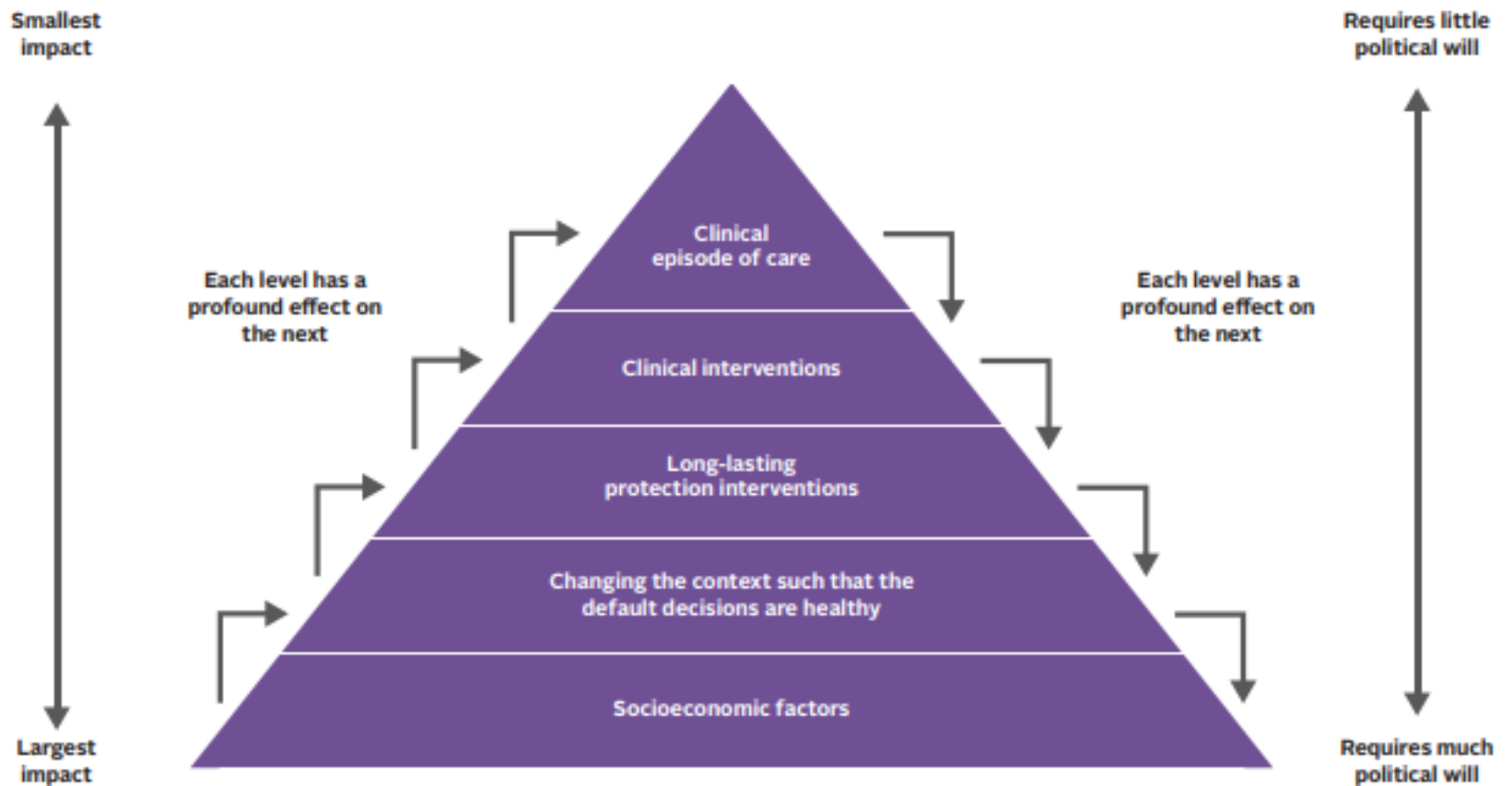




Health Equity for Rough Sleepers

Ko Stack te māunga
Ko Moana tuauriuri te moana
Ko Partizanka te waka
Ko Pākehā tōku iwi
Te Whanga-nui-a-Tara te wā kāinga
Kei Tāmaki Makaurau toku kāinga inaianei
Ko Garrick tōku ingoa

Source: ICN, 2017.²⁷



Language matters

People experiencing homelessness

Rough sleepers

Whānau

Service users

Clients

Tangata whai i te ora

Homeless - definitions

- Without shelter (e.g. rough sleeping)
- Temporary accommodation (e.g. night shelters)
- Sharing accommodation (e.g. couch surfing)
- Living in uninhabitable housing.

