

# Women's Health Section

Newsletter - November 2016



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Welcome to the summer newsletter of the NZNO Women's Health Section.

### **Our New Chair Person**

#### **Denise Braid**

I began my career as an Enrolled Nurse at Oamaru Hospital. I worked across all specialities mainly in maternity which almost lead me to start my midwifery training. In the late 1980's I moved to Christchurch Women's Hospital as an Enrolled Nurse, working in the Gynaecology/Gynaecology Oncology Ward. This cemented my association with women's health. I worked there for 3 years and during that time I worked overseas for a year. In early 1990's I had time away from nursing helping care for my brothers 3 children. As an Enrolled Nurse with 14 years' experience I had always said if there was a shortened course to bridge to a Registered Nurse I would do it. Wellington Polytech called my bluff and started offering a 2 year bridging programme. In July 1992 I began the bridging programme with a diverse group of Enrolled Nurse's from around the country. I was inspired to look at what possibilities this new qualification would open up for me. Fate seemed to keep sending me back to Women's Health in my clinical placements, firstly Gynaecology Theatre and then to the Gynaecology Ward. On completion of the course I flirted with the idea of

working as a practice nurse but was enticed back to the staff nurse role in the Gynaecology Ward. In 1995 I begun working in Women's Clinics; Gynaecology, Colposcopy and Pre assessment Clinics. I am still there today as the Charge Nurse Manager. During my time in Wellington I was looking for gynaecology specific conferences and education sessions to attend with my colleagues. I was a founding member of a group of nurses from around the country in the New Zealand Gynaecology Nurses Interest Group (NZGIG) I was part of the group who transitioned NZGIG to the Women's Health Section of NZNO. I have always been interested in what was happening in the section and have attended all but 2 conferences. I was asked to come back on the committee at the last conference and look forward to WHS becoming a College in the New Year.

#### **WHS Facebook Page**



<https://www.facebook.com/groups/215771465995/>

Check out NZNO public page

## College Status

Our application is complete and has been submitted.

## Membership

Currently the Women's Section of NZNO has 580 members. Please encourage your colleagues to join.

Members of NZNO may join up to two colleges or sections. Membership is free.

See this link for the online application form

[http://www.nzno.org.nz/groups/colleges\\_section](http://www.nzno.org.nz/groups/colleges_section)

[s/sections/womens\\_health/join\\_us#online\\_application](http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health/join_us#online_application)

Members of this section have access to limited funding for study or professional development. See link below

[http://www.nzno.org.nz/groups/colleges\\_sections/sections/womens\\_health](http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health)

## RANZCOG

We now have a "Letter of Understanding"

## Kate Weston

### Professional Nurse Advisor

Kate liaises with our group. The professional colleges/sections that Kate supports are Women's Health Section (WHS) and the Neonatal Nurses College of Aotearoa (ACDN). She also provides liaison to midwife members, is on the National Maternity Staffing Advisory Group (MSAG), she is a member of the Waikato Women's Health Task Force reviewing the maternity and gynaecology services that are provided by Waikato DHB. In addition to these portfolios she holds the Quality Portfolio for NZNO, making comments on documents such as the Serious and Sentinel events reviews and is also a member of the DHB sector group.

**Have you seen our links on the NZNO Website:**

[http://www.nzno.org.nz/groups/colleges\\_sections/sections/womens\\_health](http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health)

## WHS Committee Members 2016



Back: Janice, Wendy, Robyn, Meegan, Liz

Front: Kate, Denise, Ann, Keryn

**Chairperson:** Denise Braid

**Vice Chair & Membership:** Keryn  
Anderson-Umaga

**Treasurer:** Elizabeth Bilton

**Vice Treasurer:** Robyn Kemp

**Secretary:** Meegan Farbeh-Tabrizi

**NZNO submissions Liaison:** Ann  
Simmons

**Website Update:** Wendy Diack

**WHS Newsletter:** Janice Grant



## Correspondence

Denise Braid

NZNO Women's Health Section

29 September 2016

Dear Denise,

On behalf of the National Council of Women Auckland Branch I would like to thank the NZNO Women's Health Section for your generous donation of the first prize for our Inaugural Speech Competition.

