

Mental Health Screening Tool In Canterbury Prisons

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**Mental health is a
sickness just like
diabetes, heart
problems, eye
problems, we all need
help.**

Bettie Jordan

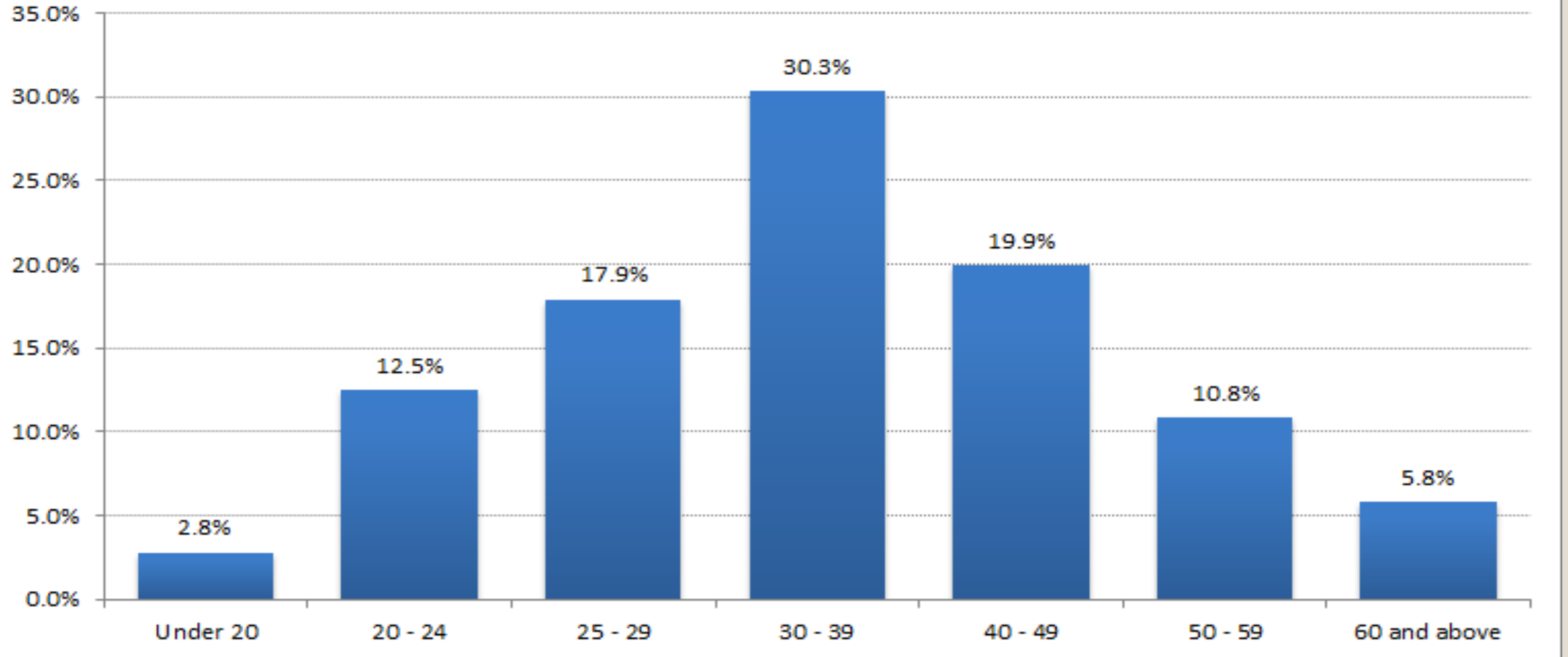
Contents

- Prison populations in NZ and World Wide
- Why do we do what we do, how do we do it.
- Where did the Mental Health Screening Tool come from?
- What is it?
- Why do we have it?
- Can we do better for prison populations?

How do we stack up globally?

