

Women's Health College Newsletter

March 2017



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Welcome to the first Women's Health College Newsletter

Time to celebrate!

College Status

The transition from Section to College has been a huge undertaking for the committees of the Women's Health Section over the past 5 years. NZNO's strategic direction includes the transition of sections to Colleges.

Colleges have a professional standing and an expectation of being a strong voice for nursing and advocacy for the women that we care for.

The Women's Health Section has moved to the next level and has, as a pathway to becoming a College, developed documents on standards of care, entered into an agreement with RANZCOG to work together, as appropriate, on key issues for women.

WHC has made significant contributions to NZNO submissions on Mirena, including Chair Denise Braid meeting with Pharmac to support the position of women being able to access this product for contraception. The committee has met with members of the NSU to discuss the HPV testing and cervical screening changes.

WHC looks forward to being able to celebrate this major success with you at the AGM and Conference May 25-27 2017 at the Stamford Plaza in Auckland.



<https://www.facebook.com/groups/215771465995/>

Check out NZNO public page

Conference May 2017



Conference is not far away. Time to register. See program and registration forms at the end of this newsletter and more information can be found on our website:

[WHC Conference/AGM Website](#)

WHC AGM - May 2017

At the conference we will have our AGM.

This year we have three available positions to fill on our committee.

Check out the NZNO Women's Health College Website to see what we do and what we are involved in.

The committee is a small group of 8 nurses and our Nurse Advisor, Kate.

They are a great bunch. We come from all over New Zealand. We are a voluntary committee. Some of us are lucky to have workplace support to get to our 4 meetings a year and others get days off or annual leave. All costs of travel to our meetings and Conference are covered by our College.

Membership

We have had an issue contacting new members to our College since the privacy problem late last year.

Members will now receive emails from the committee through the NZNO office.

Currently the Women's Section of NZNO has 580 members. Please encourage your colleagues to join.

Members of NZNO may join up to two colleges or sections. Membership is free.

See this link for the online application form:

http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health/join_us#online_application

Members of this section have access to limited funding for study or professional development. See link below:

http://www.nzno.org.nz/groups/colleges_sections/colleges/womens_health_college/scholarships_grants

Have you seen our links on the NZNO WEBSITE?

http://www.nzno.org.nz/groups/colleges_sections/colleges/womens_health_college/resources#Links

Honorary Life Member



Beverly Henderson from Dunedin was granted Honorary Life Member at the end of last year. We finally caught up with her and she was back at work at Dunedin Public Hospital. Congratulations Beverly and thank you for your contribution to our college, the health of women and nurses in New Zealand

Women's Health College Committee Members 2017

Position	Name
Chairperson	Denise Braid
Vice Chairperson and Membership	Keryn Anderson-Uмага
Treasurer	Elizabeth Bilton
Vice Treasurer	Robyn Kemp
Secretary	Meegan Farbeh-Tabrizi
NZNO Submissions Liaison	Ann Simmons
Website Updates	Wendy Diack
Newsletter	Janice Grant



Back: Janice, Wendy, Robyn, Meegan, Liz

Front: Kate, Denise, Ann, Keryn

Article/Research

Johns Hopkins School of Nursing Blog

Women's Health is the Health of the World

By [Craig Lee](#) on January 20, 2017 · [New, On the Pulse](#)

Stories about public health emergencies and new diseases are published by major news outlets on an almost daily basis. Unfortunately, women's health is a topic that doesn't make the headlines often

enough. Almost every day, women across the globe face health challenges that could be stopped with the right resources, but go unnoticed. Women's health has only recently become a topic of research and attention in the past few decades, and the struggles of these women are still becoming a realization to the rest of the world.

What remains an astonishing health concern for women is the number of deaths that are actually preventable. Too many women around the world don't receive regular screenings that can help prevent cervical or other cancers. Lack of sexual health education and resources to prevent HIV lead to infections that kill men, women, and children in Africa and beyond. According to the [maternal mortality fact sheet](#) of the World Health Organisation, approximately 830 women die every day from preventable causes related to pregnancy and childbirth. 99 percent of these deaths occur in developing countries, more than half of which occur in Sub-Saharan Africa and South Asia.

Women make up half of the population of the world, so if women aren't healthy the world isn't healthy. Healthy women make healthy families, and healthy families make healthy communities. In many cultures, while men make health care decisions, women are executing the practices and sometimes are the sole health care managers for the families. But when women are not able to receive education to be healthy themselves, they cannot influence a healthy lifestyle for the family. The idea is that when a healthy family can be produced, that unit can become a productive and active

member of the community, therefore influencing others in the community.

Another factor that is often overlooked in promoting women's health is the influence and impact of men. Amy Cutino, a Johns Hopkins School of Nursing student that [attended the International Council On Women's Health Issues \(ICOWHI\) Congress](#) in November 2016, made the realization during a pre-conference exercise:

"In fact, the final part of the preconference included an activity where we utilized a gender analysis framework to assess a case study intervention. The intervention was a maternal and child health program that was to take place in Yemen, a country with marked gender differences socially, legally, and economically in particular. We were tasked with assessing the background information provided in order to come up with objectives, activities, and indicators for the intervention. During this activity, I began to realise what a huge impact that men have on women's health initiatives and interventions. It seems to me that often, the role of men in promoting women's health is minimized while the empowerment and autonomy of women themselves becomes the main attraction. However, in so many cultures, men are the gatekeepers to health care, transportation, and social activities for their wives and daughters. Who better to be considered in the development of women's health programs than these very men?"

In many cultures and families, like those in Yemen, the man is the sole member of the family unit that makes health care

decisions. If you educate the gatekeeper, he is then able to make better decisions about his family's health care, including the women.