The Speech Competition was open to year 12 and 13 girls and the topic was "What does a gender equal Aotearoa/NZ look like?" We were pleased to have held an event where six girls presented their speeches all of which were of a very good standard.

The winner was Latayvia Tualasea Tautai, Head Girl of St Dominics School in Henderson. Her speech was outstanding and we invited her to present it again at the Suffrage Day event we host with Auckland Council on 19 September. I have attached a piece that Herald journalist Simon Collins wrote about Latayvia after hearing her speech, it includes the full text of her speech.

Thank you again,

Carol

Carol Beaumont

Branch President



## NZNO Women's Health Section Conference 2017

### "Woman on Top"

**Date:** 25-27 May 2017

**Venue:** Stamford Plaza, Auckland

[WHS Conference 2017 Registration Form](#)

[WHS Conference 2017 - Save the date flyer](#)

[2017 NZNO Women's Health Section Conference \(Draft\) Programme\(PDF 967 KB\)](#)

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## WOMEN'S HEALTH SECTION NZNO 2017 CONFERENCE

*The conference committee reserve the right to change timing &/or speakers.*

# Women on Top

25-27 May 2017

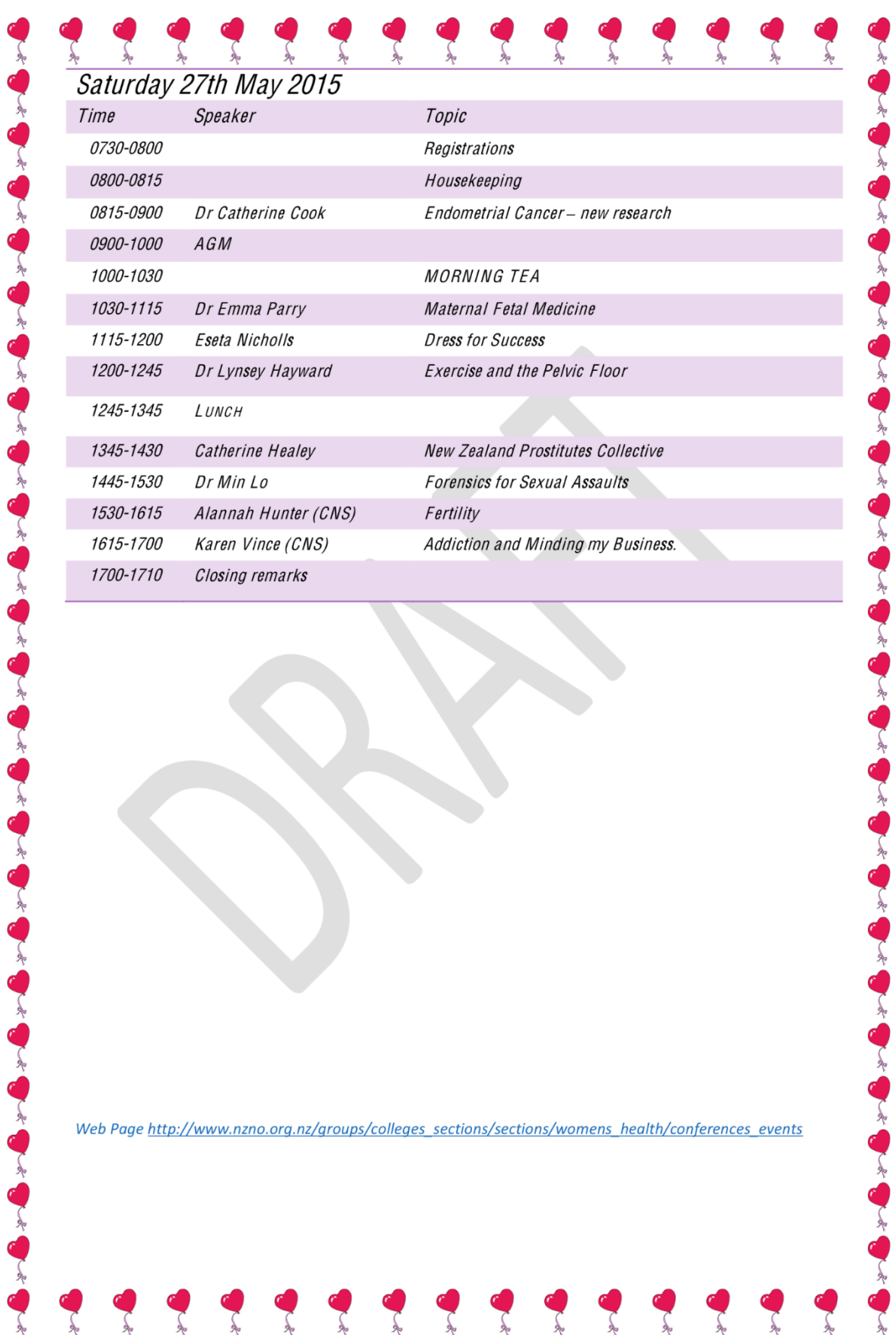
Auckland – Stamford Plaza

### Thursday 25 May 2017 (Evening)

Time	Speaker	Topic
1630-1830		Registrations
1830-1900		Meet and Greet (first drink and hors d'oeuvres complimentary)
1900-1945	The Rt Hon Jacinda Adern	Opening Speaker
1945-2000	Finish	

### Friday 26 May 2017

Time	Speaker	Topic
0730-0800		Registration
0800-0815	HOUSEKEEPING	
0815-0900	Dr Anil Sharma	Managing Heavy Menstrual Bleeding
0900-0945	Murray Hart (CNS)	Cardiovascular Disease in Women*
0945-1030	Assoc Prof. Helen Roberts	Nurse Midwife Contraception Clinics
1030-1100	MORNING TEA	
