

Alcohol and Drug Dependency

NZNO Library Resource List

This listing of Alcohol and Drug Addiction/Dependency Resources has been compiled in response to requests for this type of information. It provides sources of information that can be provided by the NZNO library, or located via the internet. This service is available to current NZNO members.

Websites

1/ Alcohol and Drug Problems – Community Treatment Services

Ministry of Health

Information about services in the community to help with alcohol or drug problems for yourself or someone you care about.

<https://www.health.govt.nz/your-health/services-and-support/health-care-services/help-alcohol-and-drug-problems/community-treatment-services>

2/ Alcohol and Pregnancy - Resources for Health Professionals

www.alcohol.org.nz -This website is run by Te Hiringa Hauora/Health Promotion Agency Health professionals and health promoters have an important role in advising women about the consequences of alcohol use in pregnancy, identifying at-risk drinking and supporting women to stop drinking when pregnant or planning pregnancy.

<https://www.alcohol.org.nz/alcohol-its-effects/alcohol-pregnancy/alcohol-and-pregnancy-resources/resources-for-health-professionals>

3/ Bridging the gap: Young people and substance use

Matua Raki. (2017). Bridging the Gap: Young people and substance use. Matua Raki

This guide was developed in partnership with Werry Workforce Whāraurau

The aim of this resource is to increase the knowledge and confidence of those working alongside young people in the primary care environment (including youth workers, school counsellors and others in youth focussed practice) to address issues related to alcohol and other substance use.

This resource may also be useful as a training tool for clinicians in specialist alcohol and other drug (AOD) services who provide training to youth workers in the primary care environment.

<https://www.tepou.co.nz/resources/bridging-the-gap-young-people-and-substance-use>

4/ Drinking and pregnancy

Cheers - Managed by The Tomorrow Project, an industry-funded organisation led by its Board of Directors, we aim to tackle New Zealand's problem drinkers through evidenced-based, targeted interventions that address the real reasons behind problem drinking

Pregnancy and drinking is not a good mix. Drinking alcohol, even in low doses, while pregnant could affect your unborn baby.

<https://cheers.org.nz/drinking-and-your-health/drinking-and-pregnancy/>

5/ Drugs, alcohol and work

Employment New Zealand

Generally, an employer may only ask employees and other workers to agree to alcohol or drugs tests if this is a condition of their appointment and in the employment agreement or workplace policies.

<https://www.employment.govt.nz/workplace-policies/tests-and-checks/drugs-alcohol-and-work/>

6/ Information for healthcare providers on addiction

The content on this page will be of most use to clinicians, such as nurses, doctors, pharmacists, specialists and other healthcare providers.

<https://www.healthnavigator.org.nz/health-a-z/a/addiction/#Clinicians>

7/ International Standards for the Treatment of Drug Use Disorders

Revised edition incorporating results of field-testing

World Health Organization, 31 March 2020

The International Standards for the Treatment of Drug Use Disorders was prepared by World Health Organization (WHO) and United Nations Office on Drugs and Crime (UNODC) to support Member States in developing and expanding effective, evidence-based and ethical treatment for drug use disorders, especially in less-resourced settings. They provide key principles for organizing treatment services for drug use disorders and describe the main components of treatment systems, including treatment settings, modalities and interventions.

<https://www.who.int/publications/i/item/international-standards-for-the-treatment-of-drug-use-disorders>

8/ FASD Working Group. (2016). Taking Action on Fetal Alcohol Spectrum Disorder: 2016–2019: An action plan. Ministry of Health.

This Action Plan is New Zealand's first attempt to take a strategic and coordinated national approach to fetal alcohol spectrum disorder (FASD). It reflects the Government's commitment under the National Drug Policy to collaborate across sectors and communities to reduce alcohol-related harm.

<https://www.health.govt.nz/publication/taking-action-fetal-alcohol-spectrum-disorder-2016-2019-action-plan>

9/ Management of alcohol- and drug-related issues in the workplace

International Labour Organization, 25 June 1999

Abuse of drugs and alcohol may cause serious difficulties at work including deterioration in job performance. Abuse is caused by a diverse range of personal, family, social or work situations or a combination of such factors. Consequently this ILO code of practice presents a variety of multidisciplinary approaches to the prevention, treatment and rehabilitation of alcohol- and drug-related problems in the workplace.

https://www.ilo.org/global/publications/ilo-bookstore/order-online/books/WCMS_PUBL_9221094553_EN/lang--en/index.htm

Journal Articles

10/ Addiction, childhood experiences and nurse's role in prevention: a qualitative study

Mirlashari, Jila., Jahanbani, Jahanfar & Begjani, Jamalodin

Eastern Mediterranean Health Journal. (2020). 26 (2), 212-218.

