

# NZNO Library Resource List

## Royal College of Nursing Publications (2015-present)

The Royal College of Nursing is the world's largest nursing union and professional body. They represent more than 435,000 nurses, student nurses, midwives and health care assistants in the UK and internationally. RCN publications cover a wide range of topics varying from clinical guidance to employment relations issues to advice on bullying.

### DIGITAL NURSING

[Every nurse an E-nurse: insights from a consultation on the digital future of nursing](#) (2018) This publication presents the detailed findings of a consultation, led by the RCN, into the digital future of nursing. The consultation took place over January and February 2018. The consultation explored 1) ideas for a shared vision of a digitally enabled health and social care service 2) the barriers and enablers to the vision becoming a reality and 3) examples of how data, information, knowledge and technology are already bringing that vision to life.

[A journey together to understand the digital future of nursing in the UK](#) (2018) This is a summary of the findings of a consultation, led by the RCN, into the digital future of nursing. The consultation took place over January and February 2018. The consultation explored 1) ideas for a shared vision of a digitally enabled health and social care service 2) the barriers and enablers to the vision becoming a reality and 3) examples of how data, information, knowledge and technology are already bringing that vision to life.

[Guide to blogging](#) (2018) This guide is for RCN members who would like to write an informal piece about something affecting nursing or their specialty through the RCN's blog pages. It gives clear instruction on how to start a blog, what to include and how to get it published online.

[Improving Digital Literacy](#) (2018) The effective use of information and digital technologies is a key enabler in delivering health and social care now and in the future. The impact of technology and the potential that it has to transform care is a professional issue touching on care delivery, practice, education and research. Developed by Health Education England and the RCN, the publication outlines why digital capabilities are so important in the provision of the best care; why the right digital knowledge, skills, behaviours and attitudes are important and relevant to each and all of us working in health and care; and what those digital capabilities are.

[Nursing staff using personal mobile phones for work purposes](#) (2016) This updated publication focuses on the RCN's position on nursing staff using their own mobile phone for work-related purposes, drawing attention to issues such as: employer's policy; security and confidentiality of patient information; staff safety; and cost implications.

### WOMEN'S HEALTH

[RCN Termination of Pregnancy \(Induced Abortion\)](#) (2018) Position statement from the RCN

[Managing the disposal of pregnancy remains](#) (2015) Second edition of guidance to help nurses and midwives put in place appropriate systems and processes to ensure the safe and appropriate disposal of pregnancy remains, where the pregnancy has ended before the 24th week of gestation.

[Menopause](#) (2017) To provide support and advice to women it is important that health care professionals understand the changes that women face at the time of their menopause and the issues related to improving health after menopause. This publication aims to help health care professionals gain awareness of the menopause and the safety and efficacy of modern therapy options available. This publication is endorsed by the British Menopause Society and supported by grants from Besins Healthcare (UK) Ltd and Sylk UK Ltd.

[Nurse specialist in menopause](#) (2017) The menopause happens to all women, however the degree of its impact on a woman's quality of life and the symptoms experienced are very individual. The role of a specialist in menopause was included in the 2015 NICE guidelines on managing menopause, however the detail of how this role might be implemented in practice was less clear and subsequently the British Menopause Society (BMS) produced a guide for all health care professionals. This booklet builds on the BMS agreed standards, focusing on the options for nurses who may choose a career pathway towards becoming a specialist practitioner in menopause. This publication is supported by a grant from Besins Healthcare (UK) Ltd and Sylk UK Ltd and endorsed by the British Menopause Society.

[Human Papillomavirus \(HPV\), Cervical Screening and Cervical Cancer](#) (2018) RCN guidance for registered nurses working in a range of health care settings, in particular those involved in women's health, cervical screening and public health. This publication focuses on an overview of HPV (including the current vaccination recommendations), the national cervical screening programme, information about colposcopy and some key facts on cervical cancer.

[Clinical nurse specialist in endometriosis](#) (2015) Defines the role of the endometriosis clinical nurse specialist (CNS) to enhance career opportunities, inform and enhance local practice, and establish a base line standard across the UK.

[Clinical Nurse Specialist in Early Pregnancy Care](#) (2017) The role of the clinical nurse specialist in early pregnancy care is intended to enhance the care for women who may be concerned about a complication in early pregnancy. This document outlines the key skills and knowledge required to develop the role of this specialist nurse/midwife and should provide clear direction for commissioners and managers when creating roles to support best practice in local service provision for women and their families.

