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So what is hepatitis? 16, March 2017.

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In the footsteps of nursing heroines, Brookes G. 12, July 2017.

Seeking asylum in mental health, Doncliff B. 31-33, Sept 2017.
Celebrating a 100-year legacy, Williams H and Steele V. 36-37, Oct 2017.

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Hospice nursing: Telling it like it is. 38, May 2017.
Identifying the strengths of families and the dreams and hopes of patients, Ayley W. 38-39, May 2017.
Managing cancer and living meaningfully, Schwass T. 40, May 2017.
Caring for patients with neurodegenerative diseases, Manchester A. 19, July 2017.
Palliative care scholarship. 34, Nov 2017.
Palliative care: Nurses challenges to embrace new ideas, Rollings J. 35, Nov 2017.
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Hospice members ratify deal. 42, Dec/Jan 2017/2018.

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Identifying best practice in childhood immunisation, Taylor L, Turner N and Poutasi C. 25-27, July 2017.

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Work underway to address antimicrobial resistance. 8, May 2017.
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Local IPC nurses showcase their work at conference, Boyne R. 34, Nov 2017.
Nurses have a major role in antimicrobial stewardship, Padigos J, Ritchie S and Lim A G. 16-18, Dec/Jan 2017/2018.

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A health centre becomes a hospital, Hardcastle M-A. 14-15, Dec/Jan 2017/2018.
Nursing the world's most vulnerable. 19, Dec/Jan 2017/2018.
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Nurses to gather in Spain. 11, March 2017.
Thousands attend ICN congress in Barcelona. 9, Feb 2017.
Boosting Pacific representation at ICN, Brookes G. 10, July 2017.
Facing up to global challenges, Brookes G. 11, July 2017.
Briefs from congress. 12, July 2017.
Frances Hughes resigns. 5, Sept 2017.
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Cook Island nurse appointed to World Health Organization. 11, Nov 2017.

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Nurses leading change. 8, April 2017.
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BoP nurses celebrate their role as 'everyday superheroes'. 11, June 2017.
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Thesaurus, subject and author indexes for 2016 (supplement i-xiv), August 2017.
Former matron loves her journal. 9, Sept 2017.

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NZNO medico-legal forums to examine informed consent, Bigsby M. 41, Dec/Jan 2017/2018.

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Caring for an 'optimistic bunch', O'Connor T. 14, June 2017.
Looking for small gains, O'Connor T. 15, June 2017.
Making consumer-led health care a reality, O'Connor T. 28, June 2017.
Little glamour in caring for those with epilepsy, O'Connor T. 14-15, July 2017.
Vulnerable patients need 'old-fashioned' care. 9, Dec/Jan 2017/2018.

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Becoming culturally and clinically competent, Manchester A. 30-31, Feb 2017.
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A chance to fulfill her nursing dream. 32, Feb 2017.
Te reo heal app now available. 9, March 2017.
Supporting safe sleeping in Kaikoura, Longmore M. 25, March 2017.
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A day in the life of an iwi nurse, Longmore M. 33, April 2017.
Managing tūpāpaku needs cultural change. 8, May 2017.
Straight-talking EN works with wairua, Stodart K. 17-18, May 2017.
Project aims to reduce asthma hospitalisations. 5, June 2017.
Looking after whānau in rural Kaipara, Walker N. 37, June 2017.
Exploring the Far North, Hand M.

37, July 2017.
At home working with her own people, Longmore M. 39, July 2017.
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Travelling the NP pathway, Hand M. 30, Aug 2017.
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Establishing a nurse-led model. 31, Aug 2017.
'Nurses can make the biggest difference to patients' lives', Topia H. 31, Aug 2017.
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DHBS: Concerns raised over mental health staffing. 42, July 2017.
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Suicide numbers highest on record. 7, Sept 2017.
Helping families with mental illness. 9, Sept 2017.
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Negotiating partnerships in forensic mental health, van Schagen S. 16-18, Sept 2017.
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Change needed in mental health: Hughes. 10, Nov 2017

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Migrant nurses don't affect domestic nurses' wages, Hernandez M. 32-33, May 2017.
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Pods, Weekly A and Hammond B. 37, Feb 2017.
Neonatal nursing: Supporting education, Dellabarca P. 41, March 2017.