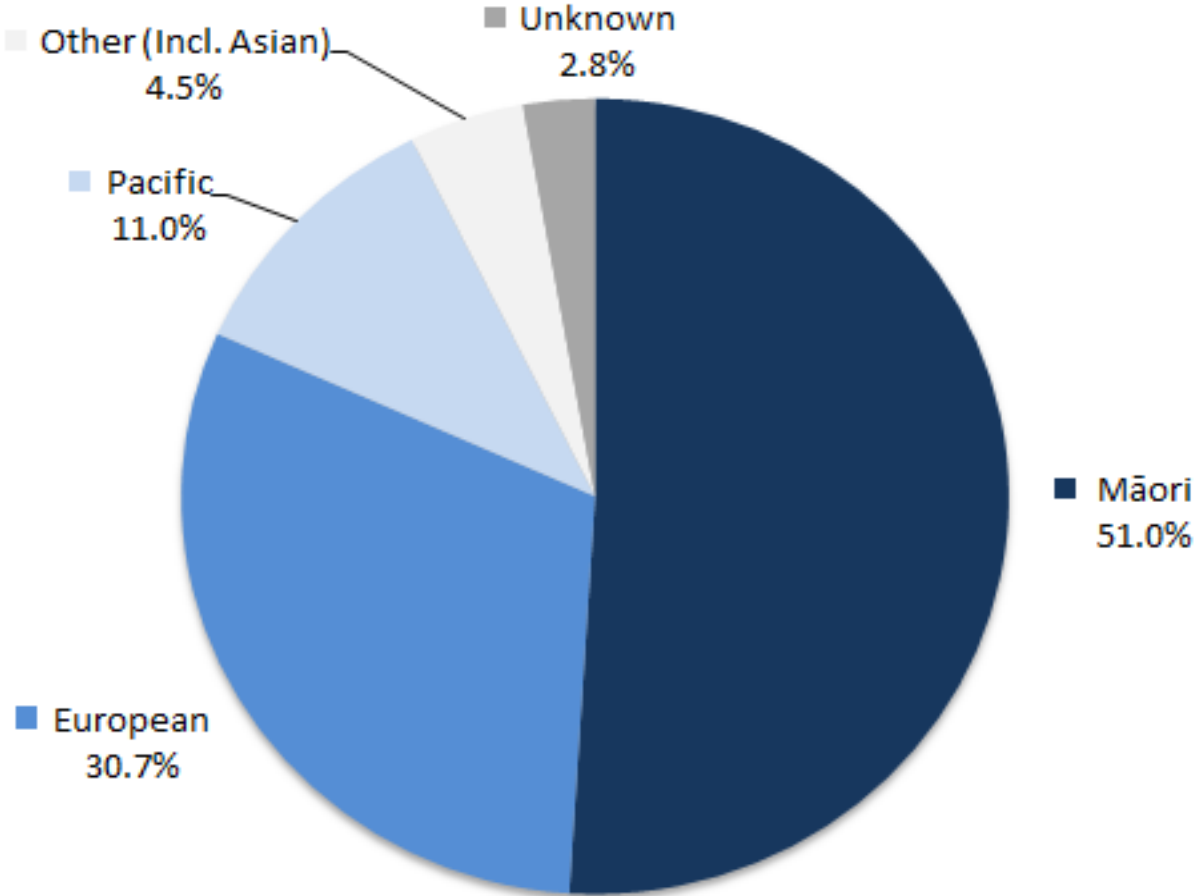
- Global prison population exceeds 11 million people.
- Rates of incarceration vary from 16 to 800+ per 100,000.
- Biggest rates of incarceration seen in USA, 2 121 600
- China, 1,649,804
- Brazil 714,899
- Russian Federation 552 188
- India 433 003.
- United Nations estimates annual prison throughput may be 3 times daily average, poor study's on prison populations, with missing data the norm.