[An RCN Education and Career Progression Framework for Fertility Nursing](#) (2018) The RCN recognises the need to articulate the education needs and requirements of nurses and midwives working at different stages of practice within fertility nursing. This framework enables those interested in pursuing a career in fertility nursing to consider how they can plan their career pathway.

[Fertility Preservation](#) (2017) This publication provides information for nurses who are supporting and caring for those beginning treatment for potentially life-limiting diseases and where the treatment may adversely affect their ability to have children in the future. It also encompasses those who may wish, for non-medical reasons, to defer having children until later in life, for example members of the armed forces or those considering gender reassignment surgery. It is important that registered nurses understand the reality of what is possible now, what may be available in the future, and to support people to manage fertility should they become infertile due to illness/treatment or through choice for non-medical (social) reasons. \*

[Genital examination in women](#) (2016) The purpose of this document is to provide standards and sample assessment tools for training in genital examination in women for registered nurses working in sexual and reproductive health settings, and related health and social care settings. It assumes an extensive knowledge of relevant anatomy, physiology and pathology.

[Female genital mutilation: RCN guidance for sexual health care](#) (2016) This publication acts as a supplement to Female Genital Mutilation: An RCN Resource for Nursing and Midwifery Practice (2016) and focuses on professionals working in sexual health services such as sexual health clinics, genitourinary medicine clinics and children's services.

## CHILD HEALTH

[The best start: the future of children's health – one year on. valuing school nurses and health visitors in England](#) (2018) In May 2017 the RCN reported on the significant decline in school nurses and an emerging trend of reductions in the health visiting workforce and included a number of recommendations addressed to the Government, local authorities and Health Education England. This short paper is focused on the position in England and therefore aims to update and build upon the issues covered in last year's report.

[Supporting children's nurses working outside of a designated ward/department](#)(2018) Updated 2018 guidance, designed as a checklist that can be used when considering the support, guidance, management and education framework required for children's nurses working outside of a designated ward/department.

[RCN position statement: The role of school nurses in providing emergency contraception services in education settings](#) (2018) This position statement, which updates the RCN position statement published in 2006, and updated in 2012, aims to clarify the responsibilities of school nurses when they are providing emergency hormonal contraception (EC) to students in education settings (schools, colleges, pupil referral units or any educational institution where there are young people).

[Meeting Health Needs in Educational and other Community Settings](#) (2018) A guide for members who have a responsibility to plan for, or are required to safely meet the health needs for children and young people (CYP) in various settings.

[AN RCN Toolkit for School Nurses](#) (2017) This toolkit provides school nurses with information, examples of good practice, templates and useful websites to support and develop professional practice. It considers varying policy and practice which applies across the UK and the range of settings in which school nurses work.

[Getting it Right for Children and Young People](#) (2017) Ensuring that all of those caring for children and young people are able to meet their needs is essential. The GP, general practice nurse, and registered nurses in first contact services, ie, walk-in centres/out-of-hours provision may be the first point of contact for families around health care issues. This toolkit will support nurses working outside of hospital settings in providing care to children and young people.

[Child and Adolescent Mental Health](#) (2017) At RCN Congress 2016 child mental health was debated. Members expressed concern about the current state of children and young people's mental health across the UK. This publications calls for a range of actions in relation to these concerns and highlights examples of good practice.

[Standards for the Weighing of Infants, Children and Young People in the Acute Health Care Setting](#) (2017) Publication outlining the RCN's position in relation to the weighing of infants, children and young people and includes guidance on preparing them for weighing, timing and frequency of measurement, record keeping and auditing and benchmarking.

[Formula feeds](#) (2016) This new edition provides an overview of formula feeding to enable health professionals to support mothers who, for whatever reason, have made that choice of feeding. It provides information to enable safe formula feeding, whether in hospital or community settings, and details the different types of standard formula, and formula adapted for minor gastro conditions, that are widely available in the UK. The scope of the guidance is restricted to formula feeds suitable during the first year of life.

