	54,867
SURPLUS & REVALUATIONS		
Net Surplus/ (Deficit) after taxation	1,687	6,955
Total Recognised Revenues & Expenses	1,687	6,955
EQUITY AT END OF PERIOD	63,507	61,821

STATEMENT OF FINANCIAL POSITION	31 March 2016 \$	31 March 2015 \$
CURRENT ASSETS		
Accounts Receivable	2,670	0
ANZ - Cheque Account	13,473	24,841
ANZ - Term Deposit (7502)	0	27,403
ANZ - Term Deposit (1000)	38,397	0
ANZ - Term Deposit (B Hart Award)	11,630	11,295
GST Refund Due	318	2,145
Income Tax Receivable - 2014/2015 Financial Year	1,671	1,671
Interest Receivable	771	729
Prepaid Expenses	1,992	0
RWT Paid - 2013/2014 Financial Year	0	439
RWT Paid - 2014/2015 Financial Year	461	461
RWT Paid - 2015/2016 Financial Year	540	0
TOTAL ASSETS	71,923	68,985
CURRENT LIABILITIES		
Accounts Payable	5,714	7,068
GST Due for Payment	0	0
Income Received in Advance	2,448	0
Income Tax Payable - 2013/2014 Financial Year	0	96
Income Tax Payable - 2015/2016 Financial Year	255	0
TOTAL LIABILITIES	8,417	7,164
NET ASSETS	63,507	61,821
Represented by: TOTAL EQUITY	63,507	61,821

Nomination Form for NZNO Stomal Therapy Section Executive Committee

(Please print clearly)

I, _____ wish to nominate _____
(Your name) (Surname) (Given Name)

for the position of Committee Member NZNO Stomal Therapy Section.

Signed: _____ Date: _____

This section to be completed by Nominee

I _____ accept nomination as Committee Member of the NZNO Stomal Therapy Section.

Address (Personal):

Address (Business):

Phone/Fax: _____

Phone/Fax: _____

Email: _____

Email: _____

Area of current work: _____

NZNO Membership No.: _____

Length of time as member of NZNO Stomal Therapy Section: _____

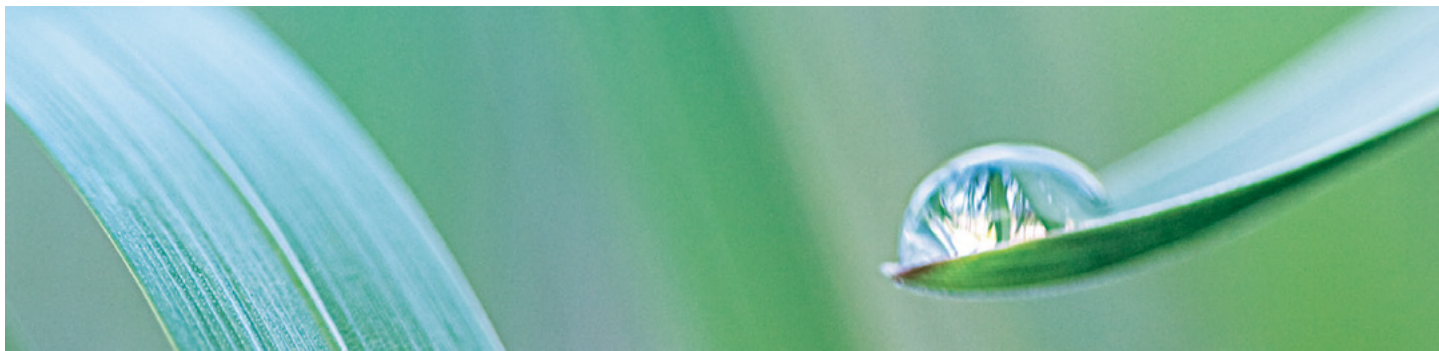
Work-Experience, including level of responsibility: _____

Explain briefly why you think you are suitable for this position (if relevant include previous committee experience):

Signature: _____ Date: _____

Please return the completed nomination form to Heather Sander, PO Box 2128, Wellington 6140 or heathers@nzno.org.nz
by September 23, 2016

To be valid this form must be signed by both parties and be received by the closing date.



