

SEPTEMBER 2020 NEWSLETTER



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Update:

The Women's Health College (WHC) Committee gathered in Wellington on the 4th of August. We previously had a Zoom meeting on May 26th instead of our much-awaited conference in Dunedin.

Lauren Moore from Hamilton was unable to make it. Welcome to the committee Lauren. We hope to catch up at our meeting on the 3rd and 4th of November.

NZNO have sent out an email cancelling or postponing any meetings of more than 10 people with our last COVID level changes. We hope nothing progresses, and we are back at least level one, and our November meeting goes ahead.

AGM Documents:

WHC, NZNO

2020 Chairperson's Report

I am writing this while the country is in lockdown for COVID-19, and it's hard to remember all the good things that have happened in the past year.

- We, as in WHC, have achieved a lot with the PHARMAC decision to fund Mirena IUS for contraception. At this time of lockdown, there will be many women in the country that also do not have to worry about the supply of menstrual products, as by now hopefully their Mirena's are reducing their periods or they have amenorrhea.
- Surgical Mesh Forum is at the conclusion of the restorative justice process. WHC Chair, Denise Braid, represented NZNO. New Zealand Nursing Council (NZNC) and NZNO were invited to attend by Chief Nursing Officer, Margareth Broodkoorn, as a nursing voice was missing from the Hui that had been carried out across the country.
- WHC supported Sarah Donovan's proposal for PHARMAC to fund menstrual products, which was disappointingly declined. Good news on this front, as the Government has put aside some funding in the budget for the Ministry of Education to help address this issue.
- Made written and oral submissions to the Abortion Law reforms, which we are very pleased was passed on 24 March 2020. Abortion Services will move from being under the Justice Department umbrella to Ministry of Health.
- The AGM and Conference planned for May 2020 in Dunedin has been cancelled. It is hoped to be able to offer a very similar programme in Dunedin in May 2021.

Written 26 May 2020

Well, we made it through lockdown and are now sitting in Level two. It has been challenging times for people working in the health sector. PPE availability seems to have made this whole experience much harder than it needed to be, and hopefully the MOH and DHB's have got that right for the future, should we need it.

I am the Charge Nurse of Women's Clinics and the Te Mahoe Unit, and compared to some areas we have been lucky not to have had any cases through the department. We have been adapting the way we care for women. We have been carrying out a lot of virtual appointments by telephone, but with gynaecology and obstetrics we have also had to see a lot of women face to face. We are looking at using the telephone or Zoom for some consultations in the future. Most of the women we have seen have been happy with these changes. So I guess there are some positives to come out of COVID-19.

Like most health professionals who have been working through this time, I am sure we all could do with six weeks off.

Denise Braid

Chairperson

Women's Health College, NZNO

Financial report:

NZNO Womens Health College		
Statement of Financial Performance		
For the Year Ended 31 March 2020		
	2019/20	2018/19
	Actual	Actual
	\$	\$
REVENUE		
Conference – National	32,954.26	39,990
Conference - Sponsorship	4,474.57	5,607
Donations	-	4,104
Study Days	-	-
Pharmacology Day	-	-
Interest	226.91	234
National Office Funding	11,608.68	13,477
Other Income	-	-
Total Income	49,264.42	63,412
EXPENSES		
Conference Expenses	38,734.35	40,741
Study Day Expenses	-	-
MedTech Online Credit Card Fees	-	2,414
Accommodation and Meals	3,505.03	1,748
Advertising	-	-
Depreciation	262.20	260
General Expenses	1,320.76	608
Grants	1,789.32	1,648
IT Consumables	22.82	35
Meeting Expenses	83.26	197
Postage & Courier	-	52
Stationery	-	86
Travel - Air	3,948.56	5,689
Travel - Other	1,475.74	1,079
Total Expenses	51,142.04	54,557
NET SURPLUS/(DEFICIT) BEFORE TAXATION	(1,877.62)	8,855
Plus: Current year tax credit	-	-
Less: Resident Withholding Tax on Interest	(63.55)	(66)
NET SURPLUS/(DEFICIT) AFTER TAXATION	(1,941.17)	8,789