[Standards for Assessing, Measuring and Monitoring Vital Signs in Infants, Children and Young People](#) (2017) The monitoring and measurement of vital signs and clinical assessment are core essential skills for all health care practitioners working with infants, children and young people. This guidance applies to professionals who work in acute care settings, as well as those who work in GP surgeries, walk-in clinics, telephone advice and triage services, schools and other community settings.

[Protection of Nurses Working with Children and Young People](#) (2017) This guidance aims to raise awareness among nurses and their managers of the complex issues surrounding safeguarding in the context of relationships between nurses and children and young people. We include the age range of 0-18 (up to 25 years in line SEND reforms) in this definition and also advocate the need for special consideration in view of children and young people who may have a disability, or other need that affects their mental capacity to make decisions. This guidance concentrates on allegations of abuse made against staff eg, smacking a child, inappropriate physical contact.

[Competences: an education and training competence framework for administering medicines intravenously to children and young people](#) (2017) This education and training competence framework for administering medicines intravenously to children and young people was first published in 2005. It has been revised in 2017 to reflect a number of current political and professional issues and initiatives. The framework describes the theoretical and practical competences and overall indicative content for education and training programmes for administering medicines intravenously to children and young people.

[Competences](#) (2016) This framework describes the theoretical and practical competences, and the overall indicative content necessary for education and training programmes for capillary blood sampling and venepuncture in children and young people.

[Competences](#) (2016) This framework identifies the theoretical and practical competences, and the overall indicative content necessary for education and training programmes for peripheral venous cannulation in children and young people

## ELDER HEALTH

[Mouth care at the end of life](#) (2018) A quick reference handy guide outlining mouth care at the end of life. In collaboration with Hospice UK.

[The Transition of Older People from their own Residence to a Care Home](#) (2018) The transition from a person's own home to a care home is often emotional for both the individual as well as their family and friends. This publication has been developed to support nurses working with people living in the community and nursing staff in care

[Consent for organ and tissue donation after death](#) (2018) This briefing was published to provide information to RCN members who wished to complete an RCN survey on consent for organ and tissue donation after death between January and February 2018. The results of that survey informed the RCN's new position on consent (006 921) launched in March 2018. The detail of this briefing has not been updated since originally published, but it remains available to provide context on issues around organ and tissue donation.

[The RCN's UK position on consent for organ and tissue donation after death](#) (2018) Between January and February 2018 the RCN surveyed members on their views on consent for organ and tissue donation after death. The RCN's Professional Nursing Committee reviewed the results of the survey in March 2018 meeting after which a decision was made, in line with member views, to change the College's position to one of qualified support for an opt-out system of consent.

[Eyes Right!](#) (2017) A guide for all non-ophthalmic nursing staff in adult care settings, ranging from non-ophthalmic hospital settings to residential and nursing homes. Developed following a review of research literature and in conjunction with the advice of the RCN Ophthalmic Forum.

[Getting it right every time](#) (2015) Resource developed to assist nurses and health care assistants across all health care settings caring for people in the last year of their life.

## INFECTION CONTROL

[Tools of the trade: guidance for health care staff on glove use and the prevention of contact dermatitis](#) (2018) Updated guidance focusing on contact dermatitis, the main work-related skin condition affecting health professionals' hands. Includes information on glove use, infection prevention and control practice, as well as the importance of considering glove use. Deb have supported the development, publication and distribution of the RCN Tools of the Trade guidance and collaborated with the RCN to ensure wide promotion. The sponsors have not had any editorial input into the content, other than a review for factual inaccuracies.

[Essential Practice for Infection Prevention and Control](#) (2017) The prevention and management of infection is the responsibility of all staff working in health and social care and is an integral element of patient safety programmes. This updated publication provides important information and guidance on the essential principles of infection prevention and control and highlights why other issues, such as nutrition and hydration, should be viewed as an essential complementary component of nursing practice.

[Creating a Strategic Focus to Support the Prevention of Infection](#) (2017) This statement outlines the RCN's position on priorities for action to support improvements in the preventing infection within health and care settings to accompany revision of the UK strategy on antimicrobial resistance

[IPC. Information and learning resources for health care staff](#) (2017) Infection prevention and control (IPC) practice is an essential component of health and social care, and policy and guidance is constantly evolving. Research helps to inform the evidence base for this important area of nursing practice. This resource gives you guidance on how to search and find the relevant evidence-based information and guidance you may require to help keep your infection prevention knowledge and practice up-to-date

[Infection Prevention and Control Commissioning Toolkit](#) (2016) Revised toolkit provides information to support professionals involved in the commissioning or assurance of health and social care services

## SAFE STAFFING

[Investing in a Safe and Effective Workforce: Continuing professional development for nurses in the UK](#) (2018) CPD is vital for nursing staff to maintain and develop the skills they need to deliver high quality, safe and effective care across all roles and settings. This report outlines the importance of CPD, current access to CPD and the RCN's call to action for the Government.