Prison Population by Age Group

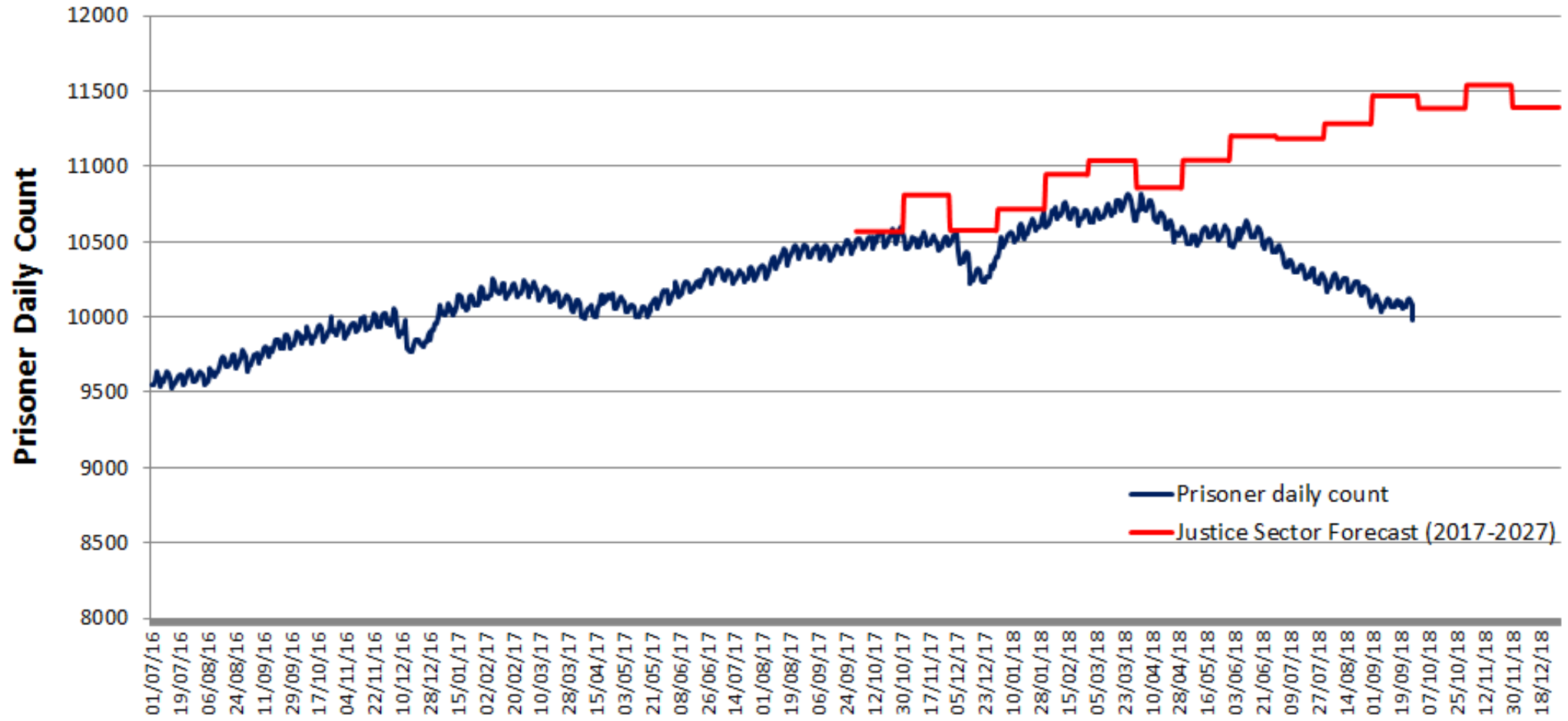


Department of Corrections (2018)

Prison Population by Ethnicity



TOTAL PRISON POPULATION



NZ Prison Population August 2018-19

- Canterbury had 2439 referrals to Forensic Prison Team from August 1st 2018 - 31st August 2019
- NZ has 10,000 prisoners at any one time
- Between 1997 – 2011 prison population increased by 70%.
- 52% of prisoners are Maori
- 15% of NZ population are Maori
- We have 97 per 100,000 in prison, it's the highest incarceration in the Western World per capita, 30% are on Remand awaiting Court.

Department of Corrections (2018)

Christchurch Forensic Service (2019)