NZNO Womens Health College

Statement of Movements in Equity For the Year Ended 31 March 2020

	2019/20 Actual \$	2018/19 Actual \$
EQUITY AT START OF PERIOD	46,473.14	37,684
SURPLUS & REVALUATIONS		
Net Surplus/(Deficit) after taxation	(1,941.17)	8,789
Total Recognised Revenues & Expenses	(1,941.17)	8,789
EQUITY AT END OF PERIOD	44,531.97	46,473

NZNO Womens Health College

Statement of Financial Position As at 31 March 2020

	Note	31-Mar-20 Actual \$	31-Mar-19 Actual \$
CURRENT ASSETS			
Accounts Receivable		-	-
ANZ - National Committee Account		2,305.91	2,172
ANZ - Contingency Fund Account		14,622.18	11,236
ANZ - Education Fund Account		17,616.50	19,205
ANZ - Conference Fund Account		4,903.58	7,004
GST Refund Due		821.56	1,497
Interest Receivable		-	-
Prepaid Expenses		3,694.34	4,601
TOTAL ASSETS		43,964.07	45,715
NON CURRENT ASSETS			
Fixed Assets as per Schedule		567.90	830
TOTAL ASSETS		44,531.97	46,545
CURRENT LIABILITIES			
Accounts Payable		-	-
NZNO Current Account		-	72
GST Due for payment		-	-
Income Received in Advance		-	-
TOTAL LIABILITIES		0.00	72
NET ASSETS		44,531.97	46,473
Represented by;			
Working Fund		7,389.71	9,028
Contingency Fund		14,622.18	11,236
Education Fund		17,616.50	19,205
Conference Fund		4,903.58	7,004
TOTAL EQUITY		44,531.97	46,473

Membership:



Our College membership stands at 518. Please encourage your colleagues and nursing friends who work in Women's health.

Conference Update:

Sadly we had to cancel our conference this year, but the exciting thing is Dunedin (Trudy and her team) are moving the same program to May 2021. Dates yet to be confirmed.



Awards:



Congratulations to **Ann Simmons**. Ann is the recipient of the award **Service to NZNO**. She was nominated by Denise Braid (WHC Chair) on behalf of the WHC, and also the Greater Wellington Regional Council. Ann, until May of this year was on the WHC committee, has retired to Nelson! But, we have heard rumours she is on the battle line doing COVID testing.



Education Fund:

Did you know that the Women's Health College has a small education fund of \$5,000 per annum, available to assist members with ongoing professional development?

Did you know that we never use the entire \$5,000 set aside each year for members, because we never get enough applications!?!

Do you have an education or study day, a course or conference that you think will expand your knowledge and positively enhance your care of patients and their whanau?

Apply now!

Applications are assessed quarterly at the WHC Committee face-to-face meetings. While meeting dates vary, applications must be received by 1 February, 1 May, 1 July and 1 October each year.

Criteria for applications

- Members must have belonged to the WHC for a minimum of two years when they apply.
- A College member can only apply for funding once every three years,, i.e. a subsequent application will only be accepted for review three years after the date of the previous application.
- \$400 per person is the maximum WHC contribution.
- Retrospective applications cannot be accepted.
- Funding goes to the person who applied and cannot be transferred to another person.
- All successful funding recipients must write a short report about what they learned on their education/conference/course, and how it has improved their practice and send it to the College. This report will be published in a subsequent Women's Health College newsletter.

Application forms are available from WHC Administrator, Sally Chapman at sally.chapman@nzno.org.nz

Hysteroscopy Standards Update:

The WHC are about to embark on writing the Standards for Nurse Hysteroscopists, with the support of NZ Nursing Council as they have previously done for Colposcopy. A huge step for Nurses in NZ. Overseas in the UK, nurses already perform diagnostic hysteroscopies. Watch out for the next newsletter for more information.