Coloplast SenSura Mio Educational Scholarship 2016

Coloplast would like to offer 2 x \$1,500_(NZ) Educational Scholarships for Stomal Therapy Nurses in New Zealand.

This scholarship can be used for any Educational Conference within an 18 month period from 1st November 2016.

Objective

Coloplast recognises the need to create innovative educational experiences for all nurses. Coloplast has 2 scholarships on offer to be awarded to financially assist a registered Stomal Therapy Nurse or a Registered Nurse with an interest in stomal therapy in New Zealand to attend an educational conference from 1st November 2016 to 1st June 2018.

Scholarship Application Guidelines

Applications must be with Coloplast by 5pm on 31st August 2016.

All applications will then be sent for impartial judging by a panel of New Zealand Stomal Therapy Nurses. A decision will be made in late September 2016. Incomplete applications will not be considered.

What must you do?

- Complete a case study using SenSura Mio. This may include, but is not limited to, how has Mio helped improve the life of an Ostomy patient, how has Mio changed your nursing practice etc.
- Write a one page letter of motivation (How would you benefit from attending an educational conference)
- Obtain written verification from your employer that you are able to be released to attend the conference and abide by your "Health Care Professional Code of Ethics"

The winners will be invited to present their case study at the Coloplast Breakfast Symposium that will be held during the NZ Stoma Nurse Conference held in Christchurch on 27th and 28th October 2016.

Upon returning from the conference winners are required to:

- Complete a reflective review on the key learnings and experience gained from the conference. This must be completed within 6 months of returning from the conference. It will then be published in the NZ Outlet Journal.

Scholarship applications open from 1st February 2016.

Completed applications must be received by 5pm on 31st August 2015.

For more information please contact your local Coloplast Territory Manager or Jenelle Guest, Ostomy Market Manager - Coloplast on aujegu@coloplast.com or +61 448 372 619

Dilating That Stricture

JACKIE HUTCHINGS

Jackie Hutchings
Stomal Therapist
Nurse Maude



Patty is a 71 year old who was having peritoneal dialysis for end stage renal failure secondary to non-insulin dependent diabetes mellitus.

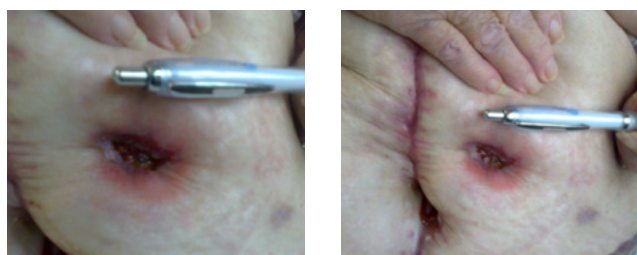
She was admitted acutely to Timaru Hospital from an outlying area and was found to have faeculent material in the peritoneal dialysis fluid. A CT abdomen showed a pneumoperitoneum suspicious for perforated viscus. The source of perforation was probably sigmoid diverticulae.

Patty was transferred urgently to Christchurch Hospital and went to theatre on 14 February 2016 for a Hartmanns (end colostomy). Findings at OT showed perforation of the rectosigmoid junction with 4 quadrant peritonitis. She started to deteriorate 2 days later and returned to theatre on 19 February following a CT that suggested a high likelihood for a necrotic stoma alongside a post-operative ileus. She had revision of her colostomy. 4cm of necrotic stoma was excised. She started on haemodialysis.

Our service was only made aware of Patty on 1 March when she came to the ward from ICU. We noted that her stoma was very retracted and necrotic at the edges. The surgeon reviewed the stoma and said it was fine! Over the next few weeks Patty began to learn to care for her colostomy. She was also dialysing three days per week.

On 18 March she was transferred to a rehabilitation hospital but within a week a fistula was noted between her colostomy and the umbilicus on her midline wound and so she was readmitted to the colorectal ward for wound surveillance.

By 4 April Patty's colostomy had started to stricture as well as being retracted. Due to her abdominal contours she found it hard to change her bag as it was easier to get a good seal if she was lying down.