Whau Lunatic Asylum Est.1865 Carrington Oakley Hospital



Sunnyside Hospital Christchurch 1863-1999



How did we get Forensic services in NZ

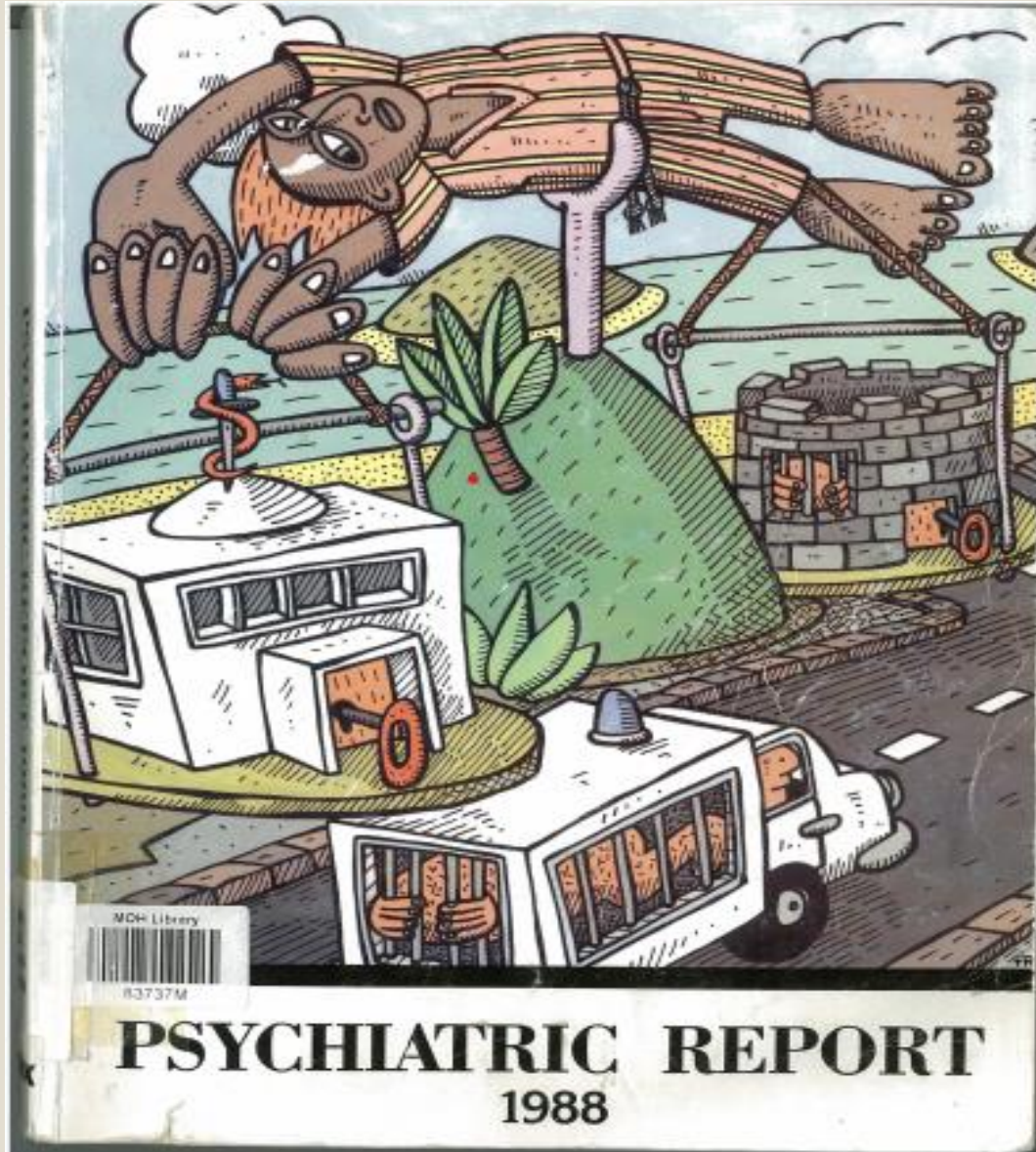
- 1968 Paremoremo Maximum Security Prison opens.
- 1968-1983 1 inmate commits suicide at Paremoremo prison.
- 1983 Gallon Report – outlined problems in Oakley Forensic hospital -lack of good mental health care, emphasis on security.
- Gallon Report was supposed to steer mental health to better forensic care for mentally unwell prisoners but things got worse.
- 1983 - 1987 13 inmates commit suicide.
- January 1984 to September 1987 - 29 prisoners committed to psychiatric hospitals under MHA, 21 were Maori.
- 24 are sent to Lake Alice National Security Unit.

**MENTAL ILLNESS IS
NOTHING TO BE
ASHAMED OF, BUT
STIGMA AND BIAS
SHAME US ALL.**

QUOTEHD.COM

Bill Clinton
American President

Our blueprint since 1988



The Mason Report 1988

- “The Report of the Committee of Inquiry into Procedures Used in Certain Psychiatric Hospitals in Relation to Admission, Discharge or Release and Leave of Certain Classes of Patients”.
- Appointed Commissioners: Justice Kenneth Mason, Allison Ryan & Henry Bennett (both Medical Practitioners).
- Mason Report in MH hospitals 1995-1996, MH Commission 1996, replaced by Health and Disability Commission 2012.
- Confidential Forum for former In-Patients of Psychiatric Hospitals(2005-07)
- 28 Reports (MOH website) since 2004.
- Te Whare Tapa Wha, Te Wheke, Te Pae Mahautonga -culturally appropriate.

