

# Parish/Faith/Spirituality Nursing Resources

## NZNO Library Resource Guide

The New Zealand Nurses Organisation library has prepared a list of resources relating to parish, or faith community nursing, for use by members. This list offers sources of information that can be provided by the NZNO library, or located via the internet. This service is available to NZNO staff and members. Additional information is available on request.

### Websites

#### **1/ New Zealand: [Faith Community Nursing Association](https://www.faithcommunitynursing.nz/)**

Te Kotahitanga Neehi Hapori Whakapono o Aotearoa

NZFCNA exists to support - the church, nurse and community with a quality health ministry that meets the spiritual, mental and physical needs of individuals and families by developing understanding of the relationship between faith and health within the context of a caring faith community

<https://www.faithcommunitynursing.nz/>

#### **2/ What is Faith Community Nursing?**

Faith community nurses are licensed, registered nurses who practice wholistic health for self, individuals and the community using nursing knowledge combined with spiritual care

<https://westberginstitute.org/faith-community-nursing/>

#### **3/ Faith Community Nurses International (FCNI)**

A membership association that represents the interests of faith community nurses by providing nursing education and practice resources - including the on-line, peer-reviewed International Journal of FCN - to promote optimal health outcomes for the individuals and communities they serve

<https://www.fcniinternational.org/>

### Articles

#### **4/ A renewed look at faith community nursing**

Schroepfer, E.

*Medsurg Nursing*. (2016, Jan/Feb). 25(1), 62-66.

Faith community nursing is poised uniquely to meet health care challenges of older adults, a group projected to increase even more as baby boomers age.

### **5/ Clients' perspectives of spirituality in occupational therapy: A retrospective study**

Milliken, B. E.

*Open Journal of Occupational Therapy*. (2020, Fall). 8(4), 1-19.

While occupational therapy (OT) identifies itself as a holistic profession, there is little guidance in the literature and in academia to assist practitioners in addressing [spirituality](#).

An assignment was developed to provide a platform for occupational therapy assistant students to explicitly screen for clients' perspectives of spiritual occupations.

### **6/ Developing a spiritual care competency framework for pre-registration nurses and midwives**

Attard, J., Ross, L & Weeks, K. W.

*Nurse Education in Practice*. (2019). 40, 102604. doi: 10.1016/j.nepr.2019.07.010.

This paper identifies competencies in spiritual care from an in-depth literature review and develops a theoretical framework for competencies in spiritual care.

### **7/ Developing healthy habits**

M. Lindell Joseph., Rudolph T. Juárez., Janice Miller., Yolanda Rodriguez Villalvazo., Ann Rhodes., Marygrace Elson & Julie Stanik-Hutt

*Nurse Leader*. (2019). 17(6), 498-50.

This interdisciplinary action framework to influence health and well-being enables wholeness within a faith-based community. This article illustrates how innovative methods and collaborations are instrumental in stimulating one faith-based bilingual community to engage in healthy habits such as walking, developing a vegetable garden, and using a self-care transition coach.

### **8/ Factors affecting spiritual care practices of oncology nurses: A qualitative study**

Soolmaz Moosavi., Camelia Rohani., Fariba Borhani., & Mohammad Esmaeel Akbari  
*Supportive Care in Cancer*. (2019). 27(3), 901-909. doi: 10.1007/s00520-018-4378-8.

Spiritual care is a component of the holistic nursing approach. But in practice, nurses face many challenges during the implementation of spirituality care. Thus, the aim of this study was to explore the barriers and facilitators affecting spiritual care practices by oncology nurses.

### **9/ Faith community nursing: Focus on compassionate care**

*Kai Tiaki Nursing New Zealand*. (2016, Jul). 22(6), 32.

Despite being recently honoured with the Queen's Service Medal for her community work promoting health, education and support for those in need, Nelson rehabilitation nurse Elaine Tyrrell (right) said her role at the upcoming faith community nurses' conference would be mostly "doing the washing up".

### **10/ Health ministry through local faith communities: A European perspective**

Wordsworth, H.

*Community Practitioner*. (2014). 87(1), 24-27.

Before the introduction of the NHS, faith communities were involved in health promotion and public health. Deaconesses often had nursing training as well as their theological study and visited homes where there were health needs. Over the last 10 years this role has re-emerged in the UK and now in 80 churches of various denominations parish nurses help to promote health generally, often engaging with hard-to-reach groups.

### **11/ How to include spiritual care in nursing**

Elaine Tyrrell

*Kai Tiaki Nursing New Zealand.* (2017). 23(8), 43, 52.

University of Otago lecturer in health promotion Richard Egan, together with colleagues from Australia and the United Kingdom (UK), have recently published the findings of a national survey of New Zealand nurses regarding spirituality and spiritual care.