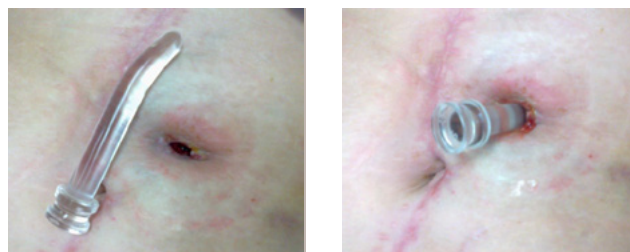


Photos show retraction and abdominal contours

She returned to the rehabilitation hospital on 13 April but once again returned to a surgical ward on 29 April for her strictured stoma. She went to theatre on 2 May for stomal dilatation under a GA. Following this she was to start regular dilatation. She was not keen to learn this herself and nor were we keen to teach her as she couldn't see her stoma very well. We dilated Monday – Friday using dilators sized 14 – 16 for the next 2 weeks but then she was discharged to Ranui House which is a set of apartments for people from out of the Christchurch area requiring treatment as an outpatient.

I have been dilating twice weekly on two of her dialysis days. Her stoma is quite strictured but the dilators can still be passed in although with more difficulty.

It is really important when dilating to first try and determine the direction of the bowel, then the dilator can be introduced and gently pushed in. I would never dilate a stoma if I was unable to establish the direction to put in the dilator.



Photos of Patty's strictured stoma and then with dilator in

Patty's stoma does need revision but we are hoping that the surgeon will consider reversal and the nephrologists are also pushing for this.

As for her future, Patty is learning how to do home dialysis and once all the equipment is arranged and she has become independent she will finally get home. Meanwhile twice weekly dilatation will continue.

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Adapting Stoma Management to meet a disability

SANDY IZARD (CNS OSTOMY) WAITEMATA DHB

Sandy Izard
(CNS Ostomy)
Waitemata DHB



The following has the consent and approval of the subject to publish the article and photos.

Y is a 70 year old man, a retired toolmaker, who suffered an intracranial haemorrhage resulting in a stroke leaving him with a dense left hemiparesis. Intracranial haemorrhages account for 8-13% of all strokes and are more likely to result in a disability than an ischaemic haemorrhage (Liebskind). Y was admitted to hospital for rehabilitation.

A week later he had a bowel obstruction in the proximal sigmoid colon. He was diagnosed with a sigmoid cancer. He underwent a total proctocolectomy and abdominal perineal resection and ileostomy formation. At the time of surgery the caecum and colon were found to be ischaemic and nonviable hence the ileostomy formation. He was in hospital for just under 3 months and while not able to attend to his stoma in the initial stages because of his disability he made a good but gradual recovery. Prior to his stroke Y had been the main caregiver for his disabled wife who had a brain tumour. Sadly she died while he was still in rehabilitation.

At the time of discharge he was able to mobilise with a quad stick and although he has no use of his left arm he managed to empty his pouch independently but has help to replace the pouch. He lives alone but has family staying overnight. He has a package of care to keep him at home with someone coming in the mornings to assist him with his shower and someone in the evening to help with meals and getting him ready for bed. He also has help with housework and shopping. He mobilises freely around his home and makes good use of his computer.

He has found it difficult to empty his pouch into the toilet with the use of only one hand. It was also somewhat difficult with only one functioning arm to use a container to empty into and then cleaning it. After a fall one night when emptying the pouch he began to think about what he could do to make it easier and safer for him to do it. His thoughts were that he needed some sort of funnel with a pipe to go into the toilet bowl. The following photos demonstrate his solution to the problem.



Y bought a funnel from a hardware store and attached a wide bore plastic pipe to the end. Note the paralysis of his left side.



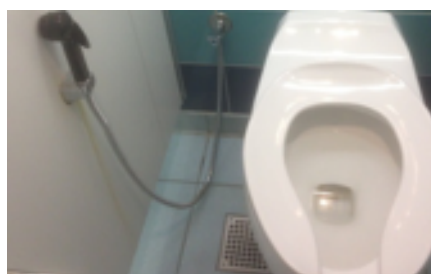
Next he positions the funnel and tubing into the toilet.



He then drains the bag into the funnel which is positioned into the toilet.



To flush it down into the toilet he pours water into the funnel to flush the effluent.



Ideally this is what he would like. (photo from Dubai Airport) Unfortunately they are not readily available in New Zealand This shape toilet would allow him to sit further back on the toilet empty the pouch and use the hose to clean the bag.

