

Stomal Therapy Nursing

NZNO Library Resource Guide

The New Zealand Nurses Organisation library has prepared a list of resources relating to stomal care nursing. This list offers sources of information that can be provided by the NZNO library, or located via the internet. This service is available to NZNO staff and members.

Associations

NZNO College of Stomal Therapy Nursing

- To recruit nurses practising, identifying with, and/or interested in Stomal Therapy care to belong to the NZNOCSTN Nurses National College

- To develop and disseminate Standards of Practice for Stomal Therapy Nurses.

https://www.nzno.org.nz/groups/colleges_sections/colleges/college_of_stomal_therapy_nursing

Australian Association of Stomal Therapy Nurses

One of the Association's major objectives is the promotion of quality care for a wide range of people with specific needs. These needs may be related to ostomy construction, urinary or faecal incontinence, wounds with or without tube insertion and breast surgery.

<https://www.stomalthrapy.com/>

The Association of Stoma Care Nurses UK

As a group of specialist practitioners, we are primarily focused on developing and advancing the specialist knowledge required to deliver expert healthcare to individuals with a stoma, ileo-anal pouch or requiring complex fistula/wound management. The Association's objectives include sharing of information and standardising expert practice, therefore facilitating the opportunity for Stoma Care Nurses to develop within their chosen speciality.

<https://ascnuk.com/>

World Council of Enterostomal Therapists (WCETN)

The WCET[®] Mission is to lead the global advancement of specialized professional nursing care for people with ostomy, wound or continence needs.

[World Council of Enterostomal Therapists \(wcetn.org\)](http://WorldCouncilofEnterostomalTherapists(wcetn.org))

Articles

An overview of stoma-related complications and their management.

Burch, J.

British Journal of Community Nursing. (2021, Aug). 26(8), 390-394.

The article focuses on stoma-related complications and their management. Topics include the important role played by community nurses in assisting people with stoma, the complications related to the stoma and to the peristomal skin, and referring patients to the specialist stoma care nurse when repeated stoma-related problems are reported.

Best practice in stoma care for neonates and children: The Global Paediatric Stoma Nurses Advisory Board has issued guidelines to help clinicians achieve consistent best practice

Nursing Children and Young People. (2019, Sep). 31(5), 12-13.

Many people are unaware that neonates and children can have stomas, and even fewer recognise the special challenges involved in their stoma care. 'Stoma nurses are also essential in the educational process because they are the first point of call for children and their families.

Care of patients with stomas in general practice

Finlay, B., Sexton, H., & McDonald, C.

Australian Journal of General Practice. (2018, Jun). 47(6), 362-365.

Intestinal stomas are formed for emergency, elective, benign and malignant conditions. They may be temporary or permanent. The complication rates of intestinal stomas are reported as high as 56%. The aim of this article is to provide an overview of intestinal stomas and common related issues, to inform general practitioners (GPs) and improve stoma-related care.

Colostomy and ileostomy

Canadian Cancer Society

A colostomy creates an opening from the colon to the outside of the body through the abdominal wall. An ileostomy creates an opening from the ileum to the outside of the body through the abdominal wall. The opening created by a colostomy or an ileostomy is called a stoma.

<https://cancer.ca/en/treatments/tests-and-procedures/colostomy-and-ileostomy>

Community stomal therapy services: A needs analysis and development of an evidence based model of care

Schluter, J. E., & Sinasac, P. A.

Journal of Stomal Therapy Australia, (2019). 40(1), 8-13.

doi: <https://doi.org/10.33235/jsta.40.1.8-13>

The aim of this quality improvement project was to develop an evidence-based model of care for community STN services. Ongoing care by a STN improves psychological distress, improves quality of life and reduces the likelihood of physical complications.

Factors Associated With Quality of Life Among People Living With a Stoma in Nonmetropolitan Areas

Sarah N. Ketterer, Michael J. Leach & Caitlin Fraser

Nursing Research. (2021 Jul-Aug). 70(4), 281–288. doi: [10.1097/NNR.0000000000000511](https://doi.org/10.1097/NNR.0000000000000511)

Surgical creation of stoma can be a lifesaving and a life-changing procedure. Despite significant advancements in stoma care, the creation of an ostomy profoundly affects health and well-being and thus quality of life (QoL).

How to change a stoma bag

Nursing Standard. (2020, Apr). 35(5), 69-74.

Each patient will have different stoma care needs, which may include the need for psychological support. Changing a patient's stoma bag is an opportunity to teach them how to undertake the procedure themselves, so that they are eventually able to undertake their stoma care independently. If the patient is able and willing to participate in their stoma care, they should be encouraged to do so.

The knowledge and skills framework for the NZNO college of stomal therapy

Ludlow, E.

The Outlet: New Zealand Stomal Therapy Nurses. (2021, Aug).

The Knowledge and Skills Framework (KSF) is a document that highlights, celebrates, and sets forth a pathway to becoming an expert stomal therapist in New Zealand.