1100-1145	Bridget Healy	Tampons, Little White Lies
1145-1230	Dr Gary Fentiman	The New HPV Guidelines for 2018
1230-1330	LUNCH	
1400-1430	NP Georgie McPherson	Pacific women and cervical screening
1430-1530		Paper / Poster presentation
1530-1645	Dr Jane Nugent	What do Nurses Really Need to Know about Medicines: Expect the Unexpected!
1645-1700		Housekeeping - Conference Dinner
1800-late		Friday dinner Cocktails and then dinner at the Orbit Restaurant



## *Saturday 27th May 2015*

<i>Time</i>	<i>Speaker</i>	<i>Topic</i>
0730-0800		Registrations
0800-0815		Housekeeping
0815-0900	Dr Catherine Cook	Endometrial Cancer – new research
0900-1000	AGM	
1000-1030		MORNING TEA
1030-1115	Dr Emma Parry	Maternal Fetal Medicine
1115-1200	Eseta Nicholls	Dress for Success
1200-1245	Dr Lynsey Hayward	Exercise and the Pelvic Floor
1245-1345	LUNCH	
1345-1430	Catherine Healey	New Zealand Prostitutes Collective
1445-1530	Dr Min Lo	Forensics for Sexual Assaults
1530-1615	Alannah Hunter (CNS)	Fertility
1615-1700	Karen Vince (CNS)	Addiction and Minding my Business.
1700-1710	Closing remarks	

Web Page [http://www.nzno.org.nz/groups/colleges\\_sections/sections/womens\\_health/conferences\\_events](http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health/conferences_events)



## **Women's Health Section NZNO 2017 Conference**

### **“Women on Top”**

**25-27 May 2017**

**Auckland – Stamford Plaza**

#### **Conference Registration Form**

**First Name:**

**Family Name:**

**Work Place**

**Preferred Name on Badge**

**NZNO Registration Number:**

**Home Postal Address:**

**Contact Phone Number:**

**Preferred Email Address**

In accordance with New Zealand Privacy laws , if you do not want your name, place of work and city on any delegate lists please tick here ☐