Mason 1988 continued

- Recommendations included the development of Regional Forensic services as medium secure units , prison and justice liaison, and forensic community teams. These were established in Auckland, Waikato, Manawatu/Whanganui, Wellington, Christchurch and Dunedin.
- Court liaison roles were established which ensures specific assessment and mental health knowledge was in Court.
- Training specific to forensic treatment, courses for health staff was established, specific funding was found, units were built with adequate staffing.

The Prison Mental Health Screening tool

- NZ Prison staff screen all prisoners for health issues.
- The Mental Health Screening Tool, a series of questions to be asked of each person who enters prison, by prison health staff on reception or within 7 days of entry.
- Corrections or contractors provide mental health treatment alongside general prison primary health services.
- Mild to moderate mental health needs can be referred to health services at the prison the person is in, for treatment.
- Serious mental health needs, Corrections refer prisoners to the Regional Forensic Mental Health Services and DHBs.

Rolleston and Women's Prison

Rolleston Prison, est. 1958 has a low to medium security.

- 400 male prisoners soon to expand to 640.
- Most well known for its sexual rehab program, and practical courses.
- 1x Doctor clinic and 1x Pukenga Atawhai clinic at Rolleston Prison per week

Christchurch Women's Prison, est.1974 has a high security rating.

- Currently has 134 women, will go to 264.
- 1x Dr Clinic , 1x RN clinic, 1x Pukenga Atawhai clinic per week.
- Weekly meetings to discuss all women assessed and under care of Forensic Mental health team.
- Monthly meetings with C.O. heads of department, health and probation staff

Christchurch Men's Prison

- Christchurch Men's Prison, 1915, has a high security rating.
- Currently has 940 inmates, soon to go to 1140.
- 3 x RN Clinics per week,
- 1x RN Audio Visual Link (AVL) clinic each week, from local corrections office into the prison AVL suite.
- 4x Dr Clinics per week.
- 1x Psychology clinic week.
- 1x Pukenga Clinic week

Prisons in New Zealand

- 18 Adult Prisons in NZ
- 3 Women's Prisons Auckland, Wellington and Christchurch.
- 15 Men's prisons, 10 in North Island and 5 in South Island.
- 4 Youth Justice Residences (Youth Correctional Facilities).
- 5 Security Levels: Minimum, Low, Low-Medium, High and Maximum.
- Cost per Prisoner per year: \$100,000.

Prison to Forensic Referral

- Demographic Information
- DOB
- NHI
- Country of Birth
- Ethnicity
- Home address
- GP
- Previous Mental Health Services

Prison to Forensic Referral

- Status: Remand or Sentenced
- Current offence/Charges
- Next Court date - Court Place - Classification Unit
- Prison Commencement Date - Parole Eligibility Date
- Statutory Release - Sentence Release Date
- Routine or Urgent
- Mental Health Screening Tool Positive - Please provide collateral below where possible when a positive screen

Mental Health Screening Tool

Questions – completed by the Prison

- Ever been in Hospital for emotional or mental health problems?
- Currently taking medication prescribed by a Dr for emotional or mental health problems?
- Ever received medications for mental health problems?
- Ever tried Self harm?
- May consider harming or killing themselves?
- Believes someone can control their mind or read their thoughts?

Questions continued

- Feels other people know their thoughts and can read their mind?
- Currently lost or gained as much as 1 kilogram a week for several weeks without trying?
- Family or friends noticed more active than usually are?
- Feel like talk or move more slowly than usually do?
- Currently been a few weeks felt useless or sinful?