Statistics New Zealand (2009)

Homeless overview

Street Count 2018 (Auckland)

~ 800 living without shelter

~ 2,900 people in temporary accommodation

~ 1000 in MSD Emergency Housing (> ½ were children)



Homeless health

Diabetes

Chronic respiratory disease

Hepatitis

Cardiovascular

disease

Arthritis and musculoskeletal problems

Seizure disorders

Skin conditions

Malnutrition

Poor dental care

Co-existing problems

An Australian study found that for homeless people, the lifetime prevalence of psychosis was 23% for men and 46% for women, compared to 1% in the broader community.

The same study found alcohol disorders in 49% of men surveyed.

Comorbidity and complex health needs



Access to regular check ups, screening, vaccination, follow-up appointments, continuity of care



Mental Health treatment leading to metabolic issues, e.g. dyslipidemia, heart disease, diabetes



Links between 1^o 2^o 3^o services

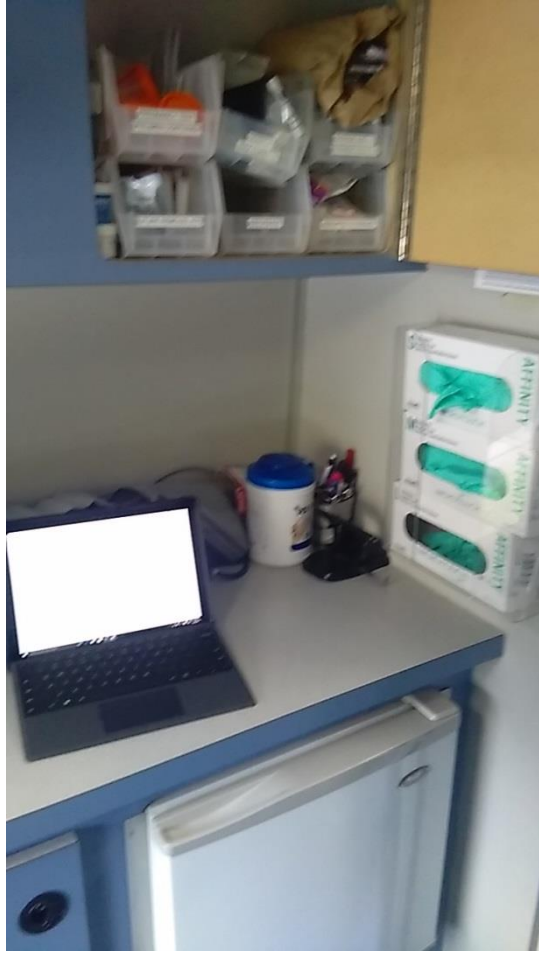
Health service responses

- Engagement focused / therapeutic relationships
- Outreach
- Mobile services
- Drop in clinics and co-location of services
- Interdisciplinary teams
- Warm hand over
- Collaborations e.g. Outreach Mental Health RN
- Equally Well initiatives