The improvement of women's health is perhaps one of the largest steps to gender equality. If you combine better health education, communication, the role of men in promoting women's health, women are able to gain a better status within even some of the most discriminatory of cultures. The women's influence on the family and community becomes a priority and we can then better the health of the world.

About the Author: CRAIG LEE

With the world becoming more connected through tweets, posts, shares, and pins, Craig keeps the School of Nursing in the mix with the ever growing, complex web of Social Media. Craig manages all of the Johns Hopkins School of Nursing's social media accounts including [Twitter](#), [Facebook](#), [Instagram](#), [Google+](#), and [LinkedIn](#)





NZNO Women's Health Conference 2017



[WHC Conference/AGM Website](http://www.nzno.org.nz/group/colleges_sections/colleges/womens_health_college/conferences_events)



WOMEN'S HEALTH COLLEGE NZNO

2017 CONFERENCE

The conference committee reserve the right to change timing &/or speakers.

Women on Top

In pursuit of excellence in care

25-27 May 2017

Auckland – Stamford Plaza

Thursday 25 May 2017 (Evening)

Time	Speaker	Topic
1630-1830		Registrations
1830-1900		Meet and Greet (first drink and hors d'oeuvres complimentary)
1900-1930	Chloe Swarbrick	Opening Speaker
1930-1945	Finish	

Friday 26 May 2017

Time	Speaker	Topic
0730-0800		Registration
0800-0815	HOUSEKEEPING	
0815-0900	Dr Anil Sharma	Managing Heavy Menstrual Bleeding
0900-0945	Murray Hart (CNS)	Cardiovascular Disease in Women'
0945-1030	Assoc Prof. Helen Roberts	Nurse Midwife Contraception Clinics
1030-1100	MORNING TEA	
1100-1145	Bridgette Jackson	Tampons, Little White Lies
1145-1230	Dr Gary Fentiman	The New HPV Guidelines for 2018
1230-1330	LUNCH	
1330-1400	NP Georgie McPherson	Pacific women and cervical screening
1400-1530		Paper / Poster presentation
1530-1645	Dr Jane Nugent	What do Nurses Really Need to Know about Medicines: Expect the Unexpected!
1645-1700		Housekeeping - Conference Dinner
1800-late		Friday dinner Cocktails and then dinner at the Orbit Restaurant

Saturday 27th May 2017

<i>Time</i>	<i>Speaker</i>	<i>Topic</i>
0730-0800		<i>Registrations</i>
0800-0815		<i>Housekeeping</i>
0815-0900	<i>Dr Catherine Cook</i>	<i>Endometrial Cancer – new research</i>
0900-1000	<i>AGM</i>	
1000-1030		<i>MORNING TEA</i>
1030-1115	<i>Dr Emma Parry</i>	<i>Maternal Fetal Medicine</i>
1115-1200	<i>Eseta Nicholls</i>	<i>Dress for Success</i>
1200-1245	<i>Dr Lynsey Hayward</i>	<i>Exercise and the Pelvic Floor</i>
1245-1345	<i>LUNCH</i>	
1345-1430	<i>Catherine Healey</i>	<i>New Zealand Prostitutes Collective</i>
1445-1530	<i>Eileen Brown (CNS)</i>	<i>Forensics for Sexual Assaults</i>
1530-1615	<i>Dr Mary Birdsall</i>	<i>Cancer and Fertility</i>
1615-1700	<i>Karen Vince (CNS)</i>	<i>Addiction and Minding my Business.</i>
1700-1710	<i>Closing remarks</i>	

Web Page

http://www.nzno.org.nz/groups/colleques_sections/colleques/womens_health_colleqe/conferences_events



WOMEN'S HEALTH COLLEGE NZNO
2017 CONFERENCE

Women on Top

In pursuit of excellence in care

25-27 May 2017

Auckland – Stamford Plaza

Conference Registration Form

First Name:

Family Name:

Work Place

Preferred Name on Badge

NZNO Registration Number:

Home Postal Address:

Contact Phone Number:

Preferred Email Address

In accordance with New Zealand Privacy laws, if you do not want your name, place of work and city on any delegate lists please tick here ☐

Complete, save and send to the Registrations coordinator at:

Susan.Hunter@middlemore.co.nz alternatively please print and post with cheque to:

Susan Hunter, c/- Module 10 at MSC, Counties Manukau DHB, Manukau Super Clinic, Private Bag 98743, South Auckland Mail Centre, Manukau 2240

Full Conference Registration INCLUDES Thursday evening drinks and nibbles, Conference Gala Dinner & Pre dinner drink

Registration	NZNO Member	Tick	Non NZNO Member	Tick
Full Conference	\$425	<input type="checkbox"/>	\$475	<input type="checkbox"/>
Friday or Saturday Only (does not include dinner)	\$215	<input type="checkbox"/>	\$265	<input type="checkbox"/>

Please indicate if you will be attending the following - *Required for catering purposes:*

Cocktail Evening	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Conference Dinner	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>

Special Diet Required? Yes ☐ Diet: Diabetic (Select from the list)

Please list any Allergies or special diet not listed _____
(if you don't let us know we cannot ask the caterers to provide a special diet for you)

All Registrations must be received by 10th May 2017
Limited to 130 Registrations

Internet banking ANZ - NZNO - 2017 WHS Conference

Account Number - 06-0229-0736542-00

Please use surname and first initial as a reference e.g. Morrison D

Cheques payable to: NZNO - 2017 WHS Conference

Please show total Amount Payable

PAID BY INTERNET BANKING? YES ☐ CHEQUE ENCLOSED YES ☐

Web Page http://www.nzno.org.nz/groups/colleges_sections/sections/womens_health/conferences_events