### **12/ Limiting barriers to exercise through the development of a faith-based community walking program**

Angel Smothers., James Thomas., Wei Fang., Stephanie Young., Elizabeth A. Morrissey., Molly Beaver & Helen Melnick

*Journal of Interprofessional Education & Practice.* (2021). 24, 100428.

<https://doi.org/10.1016/j.xjep.2021.100428>

The goal of this project was to implement an exercise program within the faith community setting and evaluate for effects on tendencies to exercise and assess attitudes toward potential exercise barriers.

### **13/ Nurse spiritual self-care: A scoping review**

Kweisi Ausar., Nirmala Lekhak & Lori Candela

*Nursing Outlook,* 2021-07-01. 69(4), 660-671.

The health care research on spirituality has focused on patients. Less is known about the spiritual self-care of nurses who work with these patients in all types of challenging environments. Nurse spiritual self-care may be helpful in reducing workplace stress and burnout.

### **14/ Perceived barriers to providing spiritual care among psychiatric mental health nurses**

Melissa Neathery., Elizabeth Johnston Taylor & Zhaomin He

*Archives of Psychiatric Nursing.* (2020). 34(6), 572-579.

This research investigated psychiatric mental health nurses' perceived barriers to providing spiritual care, and how these barriers were associated with frequency of spiritual care and demographic factors.

### **15/ Predictors of implementation in the Faith, Activity, and Nutrition dissemination and implementation study: application of the Consolidated Framework for Implementation Research (CFIR) in a statewide initiative**

Sara Wilcox., Danielle E. Jake-Schofman., Ruth P. Saunders., Deborah Kinnard., Andrew T. Kaczynski & Brent Hutto, et al.

*Translational Behavioral Medicine.* (2021). 11(2), 419-429. doi: 10.1093/tbm/ibaa025.

Faith-based organizations, with broad reach and trust, are well-positioned to promote health. The purpose of the study was to examine 12-month implementation and its predictors in the statewide Faith, Activity, and Nutrition (FAN) dissemination and implementation (D&I) study.

### **16/ Spiritual first aid for COVID-19**

Jamie D. Aten., Laura R. Shannonhouse., Don E. Davis., Edward B. Davis., Joshua N. Hook & Daryl R. Van Tongeren, et al.

*Journal of Psychology and Christianity.* (2020, Winter). 39(4), 265-275.

The aim of this paper is to introduce Spiritual First Aid for COVID-19, which is an evidence-informed, peer-to-peer (i.e., natural helpers, lay helpers), disaster spiritual and emotional care intervention that was designed to help others during the pandemic. This approach

focuses on meeting the survivor's immediate practical needs through a safe supportive presence in order to facilitate holistic health.

**17/ Spiritual needs and their association with indicators of quality of life among non-terminally ill cancer patients: Cross-sectional survey**

Olga Riklikienė., Jūratė Tomkevičiūtė., Lina Spirgienė., Žaneta Valiulienė & Arndt Büsing  
*European Journal of Oncology Nursing*. (2020). 44, 101681. doi: 10.1016/j.ejon.2019.101681.  
The study addresses the spiritual dimension of care of non-terminally ill cancer patients by measuring their spiritual needs in association with indicators of quality of life (i.e., happiness, satisfaction with life, pain intensity, functional capacity) and personal and illness characteristics.

**18/ Spiritual wellness: A journey toward wholeness: Through spirituality, we connect with the world around us**

David Hrabec., Bernadette Mazurek Melnyk & Susan Neale

*American Nurse Today*. (2018). 13(10), 24-27.

Spirituality as part of nurses' DNA. As nurses we're fortunate that the very basis of our practice is grounded in spiritual ideals. From the beginning of our education, we learn about the importance of spirituality in relation to a person's overall health.

**19/ Spirituality and impact evaluation design: The case of an addiction recovery faith-based organisation in Argentina**

Severine Deneulin & Ann Mitchell

*HTS Teologiese Studies*. (2019). 75(4), 1-9. <http://dx.doi.org/10.4102/hts.v75i4.5482>.

The importance of the spiritual dimension in the lives of people living in conditions of poverty and social exclusion and the often-critical role of faith-based organisations has gained increasing relevance in development research and practice. A growing line of research focuses on how to integrate the faith dimension into the evaluation of social programmes and on quantifying the effects of faith.

**20/ What are the perceptions and experiences of care delivery among faith community nurses?: A systematic review**

C. Paterson., E. Owusu & J. Rolley

*Seminars in Oncology Nursing*. (2021). Article in Press 151211.

<https://doi.org/10.1016/j.soncn.2021.151211>.

This systematic review set out to identify the unique perceptions and experiences of care delivery among faith community nurses (FCNs').

## NZNO Library

You can find us at L3, Findex House; 57 Willis St, Wellington.

Telephone: **0800-28-38-48**

Mail: **PO Box 2128, Wellington 6140**

Email: [library@nzno.org.nz](mailto:library@nzno.org.nz)

**The NZNO library seeks to satisfy your information needs in the professional and industrial aspects of nursing.**