lava mae

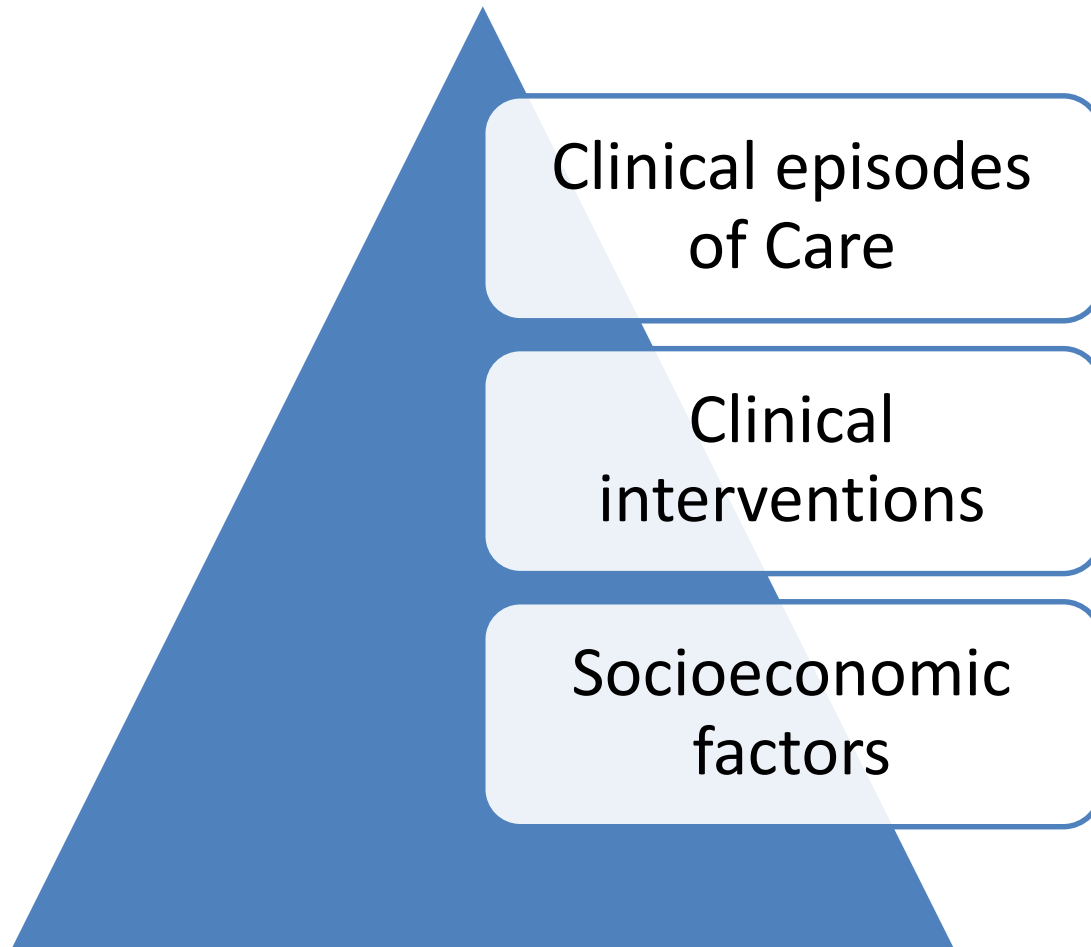
one shower at a time

www.lavamae.org

PROJECT HOMELESS CONNECT

Structured Approaches

- Psychologically informed Environments
- Pretreatment initiatives
- Medical respite
- Vulnerability Indexing
- Rapid Housing Solutions
- Housing First



A socially generated health crisis

- Colonisation – raupatu & intergenerational trauma
- Mass incarceration
- Housing 'crisis' – when a house is not a home
- Driven, drifting and dropped

DEPT. OF SOCIAL SERVICES FEBRUARY 13 & 20, 2006 ISSUE

MILLION-DOLLAR MURRAY

Why problems like homelessness may be easier to solve than to manage.



By Malcolm Gladwell February 5, 2006



Housing is
health care

... but healthcare should not be
dependent on housing

What do people need nurses for?

Freed to care

Meaningful input planning, designing systems or projects, and in reflecting and evaluating