[RCN Position Statement: Nurse Staffing for Safe and Effective Care](#) (2018) The RCN believes that having the right number of registered nurses and nursing support staff with the right knowledge, skills and experience in the right place at the right time is critical to the delivery of safe and effective care for patients and clients.

[Safe and Effective Staffing: Nursing Against the Odds](#) (2017) Following on from the publication of Safe and Effective Staffing: the Real Picture in May 2017, the RCN launched a survey of nursing and midwifery staff in the UK. The survey asked people about their last shift or day worked in health or social care. Over 30,000 responses were received in just two weeks, providing insight into staff experiences and staffing levels across the UK. The findings provide a strong voice from nursing staff, clearly describing the impact that poor staffing has on both patient care

[Safe and Effective Staffing: the Real Picture](#) (2017) This report provides an important contribution to the conversation on nurse staffing levels and to patient safety in health care. It contains two new datasets: assessments by Directors of Nursing of the state of the UK's health systems and its workforce, and data on nurse staff vacancies in Trusts in England.

[Rest, Rehydrate, Refuel: A Resource to Improve the Working Environments for Nursing Staff](#) (2018) This resource encourages health and social care managers to ensure that nursing staff are taking their at-work breaks, are well hydrated and have access to nutritional food. It outlines the case for making improvements and the legal responsibilities of employing organisations, and provides tips and case studies to support the implementation of improvements. The document is supported by a short guide for nursing staff and posters to encourage nursing staff to self-care and take steps to rest, rehydrate and refuel.

[Improving Mandatory Training: How reps can play their part](#) (2018) To ensure a safe and healthy workplace, mandatory training is vital. Staff need the knowledge and skills both to deliver safe and effective care and protect themselves. But RCN reps tell us local training has some challenges and barriers, including in its design, its delivery and in engaging staff. RCN reps are uniquely placed to support employers in improving the culture around mandatory training. By working through this resource and undertaking its activities, our aim is that you will develop the knowledge, skills and confidence to make a difference to mandatory training for staff where you work.

[Keeping safe when working alone](#) (2016) This pocket guide will help prepare you for lone working. It provides a checklist to run through before a home visit, along with what to look out for whilst on a visit and what to report afterwards. Remember, The NMC Code states that you should take account of your own personal safety as well as those you care for.

[Personal safety when working alone: guidance for members working in health and social care](#) (2016) This short guide has been developed for members who work alone. It also contains a checklist for RCN safety representatives who work on negotiating improvements to workplace safety for members and nurse managers who manage lone working staff. For those wanting more in-depth information on lone working, there is a list of sources of further information in the back of the guide.

[The case for healthy workplaces](#) (2015) Document outlining the RCN's approach to promoting employee health and wellbeing through the creation of healthy workplaces.

[Bullying and harassment at work](#) (2015) This guidance outlines the moral and legal case for tackling bullying and harassment and provides guidance for health and social care managers and RCN representatives on good practice in dealing with workplace bullying and harassment.

[Stress and you: A guide for nursing staff](#) (2015) This booklet provides advice on how you can reduce stress and manage your responses more effectively, and what to expect from your employer in terms of support.

[Helping Students Get the Best from their Practice Placements](#) (2017) This report provides an important contribution to the conversation on nurse staffing levels and to patient safety in health care. It contains two new datasets: assessments by Directors of Nursing of the state of the UK's health systems and its workforce, and data on nurse staff vacancies in Trusts in England specifically.

[Spinning plates – working flexibly to support a healthy work-life balance](#) (2015) This publication supports the RCN's Healthy Workplace campaign by providing guidance to RCN representatives and other interested parties on one of the main issues affecting work-life balance today: flexible working. The aim is to ensure that representatives can work with employers and policy-makers in their workplaces, and provide appropriate representation to RCN members who may need support to gain access to flexible working.