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Little glamour in caring for those with epilepsy, O'Connor T. 14-15, July 2017.
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Under funding pressure, O'Connor T. 13, April 2017.
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Still too many killed at work – CTU. 43, May 2017.
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Nursing morale continues to decline – NZNO survey. 7, Feb 2017.
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Realising patient responsibilities, Brinkman A. 34, Feb 2017.
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Australian company secures first social bond. 6, March 2017.
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Equal pay settlement close to being finalised. 5, April 2017.
New NZNO support pathway for nurse managers. 6, April 2017.
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Poignant moments captured in nurses' poetry book. 8, April 2017.
Under funding pressure, O'Connor T. 13, April 2017.
Struggling with workplace and workload pressures. 14-17, April 2017.
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Budget offers little to nurses. 6, June 2017.
Nursing leadership dismantled. 7, June 2017.
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Assisted dying – nurses face the contentious issue. 13-14, Oct 2017.
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Critical care: Nursing initiatives highlighted, Harper-Spiller E. 40, May 2017.
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Perioperative conference has ocean theme, Bason A. 44, July 2017.
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Students focus on self-care and well-being, Jones Y. 23, Aug 2017.
Students celebrate strong growth in membership. 20, Oct 2017.
Student unit seeks bicultural rule changes. 40, Oct 2017.
Destined to be political, Longmore M. 33, Nov 2017.

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Aged care: Oceania working parties meet. 41, Feb 2017.
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Primary care: Updates. 44, April 2017.
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Mental health nurses want united voice. 6, March 2017.
'I'm an amateur engineer and plumber', Manchester A. 12-13, March 2017.
Raising the research profile, Robertson H. 43, March 2017.
Enrolled nursing: Advocating for our place, Hewlett R and Metcalfe L. 44, March 2017.
Proud to be an EN, Metcalfe L. 19, May 2017.
Influencing change for ENs, Metcalfe L. 45, July 2017.
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Pacific nursing: Encouraging participation, Finau 'E. 43, Sept 2017.
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Enrolled nurses: Support growing, says ministry, Urquhart D and Metcalfe L. 42, Oct 2017.
Nurse managers: Southern talent to feature at conference. 43, Oct 2017.
NZNO supports nurse managers. 35, Nov 2017.
Pacific nursing: Culturally safe care needed, Smith A. 39, Dec/Jan 2017/2018.
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Māori nurses suffer structural discrimination. 6, May 2017.
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NorthTec sets up tuakana-teina support, Longmore M. 36, June 2017.
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Memories of a much-loved nurse, Hand M. 38, July 2017.
NZNO's matariki celebration honours its 100-year-old former kaumātua Aunty Vera, Longmore M. 38-39, July 2017.
At home working with her own people, Longmore M. 39, July 2017.
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Minister open to discuss pay parity. 5, Sept 2017.

Bold changes needed for tūpāpaku. 8, Sept 2017.
Māori nurses call for change, Longmore M. 25, Sept 2017.
'It's got to be different' – Kerri Nuku. 25, Sept 2017.
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Health equity journey just beginning. 27, Sept 2017.
Justice system continues to fail Māori. 27, Sept 2017.
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GP proposes new nurse model. 28, Sept 2017.
Protecting kawa whakaruruhau. 29, Sept 2017.
Pākehā nurses breach treaty and fail iwi. 29, Sept 2017.
Māori-led solution to pay disparity needed. 30, Sept 2017.
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Te poari wins constitutional change. 18, Oct 2017.
Māori students speak up on TV about racism. 40, Oct 2017.
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Whaea Vera Morgan remembered with affection, Manchester A. 32, Nov 2017.
The kaiwhakahaere comments. 5, Dec/Jan 2017/2018.

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Student unit seeks bicultural rule changes. 40, Oct 2017.

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Professional boundaries challenged in small communities, Rolls S. 43, Oct 2017.

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Nurses and midwives in Myanmar unite. 40, March 2017.

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Can caring be taught? 23-25, April 2017.

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How and why nurses' direction and delegation skills should be improved (with Hughes M and Dixon A). 29-31, Oct 2017.

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Safe staffing, safe care – every time. 20-21, April 2017.

Lawless Jenn.

Health funding shortfall persists. 22, June 2017.

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'Ordinary' people can be change-makers. 26, Sept 2017.

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Health equity journey just beginning. 27, Sept 2017.

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Why don't they get it? 28, Sept 2017.

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Managing nurses: 'Huge variety and enormous challenges'. 11-12, Aug 2017.

Primary health care: Celebrating 30 years. 38, Aug 2017.

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Advocating for patients and communities. 11-12, Oct 2017.

Nurses must take time to listen. 12-13, Oct 2017.

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Building union power. 15, Oct 2017.

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Proud to be an EN. 19, May 2017.