Workforce , e.g. Nurse Practitioner and prescriber scopes

Models of care

Models of care

Primary care / specialist services

Brief Intervention models

Service partnerships

Kaupapa Maori services

Any door is the right door

Trauma Informed Practice

Trauma awareness

Safety

Trustworthiness

Choice and collaboration

Building strengths and skills

Care Ethics

Attentiveness

Reciprocity

Competence

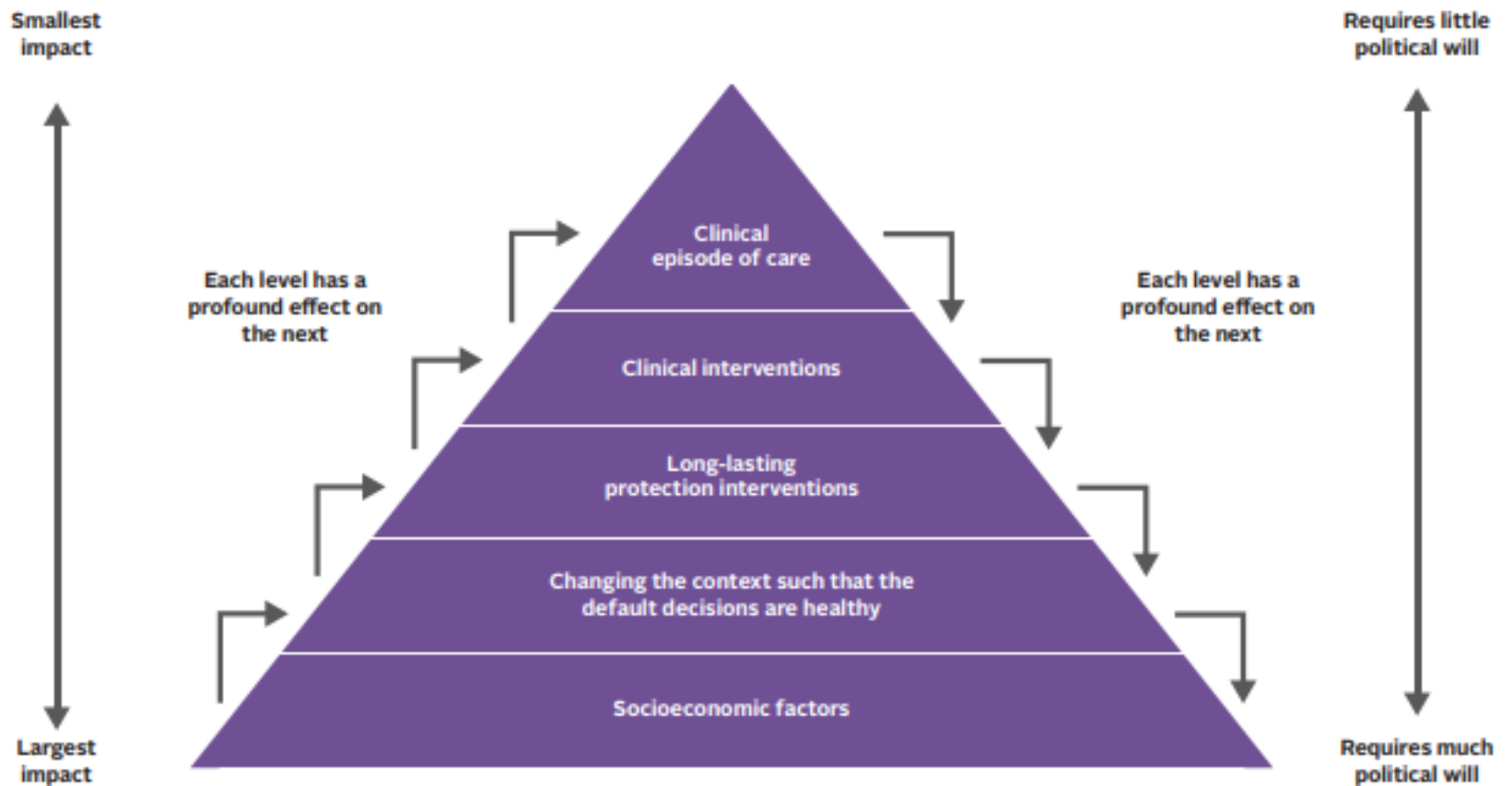
Responsiveness

Solidarity

Nursing Strategy & Health Equity

- Nurses are a regulated profession, culturally competency training and requirement
- Nurses as innovators
- Nursing is relational, holistic and collaborative
- Patient-centered and evidence-based
- Nurses are a regulated profession, culturally competency training and requirement
- Policy – e.g. Whānau Ora

Source: ICN, 2017.²⁷







Forecast

- More street homelessness and encampment's
- Increased challenges to continuity of care due to transience
- Increased impact from mass incarceration prison
- Increased impact from trauma, substance abuse
- Increased need for CEP approach
- Increased need for triage, consult, and inter-agency partnerships, and nursing innovation

Skid row, Downtown LA





“Have compassion for everyone you meet, even if they don't want it. What seems conceit, bad manners, or cynicism is always a sign of things no ears have heard, no eyes have seen.

You do not know what wars are going on down there where the spirit meets the bone.”

Miller Williams

Questions?



GarrickM@adhb.govt.nz