Nurse specialists seek to spark stoma care 'social movement'

Mitchell, G.

Nursing Times - 18 November 2019

A group of leading stoma care nurses have embarked on a project to promote the "hidden value" of their specialist role and move ostomy conversations into the mainstream. They have produced new documentation that lays out what good stoma care looks like and how having specialist nurse services can improve patient experience and outcomes while reducing costs.

<https://www.nursingtimes.net/news/research-and-innovation/nurse-specialists-seek-to-spark-stoma-care-social-movement-18-11-2019/>

Nurses from specialist bowel hospital create new stoma care guide

Ford, M.

Nursing Times – 7 October 2021

A team of specialist nurses in London has designed and written a new stoma care book to help "empower" patients and guide health professionals supporting them. Those behind the initiative told *Nursing Times* they also hoped it would help to address nurse shortages by inspiring staff to specialise in this type of care.

<https://www.nursingtimes.net/news/research-and-innovation/nurses-from-specialist-bowel-hospital-create-new-stoma-care-guide-07-10-2021/>

Optimal support systems for patients with stomas – an opinion piece

Burch, J.

Nursing: Research and Reviews. (2014). 4, 55-64.

doi: <https://doi.org/10.2147/NRR.S36676>

This article explores the basic issues related to stomas and the general preoperative and postoperative support that is supplied by health care professionals. There was no optimal support system protocol discovered in the review of the literature. However, some of the published data related to stoma care were extrapolated to enable the reader to understand the important role that support systems can play in the acceptance of the stoma.

Overcoming problems with stoma site placement and improving quality of life after urinary diversion

Walls, P.

World Council of Enterostomal Therapists Journal. (2018, Jul).

The following case study involves an elderly patient who underwent a radical cystectomy and creation of an ileal conduit. 'Tricks of the trade' used to overcome problems associated with constant leakage from his appliance and his subsequent loss of self-esteem are demonstrated. A simple individualised care plan, including education and self-management techniques, is also outlined.

Peristomal skin complications: causes, effects, and treatments

Doctor, K., & Colibaseanu, D. T.

Chronic Wound Care Management and Research. (2017). 4, 1-6.

doi: <https://doi.org/10.2147/CWCMR.S93615>

Enterostomal formation remains a necessary part of multiple types of surgeries. Stomal difficulties can be a source of frustration for patients; however, a properly functioning stoma in a patient educated in its care can result in a highly functional individual, with a high quality of life, comparable to a person without a stoma. Correct surgical technique is vital to creating a stoma that is sufficiently everted, and in a good anatomical location.

Stoma care

Nursing Standard. (2014). 28(38), 61-61. doi: 10.7748/ns.28.38.61.s52

A CPD article reminded Anita Skinner of the importance to patients of practical education about managing stoma. It provides a concise review of the three main types of stoma, the appliances used with each and the care provided to patients.

Stoma education for the older person is about keeping it as simple as 1, 2, 3

Howson, R.

Journal of Stomal Therapy Australia. (2019, Sep). 39(3), 20-22.

The ability to self-manage a stoma is often the defining factor to an aged person's ability to either return to their lives at home or be placed into formal care. This article follows the journey of a non-English speaking background patient transferred from the acute setting to rehabilitation.

Stomal therapy service evaluation: how well are we supporting our patients?

Houston, N., Chok, Harrison Ng; Luck, L.

Journal of Stomal Therapy Australia, (2021, Jun), 41(2), 10-16.

A stomal therapy clinical nurse consultant explored the alignment of a LHD's vision of providing a safe, equitable, high quality, accessible, timely and efficient service that is fair across the district from the perspective of the ostomates. The aim was to explore and describe the care received from the district hospitals and care received from the metropolitan hospital.

Training as a stomal therapy nurse

Manchester, Anne.

Kai Tiaki : Nursing New Zealand. (2017, Mar). 23(2), 13-14.

There is no formal education in New Zealand for stomal therapy nurses. This is making it harder to attract younger nurses and to develop a succession plan. Bronwyn Laurie describes herself as "still a baby" in the world of stomal therapy nursing - she became a stomal nurse therapist at Timaru Hospital and Community Services only five years ago. Since then she's discovered it's "the best job ever".

Upskilling stomal therapy nurses

Bates, Nicky.

Kai Tiaki : Nursing New Zealand. (2019, Sep.). 25(8), 48.

The College of Stomal Therapy Nursing is developing its own knowledge and skills (K&S) framework to support the development of nurses working in stomal therapy. The framework is critical to support new nurses into the speciality, and ensure current nurses continue to develop. The new framework will demonstrate and uphold the speciality of stomal therapy nursing in New Zealand.

If you wish to visit the NZNO library please make an appointment to ensure staff are available to assist you.

NZNO Library

L3, Findex House; 57 Willis St, Wellington

Telephone: 0800-28-38-48

Mail: PO Box 2128, Wellington 6140

Email: library@nzno.org.nz

The NZNO library seeks to satisfy your information needs in the professional and industrial aspects of nursing.