Taking nursing outside the consultation room

NZNO Wellington 2016 Tim Ryan
Korowai Aroha Health Centre
Demographics
Tane Takitu Ake

(MEN STANDING TOGETHER)
As a nurse what can I do about the revolving door syndrome for men?
The Team

Aaron Randel
Tracy Ormsby
Dean James
Tim Ryan
Determinants of Health

Long term conditions

Low self esteem

Job loss

Social disfunction

Poor Whanau engagement
The Pilot
• Whanaungatanga
• Manaakitanga

The four concepts: physical, psychology, family and spiritual
What people are saying

“Can you please see Mr Smith as I have tried everything but I feel he is disengaging…”
His GP

“This program will be the last straw... if nothing changes I am leaving…”
Wife of one of the Tane

“I am really struggling with Sam’s management of his diabetes....”
His practice nurse
Te Whare Tapa Wha Model

Taha Hinengaro
Taha Whānau
Taha Wairua
Taha Tinana
Tane Takitu Ake
Program

Outline

- 10 weeks
- 10 Tane
- 3 stages
- Many outcomes
Taking it outside the four walls
Using analogies
Maori mythology
Cancer session
Gym work
Meet Charles

Recently diagnosed with testicular cancer. Wife at her wits end. LAST HOPE...
Group Work
Improved Holistic Health

- Coaching
- Plays with his kids
- Happy wife - Happy life
- Cancer society has used him for promotional purposes
Meet Lester

He was referred to us from the Asthma service.

Retracted into his own world, was in a room of 13 freaked him out.

Reached for his inhalers.. Had to leave the Whanaungatanga on the first day!
Low self esteem left him not engaging...
Then, Lester discovered Tane Takitu Ake...

Maori and Pacific Island Symposium 2016

Room full of 160 delegates

Working towards a degree
Nurses a Force for change
Surprising what comes out in conversation...
Clinical advisor

- Safety
- Patients, Facilitators
  - Contribute
  - Specific plans
  - Biomarkers
The Formula is

Goal
Win
Emotions
= Change
Self measures

Surveyed on:
- Relationships - Whanau
- Cultural awareness
- Physical activity
- Health management
# Giving Back

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These results reflect your achievements over the program, well done!
Take home messages

❖ The right Team
❖ Groups work
❖ Patients need a measure
❖ Goal + Win + Emotions = Behaviour Change
❖ Clinical Oversight
❖ Face to Face
❖ Communicate with the Team
❖ Change the environment
❖ Nurses as an agent of change
Questions Please