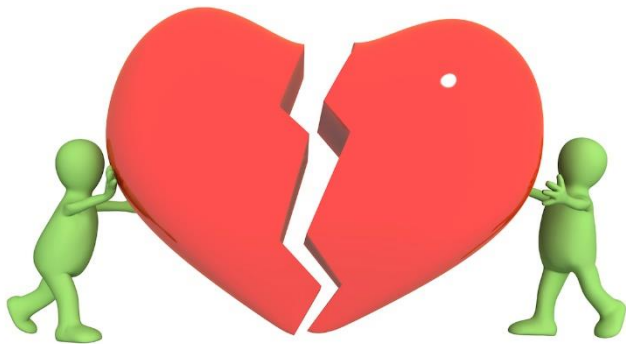


Key principles of effective advocacy

Karyn Chalk
NZNO Organiser



Aim of this talk

- Introduce the problem ownership model
- Explain where the qualities of advocacy sit within this model
- Review actions to take before attending a meeting as an advocate
- Understand the power of an advocate's presence in the room

PROBLEM OWNERSHIP



Key principles of effective advocacy:

You want the person who is upset to be able to effectively articulate their concerns

You want to assist the other person in effectively resolving their own situation in a way that gets them the best possible outcome

You need to be the wise person in the room, the sun-drenched rock in the middle of the river



Taking the time to advocate

- 1) What's the vacancy status?
- 2) What's the actual issue?
- 3) What preparation is needed?
- 4) What self care is needed?





The advocate presence

Slow down and advocate

Slow breathing

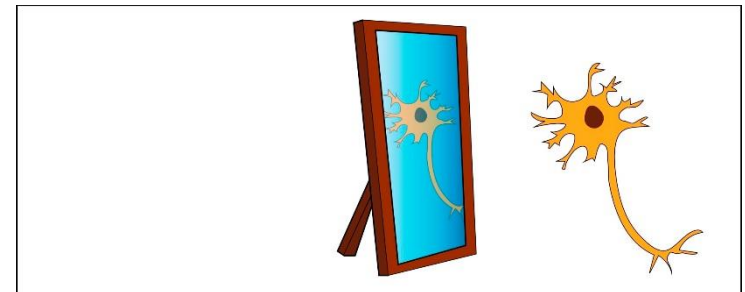
Calm body language

Slow speaking, only when necessary

Small body movements

Understand your own triggers

Have a calming strategy



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