

**RISING UP
FOR
PROFESSIONAL
NURSING PRACTICE**

MARANGA MAI

PROFESSIONAL NURSING PRACTICE

What is it?

Are we meeting Professional Practice standards?

If yes? What do we do well?

If no? What needs to change?

Interactive session – identify 3 for each in your groups

We don't practice in a vacuum!

What is the context?



N2P RATIOS AND PATIENT OUTCOMES

- Review of Literature
- Fewer nurses and adverse patient outcomes
- More nurses and reduced likelihood of harm
- Regulated vs unregulated
- Human and financial costs

More nurses results in better healthcare and costs less

A study in Queensland, Australia, has shown that healthcare outcomes improve when nurses are required to care for fewer patients, and that investing in more nurses pays for itself twice over.

Benefits of decreasing workload by one patient per nurse

-  **Deaths**
30-day mortality rates decreased by 7%
-  **Readmissions**
7% fewer patients returned to hospital within a week
-  **Length of stay**
Patients left hospital 3% faster

Financial impact of decreasing workload by one patient per nurse

Costs

Hiring 167 nurses to reduce workload by one patient per nurse would cost

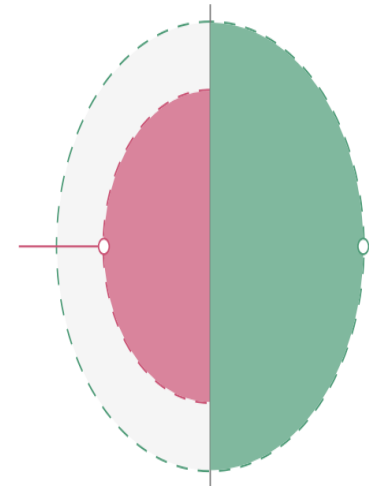
AU\$33,000,000 over two years

Savings

Costs to the overall health budget avoided because of reduced readmissions and shorter hospital stays would save