Committee and BIOs:

Denise Braid	Chairperson
Susan Rae	Secretary
Robyn Kemp	Treasurer
Trudy Galer	Membership/Hysteroscopy Standards/2021 Conference
Tracey McLeod	Newsletter Assistant
Jill Lamb	Hysteroscopy Standards
Janice Grant	Newsletter
Lauren Moore	Hysteroscopy Standards
Cath Gilmore	Acting WHC Professional Nurse Advisor

BIO: Jill Lamb

Hello again, I've been a member of the College for 15 years, and had a couple of terms on and off the committee. This time, I have been seconded to the college to help develop the nurse hysteroscopy standards.

Previously, I helped develop the nurse colposcopy standards, and this has proven to be successful with a few nurses now throughout New Zealand working in this role.

My role is at Christchurch Women's Hospital and Ashburton, colposcopy where I work 0.7 FTE (28 hours a week)

I'm married to Bruce, have three adult children, three grandchildren and enjoy my work in women's health.



Deborah Bush MNZM QSM

(Endometriosis and Pelvic Pain Coach and Consultant) Oxford Women's Health)



Deborah has had a global influence on the promotion and prevention of endometriosis worldwide. She developed the world's first Menstrual Health and Endometriosis (*me*[™]) programme for schools in 1997, which has significantly influenced early recognition of symptoms and timely intervention in adolescents in New Zealand.

Deborah updates us on what's happening with the guidelines and management for NZ Women regarding endometriosis.

Endometriosis New Zealand first approached Government in 1999, and again in 2005, explaining the plight of tens of thousands of girls and women in New Zealand who have endometriosis, or who are symptomatic of the condition. In 2007, I was asked by the MoH to write a report on '*the need for guidance, guidelines or pathways for endometriosis in New Zealand*'. This paper was submitted in February 2008, and filed. The report detailed an urgent need for such, and was supported by clinicians and researchers. There was no further action.

An approach to government was made again in 2013, and finally, the Task Force to guide the new pathway was established. The Task Force comprised members from the:

- ~ MOH,
- ~ RANZCOG,
- ~ RNZCGPs,
- ~ the Faculty of Pain Medicine,
- ~ ENZ and
- ~ Patients.

The process took four years, was signed off in November 2019, and launched at a function in Parliament on March 2, 2020. The Clinical Guideline gives a step by step approach for doctors in the primary and secondary health sectors. However, with COVID-19, the MoH has advised that the implementation of the pathway is now back in our court.

Endometriosis NZ is a charity and received no Ministry or Government funding for this tireless work, nor any contribution to expenses relating to the Guidelines. Nonetheless, the Task Force and I are dedicated to ensuring this happens, and are following up. It's wonderful having a Clinical Pathway, but it's ineffectual if doctors, specialists and other health professionals don't know about it.

Weblink: <https://mzendo.org.nz/uncategorized/diagnosis-and-management-of-endometriosis-in-new-zealand/>

Cervical Screening Training:

Cervical Screening training - Smear Takers Grant

ScreenSouth Ltd who manage the administration of the Cervical and Breast Screening Programmes are contacting nursing organisations/providers to pass on information regarding cervical smear taking.

The National Cervical Screening Programme has a limited pool of funding to support registered and enrolled nurses that wish to become smear takers.

ScreenSouth would like to encourage more Maori and Pasifika nurses to become smear takers to reach our high needs community. The NCSP provides a training grant, and priority for the grant is given to nurses working in areas with the most demonstrated need e.g priority group women, who are

- ~ Maori,
- ~ Pacific,
- ~ Asian,
- ~ unscreened, and
- ~ under-screened women.

The link below to the application forms clarifies the application processes and requirements.

<https://www.nsu.govt.nz/health-professionals/national-cervical-screening-programme/ncsp-workforce/smear-takers>