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- Murphy R.**
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- Nichols J.**
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- Nuku K.**
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- O'Connor T.**
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- Oda K.**
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A new approach to asthma/COPD education (with Demetriou T). 29, June 2017.
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Nurses have a major role in antimicrobial stewardship (with Ritchie S and Lim A G). 16-18, Dec/Jan 2017/2018.
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Emergency nurses: From remote rural areas to the city. 34, Nov 2017.
- Ritchie L.**
What happens without nursing leadership? 38, June 2017.
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- Rodgers J.**
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- Rolls S.**
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- Topia H.**
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- Turner N.**
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- Williams H.**
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- Winter M.**
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- Woods H.**
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- Woodward N.**
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writing guidelines

Guidelines for writing articles for *Kai Tiaki Nursing New Zealand*

We welcome articles on subjects relevant to nurses and nursing, midwives and midwifery. These guidelines are designed to help you write an article which is accurate, clear, easily read and interesting.

The main reason you want an article published in *Kai Tiaki Nursing New Zealand* is so other nurses/midwives will read it and hopefully learn something valuable. Therefore the subject must interest nurses/midwives and be written in a way that will appeal to them.

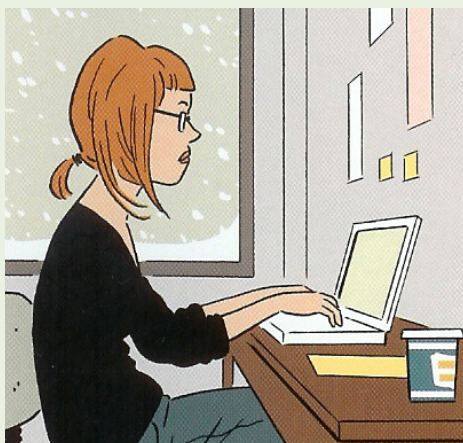
The essence of good writing is simple, effective communication – a good story well told. Even the most complicated nursing/midwifery care scenario, theory of nursing/midwifery practice or research study can be presented in a straightforward, logical fashion.

This list should help you construct an article that will be read, understood and appreciated.

- **Always remember who your reader is.** Your readers are nurses/midwives, so what you write must be relevant to and understood by nurses/midwives. The focus of your article must be what the nurse/midwife does, how the nurse/midwife behaves, what affects the nurse/midwife. If you are writing about a new technique in your practice area, explain how it changes nursing/midwifery practice and its advantages and disadvantages to the nurse/midwife and patient/client. If you are discussing a theory of nursing/midwifery practice, link this to concrete examples of working nurses/midwives.

- **Avoid using big words, complicated sentences and technical jargon.** They don't make you smarter or your article better. Writing clearly and plainly is

your goal. Widely used nursing/midwifery terms are acceptable, but avoid overly technical jargon. American writer, editor and teacher William Zinsser stresses the need for simplicity in writing: “*We are a society strangling in unnecessary words, circular constructions, pompous frills and meaningless jargon.*”¹



- **These questions will help you pull together all the relevant information needed for your article: Who? What? Why? When? Where? How?**

Don't assume all other nurses/midwives know the ins and outs of your particular area of practice. If you are unsure about how to express a particular idea or technique, think how you would explain it to a student nurse/midwife.

- **Maximum length is 2200 words**, which, with illustrations, fills three pages of *Kai Tiaki Nursing New Zealand*. Longer articles need to be discussed with the co-editors.

- **References should be presented in the APA style.** Some examples:

Articles:

Sampson, M. (2013). Seeking consistency when managing patients' pain. *Kai Tiaki Nursing New Zealand*; 19(5), 26-28.

Bryant R. (2012). Nurses addressing access

disparities in primary health care. *International Nursing Review*; 59(152). doi:10.1111/j.14667657.2012.01003.x

Books:

O'Connor, M. E. (2010). *Freed to Care, Proud to Nurse: 100 years of the New Zealand Nurses Organisation*. Wellington: Steele Roberts.

Websites:

Ministry of Health. (2010). *Cancer Control in New Zealand*. Retrieved from <http://www.moh.govt.nz/cancercontrol>

- **Submit your article via email** (to coeditors@nzno.org.nz). Type with double-spacing and wide margins and include your name, address, phone number/s, current position and nursing qualifications.

- **Photographs and illustrations are welcome.** They need to be high-resolution, at 300dpi, and at least 200kb or more. We prefer jpeg format; send them as attachments to an email rather than in the email itself. Cartoons and diagrams are also welcome, and we can also use black and white or colour prints.

- **Most clinical articles are reviewed** by *Kai Tiaki Nursing New Zealand* co-editors and two clinicians with expertise in the subject the article explores. Authors will be informed of the outcome of the review and the reasons why their article was accepted, rejected, or requires more work.

- **Contributors assign copyright to NZNO.** If an article is accepted for publication, copyright is automatically assigned to NZNO. Permission to republish material elsewhere is usually given to authors on request, but manuscripts must not be submitted simultaneously to other journals. •

Reference

1) Zinsser, W. (2001). *On Writing Well. The Classic Guide to Writing Nonfiction* (25th anniversary edition). New York: Harper Collins.