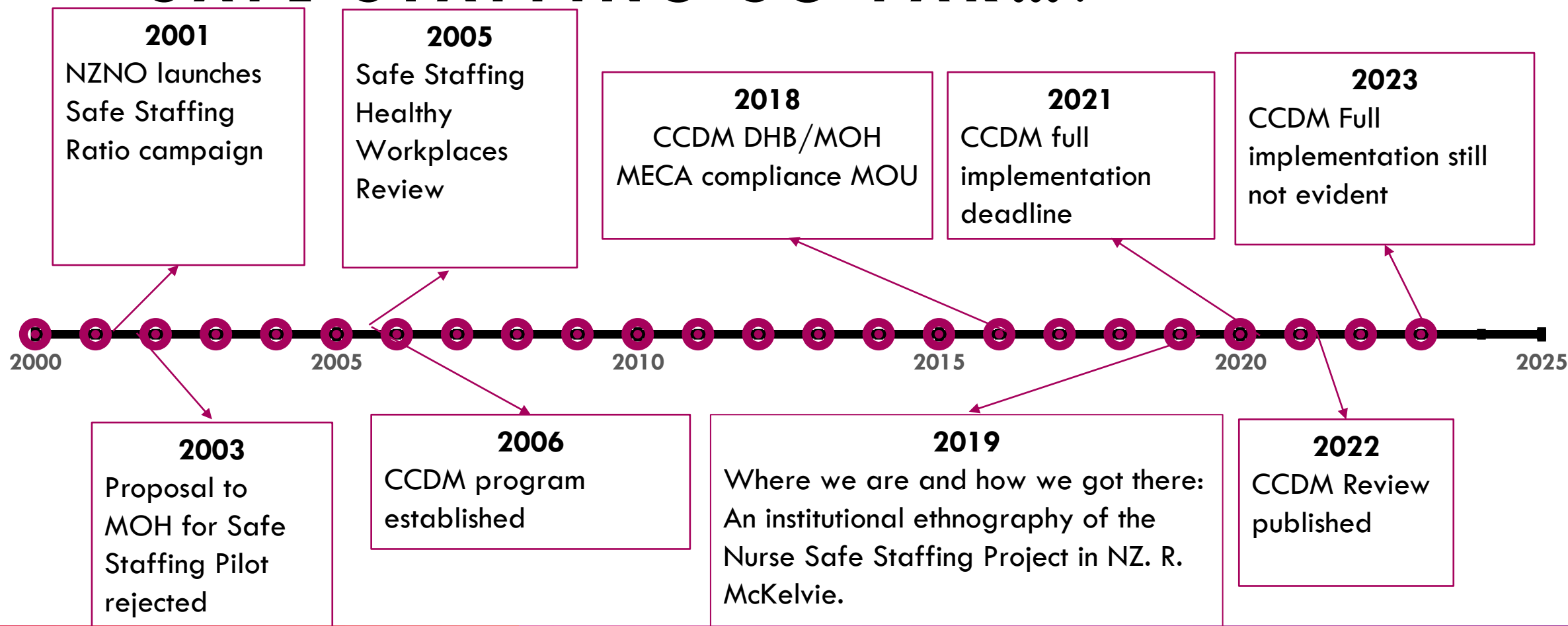
AU\$69,000,000 over two years

More than twice the cost of new hirings

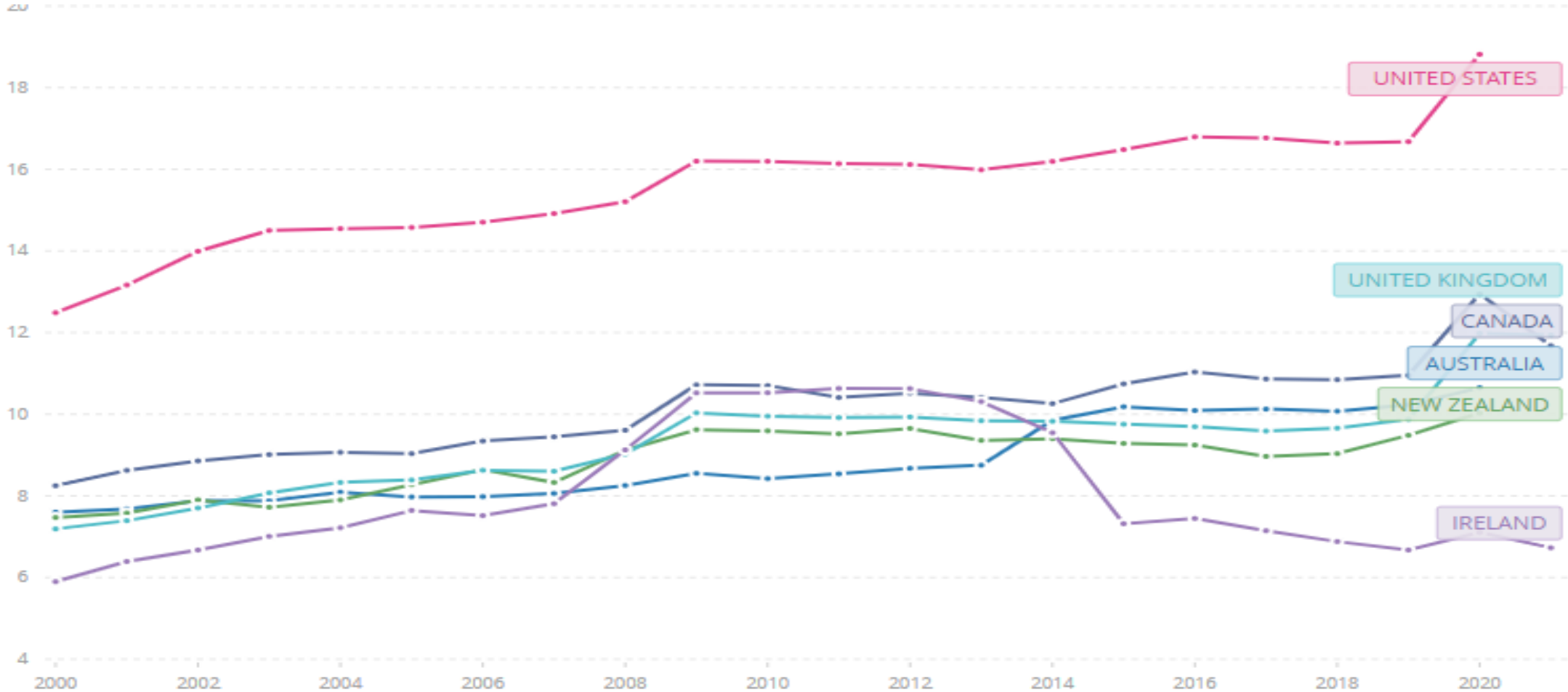


Read the full paper: McHugh MD, Aiken LH, Sloane DM, Windsor C, Douglas C, Yates P. Effects of nurse-to-patient ratio legislation on nurse staffing and patient mortality, readmissions, and length of stay: a prospective study in a panel of hospitals. *The Lancet* 2021; published online 11 May

NEW ZEALAND'S JOURNEY TOWARDS SAFE STAFFING SO FAR...



WORLD BANK GDP HEALTH SPENDING



MARANGA MAI

HOW DOES OUR CAMPAIGN SUPPORT
PROFESSIONAL NURSING PRACTICE.

CONCLUSION

- Every member, everywhere
- We need to keep winning our why (Professional Nursing Practice)
- We need to decide how, what, when (Maranga Mai campaign)
- And then Rise up and Act together in solidarity