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WCET Report

Rachel Pasley
Stomal Therapy Nurse
Northland District
Health Board



I was very fortunate to have the opportunity to travel to Cape Town, South Africa for the 21st Biennial WCET Congress. Apart from the opportunity to learn, network and contribute to Stomal Therapy Nursing, I was able to visit one of the countries I had wanted to visit for years.

I was very lucky to be sponsored by Omnigon & Eakin to get to South Africa along with participation in the Eakin Educational Safari at Aquilla Game Reserve.

As well as having the opportunity to see the 'Big 5' we had some great education sessions with some very experienced Stomal Therapy Nurses.

The Eakin Education sessions were attended by me from New Zealand and 7 Stomal Therapy Nurses from around Australia. Jeremy Eakin and Sarah Haughey, a recently employed Stomal Therapy Nurse to the Eakin Company, had travelled from Ireland.

The Education sessions included presentations from the Eakin team. Jeremy Eakin spoke about how Eakin came to be and how his father developed the Eakin product and how the company still remains a family company, with patients' needs still central to everything they do.

They have recently recruited a STN, Sarah Haughey, who is giving the company more insight and knowledge into the stomal therapy world for the patients. She has been heavily involved in a survey of 250 ostomates in Ireland to assess Quality of life of people living with a stoma in Ireland. Two of the interesting things they discovered were that:

20% did not know what type of stoma they had and 78% experienced leakage.

They obtained the participants for the study by advertising in newspapers so got an interesting range of ostomates including 6 people who had had a stoma for more than 30 years and 1 who had their stoma for more than 52 years.

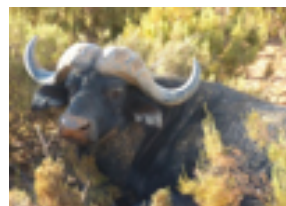
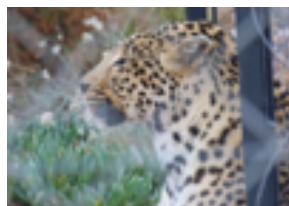
Sarah is also looking at the Psychological issues confronting ostomates and spoke of the 'gut brain connection', we may be familiar with the connection and how anxiety, anger and fear can affect our gastric tract. I often find myself telling patients that the bowel rules the body!

Patients have fears about the operation, diagnosis and even about staff being competent as well as practical fears such as noise, odour, leakage, visibility and body image as well as emotional fears regarding personal relationships.

Jan Fields, STN, from Brisbane presented Hernia Support-the current evidence and practice and reinforced the importance of hernia prevention as the incidence of parastomal hernia is so high.

Each of the 7 Stomal Therapy Nurses brought interesting case studies that we shared with the group to enhance our nursing practice and knowledge. There was a great range of cases presented and being such a small group we were able to discuss openly how we would handle these cases in our own practice and able to ask questions to get more information, so this was very beneficial.

Our Australian colleagues often don't have the opportunity to routinely follow up their patients as we do, often they do not to see their patients after they leave hospital as in many areas there are no community Stomal Therapy Nurses. Therefore, they were very interested to hear about how I not only see patients pre-operatively but also while they are in hospital and then see them once they are at home with a 2 yearly (or more frequently, if required) reassessment.



The Big 5: Buffalo,
Leopard, Lion,
Elephant and Rhino



The Congress was attended by 867 delegates, exhibitors and speakers and represented 62 countries. Apart from Barry Maughan, the International Ostomy Association (IOA) President, who spoke on the opening morning about the achievements of the Association to improve quality of life for all ostomates, I believe I was the only New Zealander in attendance.

Beautiful Cape Town was the host of the 21st Biennial Congress and it did not disappoint as a destination with beautiful Table Mountain watching over it.

The Congress was held over 3 days with the opening ceremony a feast of entertainment from a drumming lesson to many other cultural groups throughout the evening.

I was very proud to carry the New Zealand flag at the Parade of Nations and as our flag is similar to Australia, there was a mix up and the Australian delegate also got to carry the New Zealand flag.

After a great evening opening the Congress, parade of nations, opening of exhibitions and cultural entertainment it was into the conference.