[Improving patient outcomes by improving staff health and wellbeing](#) (2016) Publication for directors of nursing who want to improve the health and wellbeing of the workforce and, subsequently, patient outcomes.

[The RCN's Working Longer Project](#) (2016) Working in partnership to create a culture that supports staff to work later in life.

[Working with Dogs in Health Care Settings](#) (2018) A protocol to support organisations considering working with dogs in health care settings and allied health environments. The RCN has developed a universal protocol setting out clear guidelines that all health care settings can follow when working with dogs in health care settings.

[Stress and you: A guide for nursing staff](#) (2015) This booklet provides advice on how you can reduce stress and manage your responses more effectively, and what to expect from your employer in terms of support.

## **NURSING PRACTICE**

[Advanced Level Nursing Practice: Introduction](#) (2018) An introduction to the RCN Standards for advanced level nursing practice, advanced nurse practitioners, RCN accreditation and RCN credentialing. More information from the RCN on advanced nursing practice can be found at [www.rcn.org.uk/ANP](http://www.rcn.org.uk/ANP).

[Advanced Level Nursing Practice Section 1: The registered nurse working at an advanced level of practice](#) (2018) Section 1 of the RCN Standards for advanced level nursing practice, advanced nurse practitioners, RCN accreditation and RCN credentialing looks at the registered nurse working at an advanced level of practice. More information from the RCN on advanced nursing practice can be found at [www.rcn.org.uk/ANP](http://www.rcn.org.uk/ANP).

[Advanced Level Nursing Practice Section 2: Advanced level nursing practice competencies competencies](#) (2018) Section 2 of the RCN Standards for advanced level nursing practice, advanced nurse practitioners, RCN accreditation and RCN credentialing covers the competencies needed to work at this level. More information from the RCN on advanced nursing practice can be found at [www.rcn.org.uk/ANP](http://www.rcn.org.uk/ANP).

[Advanced Level Nursing Practice Section 3: RCN accreditation and credentialing](#) (2018) Section 3 of the RCN Standards for advanced level nursing practice, advanced nurse practitioners gives information about RCN accreditation and RCN credentialing. More information from the RCN on advanced nursing practice can be found at [www.rcn.org.uk/ANP](http://www.rcn.org.uk/ANP).

[Understanding Benchmarking](#) (2017) Updated guidance that explains the advantages of benchmarking, provides a model of benchmarking to help get you started and includes an example of benchmarking in practice.

[Guidance for Mentors of Nursing and Midwifery Students](#) (2017) The importance of the role of mentors and the quality of the mentorship offered in the practice environment, wherever that may be, cannot be over-emphasised. This guidance outlines the responsibilities of a mentor alongside those of students, higher education institutions (HEIs) and practice-based learning providers.

[Post registration education](#) (2015) Report presenting the findings of a research study, looking into the post registration education and training needs of the nurses, how they want that education and training delivered, and what sort of qualifications and accreditation they want to receive.

[Managing Unacceptable Behaviour](#) (2017) This new publication outlines how RCN staff, reps and members should approach working with each other. It highlights what steps will be taken when the standards aren't met; provides guidance for reps who are subjected to unacceptable behaviour; and outlines what support is available to them.

[Accountability and Delegation](#) (2017) Guidance on accountability and delegation for the nursing team.

[Delegating recordkeeping and countersigning records](#) (2017) Each member of the nursing team must take personal accountability for good record keeping. This updated RCN guidance draws on NMC documents to clarify the issues of delegating record keeping and countersigning records for nursing staff and employing organisations

[Raising Concerns](#) (2017) This resource will support you to raise concerns wherever you work – in the NHS or independent sector - and whether you raise a concern as an individual or as part of a group.

[Reasonable adjustments: the peer support service guide for members affected by disability in the workplace](#) (2017) Guidance from the RCN peer support service for members who are working in health care who are specifically affected by disability or ill health.

[Fair pay in the independent sector](#) (2015) Document providing advice for those nurses and health care assistants working within the independent sector and contains guidance on how to raise working arrangements and pay matters with employers.

[Understanding Benchmarking](#) (2017) Updated guidance that explains the advantages of benchmarking, provides a model of benchmarking to help get you started and includes an example of benchmarking in practice.