Parenting approach and early childhood experiences are thought to be two important factors in the initiation of substance use. Aims: We aimed to explore the nurse's role in the prevention of childhood addiction. Methods: In this qualitative study we conducted in-depth interviews with young men and women who were either in treatment for their addiction or were active drug users as well as with family members and nurses.

11/ Addressing structural discrimination: Prioritising people with mental health and addiction issues during the COVID-19 pandemic

New Zealand Medical Journal. (2021). 134(1538), 128-134.

Structural discrimination worsens physical health inequities and significantly reduces life expectancy for people with mental health and addiction issues. Aotearoa has recently made some notable changes in health policy by formally recognising the physical health needs of people with mental health and addiction issues. The COVID-19 vaccination sequencing framework provides an important opportunity to protect and promote the health of people with addiction and mental health issues.

12/ Anxiety sensitivity and opioid misuse and dependence among trauma-exposed adults with chronic pain

Zvolensky Michael J., Rogers, Andrew H., Shepherd, Justin M., Vujanovic, Anka A & Bakhshaie Jafar

Journal of Behavioral Medicine. (2020). 43(2), 174-184.

13/ Health Check: what makes it so hard to quit drugs?

[Health Check: what makes it so hard to quit drugs? - Family Drug Support Aotearoa New Zealand \(fds.org.nz\)](https://www.familydrugsupport.org.nz/)

14/ How can we engage people with substance dependency in oral health?

Bowes, Charlotte.

BDJ Team. (2020, Feb). 7(2), 20-22.

There is limited research in the UK related to people with substance dependency and oral health care, despite awareness of the frequent, and often complex, oral problems faced by this community.

15/ A new approach to alcohol misuse

Kerry Lyon, Hospital alcohol liaison service lead and alcohol specialist nurse, Tameside Hospital NHS Foundation Trust

Nursing Standard. (2016, Aug). 30 (52), 18-21. doi: 10.7748/ns.30.52.18.s22

Nurses in north west England are leading an initiative to prevent and treat alcohol harm. Alcohol misuse is the third largest preventable cause of ill health and premature death in England. There are more than a million alcohol-related hospital admissions each year. Nationally, the cost of alcohol to the NHS, equates to £21 billion each year and more than 11 million people drink at hazardous levels.

16/ Observing nurses has improved my alcohol dependency care

Nursing Standard. (2016). 31(4), 36.

A placement allowed Ellise Jaques to learn about effects of alcohol withdrawal and enhance her practice

17/ Report: Follow protocols to help fight opioid addictions

Palmer, John

Medical Environment Update. (2020, May). 30(5), 7-9.

A new report from medical liability insurer Coverys takes a close look at the growing epidemic of opioid addiction and the high-severity injuries and deaths the problem causes annually.

18/ Risk for Substance Use Disorders in young adulthood: Associations with developmental experiences of homelessness, foster care, and adverse childhood experiences

Moss, Howard B; Ge, Shaokui; Trager, Evan; Saavedra, Madeline; Yau, Margaret; et al.

Comprehensive Psychiatry. (2020). Vol. 100, 1-9. DOI:10.1016/j.comppsy.2020.152175

Multiple developmental risk factors for Substance Use Disorders (SUDs) during young adulthood have been identified. In this investigation, we examined the impact of homelessness, foster care, and adverse childhood experiences (ACEs) prior to 12th grade on the development of three common SUDs during young adulthood—Alcohol Use Disorder (AUD), Tobacco Use Disorder (TUD) and Cannabis Use Disorder (CUD). Our hypothesis was that while both homelessness and ACEs are significant risk factors for young adult SUDs, foster care involvement might convey protection.

19/ Working with addiction

Ferguson, Geoff

Healthcare Counselling & Psychotherapy Journal. (2020, Apr). 20(2), 8-11

The article discusses that clients who are addicted to destructive behaviours or substances present challenges in the consulting room. It mentions that it is difficult to break the cycle of addiction and destructiveness, because it involves facing the painful reality of the present situation, as well as any underlying issues; and also mentions without addressing the underlying issues, the chances of relapse remain high

NZNO Library

You can find us at L3, Findex House; 57 Willis St, Wellington.

Phone: **0800 28 38 48**

Mail: **PO Box 2128, Wellington 6140**

Email: library@nzno.org.nz

The NZNO library seeks to satisfy your information needs in the professional and industrial aspects of nursing.