Complete, save and send to the Registrations coordinator at:

[Susan.Hunter@middlemore.co.nz](mailto:Susan.Hunter@middlemore.co.nz) alternatively please print and post with cheque to:

Susan Hunter, c/- Module 10 at MSC, Counties Manukau DHB, Manukau Super Clinic, Private Bag 98743, South Auckland Mail Centre, Manukau 2240



Full Conference Registration INCLUDES Thursday evening drinks and nibbles, Conference Dinner & Pre dinner drink

Registration	NZNO Member	Tick	Non NZNO Member	Tick
Full Conference	\$425	<input type="checkbox"/>	\$475	<input type="checkbox"/>
Friday Only (Includes Dinner)	\$290	<input type="checkbox"/>	\$340	<input type="checkbox"/>
Saturday Only	\$215	<input type="checkbox"/>	\$265	<input type="checkbox"/>

Please indicate if you will be attending the following - Required for catering purposes:

Cocktail Evening	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Conference Dinner	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Extra Dinner Guest	Yes	<input type="checkbox"/>		
Cost for additional Dinner guest		\$85		

Special Diet Required? Yes ☐ Diet: Diabetic (Select from the list)

Please list any Allergies or special diet not listed \_\_\_\_\_  
(if you don't let us know we cannot ask the caterers to provide a special diet for you)

All Registrations must be received by 10<sup>th</sup> May 2017

Limited to 130 Registrations

Internet banking ANZ - NZNO - 2017 WHC Conference

Account Number - 06-0229-0736542-00

Please use surname and first initial as a reference e.g. Morrison D

Cheques payable to: NZNO - 2017 WHC Conference

Please show total Amount Payable

PAID BY INTERNET BANKING? YES ☐ CHEQUE ENCLOSED YES ☐

Web Page:

[http://www.nzno.org.nz/groups/colleges\\_sections/sections/womens\\_health/conferences\\_events](http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health/conferences_events)



**When:** Thursday, 25 May 2017

**Time:** 1230 – 1630 pm (registrations start 11.45)

**Venue:** **Stamford Plaza;** Auckland

**Further Information:** For more information please contact  
[jillian.lamb@cdhb.health.nz](mailto:jillian.lamb@cdhb.health.nz)  
0276569796

**Registrations:** Phone 0800 28 38 48

**Cost: \$85.00** (open to all Nurses/Midwives)  
(Afternoon Tea Provided)

**Cheques made payable to "NZNO Pharmacology Study Day"**

**Bank account for deposit: 06 0513 0373697 00- No Refunds**

(Please wait for confirmation of a place before making payment. Please put your name as reference.)

**Number Restricted to 100 places**

Name: \_\_\_\_\_ Address: \_\_\_\_\_

\_\_\_\_\_ Post Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Workplace: \_\_\_\_\_ Designated work area: \_\_\_\_\_

Position held: \_\_\_\_\_

Member: Yes / No Membership Number: \_\_\_\_\_ (please fill this in, ring 0800 28 38 48 to gain this number)

**POST TO NZNO: PO BOX 4102, CHRISTCHURCH, 8140**



# Critical Thinking in Relation to Pharmacology for Nurses

Programme **(subject to change)**

Time	Topic	Speaker
1230-1235	Housekeeping	Jill Lamb
1235-1300	Nurse Prescribing and legal requirements	Kate Weston
1300-1430	Medication administration safety & minimising medication errors <i>(A brief quiz to start the session)</i>	Dr Jane Nugent
1430-1450	Afternoon tea	
1450-1550	Cardiac Medications – Linking Pharmacology with practice. Cardiac medications, MI, anti arrhythmics and angina	CNS Murray Hart
1550-1630	Opioids and analgesia considerations	Dr Jane Nugent
	<i>Discussion and quiz to end</i>	