[Reviewing and Assessing Service Redesign and/or Change Proposals](#) (2018) Service redesign may be required to improve patient pathways, move care out of hospitals closer to patients' homes, maximise efficiency or a combination of all these factors. This guidance is intended to assist those responsible for undertaking the process of reviewing and assessing proposals for service redesign and change.

[Being a modern, progressive, professional trade union: the value of reps and active members](#) (2018) This document shares how reps, members and staff believe the RCN can continue to stay relevant and strengthen our trade union activity over the next five years through growing and supporting our community of reps and active members.

[Freedom of Information Follow up Report on Management of Waste in the NHS](#) (2018) This follow-up report presents findings of a Freedom of Information (FOI) survey on waste management by NHS trusts in England. The survey was conducted by the RCN in spring 2017.

[Small changes, big differences: Driving nursing leadership in procurement](#) (2015) Publication examining how involving nursing and midwifery staff in procurement activities can save time, improve patient care and save money. It has been produced in partnership with NHS Supply Chain and the Clinical Procurement Specialist Network.

## **SPECIALISED NURSING**

[Career and education framework for cancer nursing](#) (2017) The RCN's Career and Education Framework for Cancer Nursing for UK nursing staff is the first to incorporate cancer-specific nursing outcomes. The Framework and outcomes are intended to be used as part of professional, education and workforce development to support improvements in the delivery of high-quality care to people affected by cancer

[Adult congenital heart disease](#) (2015) Sets out minimum standards for adult congenital heart disease (ACHD) nursing. Includes recommendations for education and training underpinned by competency frameworks and career pathways.

[A competency framework for nurses working in Parkinson's disease management](#) (2017) This revised competency framework describes professional criteria in the form of competencies required by experienced nurses when caring for a person with Parkinson's and atypical Parkinsonian syndromes. Support for this publication was provided by Parkinson's UK and Parkinson's Disease Nurse Specialist Association (PDNSA)

[Working internationally](#) (2017) This publication has been jointly written by the RCN, the Royal College of Midwives, Médecins Sans Frontières and VSO. It provides advice for nurses and midwives who want to work internationally, both in sustainable development and humanitarian programmes.

[Supporting nursing staff caring for patients from places of detention](#) (2017)  
There are an increasing number of people in criminal justice settings who have multiple and complex health care needs. From time to time these people require attention in NHS settings outside prison/police custody. This guidance is aimed at nursing staff working in NHS settings and gives further support and advice to provide optimum care to this group of patients.

[The nature, scope and value of ophthalmic nursing](#) (2016) This updated publication provides a strategic vision for ophthalmic nursing and guidance on how ophthalmic nurses can help maintain and promote ocular health. It focuses on areas such as eye health, visual impairment and learning disabilities. Bayer provided an educational grant towards the update, print and dissemination of this publication.

[Infusion therapy standards. Rapid evidence review](#) (2016) This report summarises the rapid review of evidence undertaken to support development of updated RCN Standards for Infusion Therapy. The evidence review was a collaborative project, managed and conducted by the RCN Research and Innovation (Evidence), library and professional practice teams, as well as an RCN contractor (Bazian). The main standards publication is available (005 704).

[Standards for infusion therapy](#) (2016) This updated edition includes sections which reflect changes in the delivery or commissioning of care since this guidance was last published in 2010. It features dedicated sections on patient safety and quality and patient experiences of infusion therapy. There is also a new section on service development, reflecting the role of commissioning in IV therapy and the continued development of outpatient/home parenteral antimicrobial therapy (OPHAT) services.

[Acute limb compartment syndrome observation chart](#) (2016) This observation chart is designed to help monitor patients who may have or be at risk of developing acute limb compartment syndrome.

[Assessing, managing and monitoring biologic therapies for inflammatory arthritis](#) (2017) Guidance for rheumatology specialist practitioners and the wider health care team on assessing, managing and monitoring biologic therapies for inflammatory arthritis.

[Administering subcutaneous methotrexate for inflammatory arthritis](#) (2016) This is the third edition of the RCN's guidance and has been updated to ensure the publication contains the latest evidence-based guidance to support practitioners in the safe and confident administration of subcutaneous methotrexate in a variety of primary and secondary care settings, including community and managed care environments. The guidance covers aspects of both adult and children/young people's care.