It is great to work among a group of nurses who are so proud of what they do; the enthusiasm for the speciality we have chosen is so evident when they speak at conferences like this. No more so than Priscilla J d' E Stevens or Prilli as everyone knows her as. It would not have been right to not have Prilli speak in the opening session. Prilli pioneered stomal therapy nursing in South Africa and was a founding member of the WCET in 1978. Prilli's presentation was "Acknowledging the old and embracing the new... A review of fifty years of diversity and change", she is a great speaker to listen to and she did not disappoint.

Also present to share their abundant knowledge were Professor Keryln Carville and Elizabeth English who are both well-known and respected Stomal Therapy professionals from Australia.

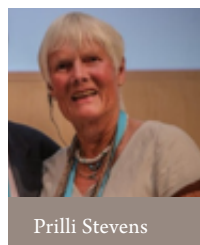
From then on there was a huge range of speakers and topics to listen to with often 4 parallel sessions running at one time, this often left a dilemma of which session to choose. Stoma, Wound & Continence care and related topics filled the majority of the sessions but Infection Control also was quite prevalent and timely with the recent Ebola outbreak in Africa.



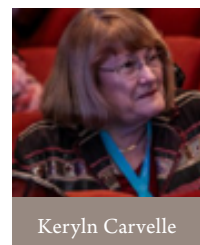
The Eakin education group



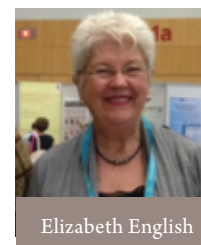
21st Biennial Congress in Cape Town



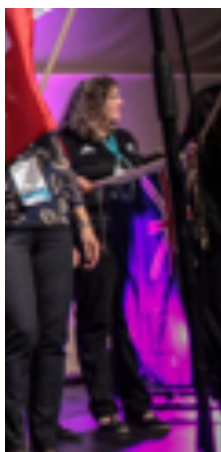
Prilli Stevens



Keryln Carville



Elizabeth English



In South Africa the main cause of stoma formation is trauma, a Stomal Therapy nurse from Johannesburg reported that on average they get 160 gunshot wounds through ED a month with many being abdominal wounds. Often these are not simple wounds with patients having many perforations and complications of enterocutaneous fistula.

Enterocutaneous fistula and intestinal failure were spoken of frequently at the conference and different ways of managing these were also revealed. For example, at the Groot Schuur Hospital the Head of Department says one of the first things they do when a patient is admitted is to give them something to eat. The rationale behind this is that the patient has a long road ahead of them and if they can retain some normality it is beneficial, food also maintains some gut function. They talk about SNAP as their management plan of enterocutaneous fistula.

Sepsis: Control infection

Nutrition: Maintain nutrition, assess for ideal route of feeding

Anatomy: Establish where the fistula lies within the intestinal tract

Plan: When are we going to operate to repair the fistula?

Stomal Therapy Nurses also added in another P

Protect: Protect skin as we all know how often these fistulae are hard to 'bag' and maintain skin integrity.

Fistulysis or Enteroclysis or refeeding was also talked about. This is when multiple fistula or stoma are present, the contents from the proximal outlet is collected and then 'strained' through a sieve and then refeed via a feeding tube of some description through the distal fistula. This often decreases the need for Intravenous Nutrition and allows the patient to maintain their own nutrition through the preferred route.

In my experience we have done this twice, both times without great success. I don't remember sieving the output which would have made it easier to refeed but also it is not something that staff like to do so staff compliance was not great.

Cost of Fistulysis would be considerably cheaper than months of TPN and I could definitely see the cost and health benefits from the presentations.

I often heard how some countries throughout the world were making drastic changes on how they purchase their health products and who they purchase the products from. It will be interesting to see patient outcomes from choosing monetary cost over patient outcome.

Overall it was a great experience attending a World Congress and South Africa is a great place to visit and very affordable once you are there (that's after more than 24 hours and 3 flights!).

The next WECT conference is to be held in Malaysia which promises to be another great event.



However, before that is the AASTN conference in Brisbane in March 2017 and my new friend from Brisbane, Jan Fields, is part of the organising committee.

I would like to thank the NZNOSTS Bernadette Hart Award, Omnigon & Eakin and the Northland DHB for making this experience possible.

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The Outlet

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