My tasks pre Interview

- Check past Mental Health information, in CDHB or another DHB/NGO in NZ
- Contact current / past Gp services
- Mental Health providers in NZ
- Health Connect South-bloods, tests, x-rays, any hospital investigations/contacts
- Forensic history
- Court contact liaison RN
- Police Watch house RN notes
- Probation Services
- Family Safety Team - protection information in SMHS

Mental Health Assessment Template

Introduction/Confidentiality and Documentation	
Name/Alias	
Date of screening	
Reason for referral <ul style="list-style-type: none"> • Screening tool available? 	
Legal Status <ul style="list-style-type: none"> • Charges • Sentenced/Remand • When incarcerated • Next court date • Sentence end date • Lawyer 	
Previous Diagnosis <ul style="list-style-type: none"> • G/P • Treatment 	
Medications <ul style="list-style-type: none"> • Dose • Route • Frequency • Duration 	
Mental Health History <ul style="list-style-type: none"> • Treatment • Hospitalisation • AOD • Family MH hx 	

Clinical Review <i>Adjustment to Prison</i> <ul style="list-style-type: none"> • First time in custody? • Other inmates • Outside and inside supports • Groups/work • Main current concern/reason for referral 	
<i>Functional enquiry</i> <ul style="list-style-type: none"> • Appetite (<i>weight loss/gain</i>) • Sleep • Energy • Motivation • Concentration • Memory • Irritability • Mood 	
<i>Psychiatric symptomology</i> <ul style="list-style-type: none"> • Generalised Anxiety Disorder • Depression • Mania • Psychosis – Hallucinations/Delusions • PTSD • Obsessive Compulsive Disorder • Eating Disorder • Social Phobia • Panic Disorder, Agoraphobia 	

Mental Status Examination

- Physical description, distinguishing features
- Rapport and eye contact
- Behaviour and manner while seated (*movement, behaviour, agitation*)
- Alert and attentive
- Speech
- Mood (*rate /10*)
- Affect
- Thought form/process (*coherence, logic, stream, blocking*)
- Thought content (*preoccupations, overvalued ideas, delusions, themes*)
- Perception (*illusions, hallucinations, depersonalisation*)
- Judgement
- Insight

Risk Assessment

Self harm

Suicide (Shea framework)

- Presenting events (past 48 hours) intent/lethality
- Recent events (past 8 weeks)
- Past events (≥ 2 months ago) number, most recent, most serious, precipitants
- Immediate/future events (future/hopelessness/helplessness/life now/suicide – *thoughts/intent/plan*)

Violence/homicidal ideation

- History of violence

Impression

Plan/Follow-up

Post Interview

- Consult with psychiatrist for review or meds, immediately, via phone and fax.
- Contact any service not already contacted.
- Dictate the report
- Correct the report
- Present to Forensic Prison Team, MDT and Prison Teleconference
- Refer to Pukenga Atawhai
- Follow up as necessary
- Admission to Te Whare Manaaki Hillmorton if deemed necessary via DAO activity

Legal Issues

- Mental Health Act (Compulsory Assessment and Treatment) Act 1992
- ID(CCR) Act. Intellectual Disability (Compulsory Care and Rehabilitation) Act 2003
- CP(MIP) Act. Criminal Procedure (Mentally Impaired Persons) Act 2003
- Duly Authorised Officer under DAMHS (Canterbury)
- MHA Sect 8(a) RN, 8(b) Dr (Gp or Psychiatrist), Section 9 DAO. Rights in Te Reo and English
- Corrections involvement Section 45 MHA –transfer document to be completed and signed by Superintendent of prison. CANNOT TAKE PERSON WITHOUT THIS!!
- Treatment /Court/Reports/Special Patient/MHA, Community.
- Discharge Meeting may refer to Single Point of Entry or other SMHS

Numbers of Clients Being Followed up regularly September 2018

- Rolleston Prison 11
- Christchurch Women's Prison 14
- Christchurch Men's Prison 34
- Ongoing treatment in hospital at Regional forensic unit Te Whare Manaaki 4 women and 7 men. 11 of 15 beds on Unit.
- Week of 9th September 35 people identify as Maori who are being seen/treated by Chch Forensic Prison Team
- 15 contact clinics weekly average of 4 -5 people seen in each clinic.

Snapshot of week

- Every week there are 15 Forensic Prison Team Clinics (4 people per clinic)
- A large percentage of clients are Māori
- For the month of August 60 people were seen across 3 prisons, 44 of them were Māori.

**One Out Of Four People
In This Country Is
Mentally Unbalanced.**



**Think Of Your
3 Closest Friends...
If They Seem
Okay, Then
*You're
The
One.***

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