[Public Health Nursing Practice](#) (2016) This new RCN leaflet has been designed to be used by public health nurses as a reflective/revalidation tool. It highlights some areas of the NMC's code of practice in relation to public health and the corresponding Faculty of Public Health's core competences to help you consider areas of practice you might find useful to reflect upon in readiness for revalidation.

[This is defence nursing](#) (2015) Collection of articles demonstrating the breadth and depth of defence nursing and giving insights into operational nursing care.

[Competences: travel health nursing: career and competence development](#) (2018) This updated (2018) guidance provides information on current guidelines and standards of care of travellers. It builds on the previous editions and defines the standards of care expected for a competent nurse, experienced/proficient nurse and a senior practitioner/expert nurse working in travel health nursing

[RCN competences: an education and training framework for ear nose and throat nursing Update 2018](#)  
This competence framework aims to establish explicit, nationally-agreed role profiles for adult ENT specialist nursing roles. This publication replaces the previous version 004 267.

[Immunisation knowledge and skills competence assessment tool](#) (2018) Competence framework to support the training and assessment of registered and non-registered health care workers who have a role in immunisations. Second edition, replaces 005 336.

[RCN competences: an education and training framework for aural care nursing and treatment provision](#) (2018) Aural care is a common and frequently practiced skill in both primary and secondary care. This competence framework aims to establish explicit, nationally-agreed role profiles for aural specialist nursing roles.

[Revalidation for Flight Nurses in the UK: RCN guidance](#) (2016) information on revalidation.

## ETHICAL PRACTICE

[RCN Ethical Impact Assessment Tool](#) (2017) This RCN ethical impact assessment tool will help you decide on a course of action or planning a piece of work by answering a series of questions.

[Decisions relating to cardiopulmonary resuscitation](#) (2016) Guidance from the British Medical Association, the Resuscitation Council (UK), and the RCN regarding anticipatory decisions about whether or not to attempt resuscitation in a person when their heart stops or they stop breathing.

[Positive and proactive care](#) (2016) Nurses deal with practical, ethical and moral dilemmas of restriction and restraint. This new publication, emerging from a series of RCN roadshows in 2014-15, presents the opportunity to educate nurses and nursing staff about the impact of regularly being involved in restriction/restraint and the toll this takes on their psychological wellbeing.

[Caring for lesbian, gay, bisexual or trans clients or patients](#) (2016) Lesbian, gay, bisexual or trans people (LGBT) may experience stigma, prejudice and unlawful behaviour both as patients and as colleagues. This booklet specifically looks at how nursing staff should deal with next of kin issues, for example, being sensitive, inclusive and challenging discriminatory attitudes, whilst also remaining mindful of the relevant legislation. Nursing staff need to respect a patient's choice of nominated person and be aware of issues relating to confidentiality, access, information and documentation.

[The Needs of People with Learning Disabilities](#) (2017) This booklet aims to highlight to all pre-registration nursing students what their programme of study should offer around the health needs of people with a learning disability, increasing the students' competence, regardless of what setting they work in.

[Principles of Consent](#) (2017) This document aims to provide information to registered nurses and other nursing staff to guide their practice around consent.

[RCN Position Statement on Domestic Abuse](#) (2017) This statement sets out the RCN's position on domestic abuse. It defines domestic abuse and summarises the College's actions and commitments in this area.

[Fair care for trans patients](#) (2017) The RCN recognises that trans people frequently experience prejudice and discrimination. The nursing community can, through its professional actions and interests, work to eliminate this at both an individual and a societal level in partnership with a range of organisations, including those who represent the needs of trans people. This resource is designed to help you respond to the needs of patients and clients who identify as transgender. Initially created in response to an RCN Congress resolution, this guidance has been updated following further research from other organisations.

[Domestic Abuse Pocket Guide](#) (2017) Domestic abuse is a significant safeguarding issue in all societies and is a challenging issue for everyone. This guide has been developed in response to the recognition by the RCN of the need for nurses, midwives and health care support workers and all health care professionals to have an understanding of the impact of the domestic abuse of patients, clients and colleagues.

[When someone asks for your assistance to die](#) (2016) This updated guidance was developed to support nurses, HCAs, and other health professionals in adult practice who may be asked by patients, or their families or carers, to become involved in assisting suicide. It covers the law on assisted suicide in the UK, as well as the law on advance decisions.

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