



Top of the South
Regional Council Newsletter
MAY 2018

NZNO National Office and Membership Support Centre

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www.nzno.org.nz

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FOR OUR MEMBERS AND DELEGATES FROM TOP OF THE SOUTH REGIONAL COUNCIL

2018 DATES FOR YOUR DIARY

May 12	10:00am-12 noon	Regional Council meeting & AGM	Blenheim Venue TBC
May 12	2.00pm – 4.00pm	International Nurses Day Event Blenheim	Marlborough Community Hub, Room 2/3, 22 Queen Street, Blenheim
May 28	6:00pm – 9:00pm	TOTS Annual Dinner, Nelson	Restaurant Richmond
May 29	8:30am - 4:30pm	TOTS Regional Convention	Nelson



Grants, Scholarships & Funding

Contact the Regional Administrator, NElTemp@nzno.org.nz or visit www.nzno.org for more information about how to access funds to attend conferences and/or other training opportunities.



Forum
Top of the South Regional Council
presents:

ALCOHOL USE MAGNIFYING OUT

- the broader perspective of alcohol's impact on society

Steph Anderson

Addiction Nurse Specialist, Nelson Marlborough District Health Board

When: Thursday, 12 April, 2018

Time: 5.00 – 7.00 pm (2 hrs)

Venue: NZNO Training Room, Ground Floor
Monro Building, 190 Bridge Street
Nelson (near Police Station)

By Joan Knight, Regional Chairperson

Top of the South Regional Council facilitated this forum on April 12, 2018, in the NZNO training room, Nelson.

Addiction nurse specialist, Stephanie Anderson, NMDHB led an interactive presentation describing the history of alcohol use and looking at different views on the effects on the human body and the burgeoning “epidemic” alcohol use is creating.

Alcohol is not new on the scene. It was discovered in stone jugs 10,000 BC. Disease, law reform, and migration have all influenced the use and accessibility of alcohol. In medieval times alcohol was considered safer to drink than water because of water-borne disease.

An oversupply of grain in the 1700s led to the government of the day encouraging the manufacture of alcohol. Of course, this then became a revenue source which continues to this day. It also led to the “Gin epidemic” with gin becoming known as “mother’s ruin”.

Early migration to New Zealand, with an influx of mostly men, led to high use among the European population. It is interesting to note that there is no evidence of alcohol use in Maori prior to European migration but in 1847 Maori were banned from alcohol use.

Women were not allowed to purchase alcohol until 1961 in New Zealand. The Temperance Movement led by suffragettes such as Kate Shephard had a large influence in the early 20th century on the availability and use of alcohol. Slogans stating “Lips that touch liquor shall not touch mine” were used to dissuade the male population from drinking.

The movement even led to anomalies within the country, with Southland voting to be “dry”. Many family histories contain tales of “moonshine” distilled in the Hokonui hills being transported in ingenious ways. Southland today has a trust which governs the outlets where alcohol may be obtained and no alcohol is available in supermarkets.

The infamous “Six O’clock swill” finally ceased in 1967. The original intent had been to encourage men to be at home with their families in the evenings but considering the level of intoxication, the benefits of this were debatable.

In 1989, the sale of wine was introduced in supermarkets followed in 1990 by other alcoholic drinks, excluding spirits.

This is just a taste of the presentation content. Steph discussed the effects of alcohol in the body, the statistics relating to use around the world, and recommendations re use of alcohol. She encouraged audience participation, with attendees sharing their experience of the effects of alcohol use in our patients, in disease processes, and in our community.

Steph handed out a thought-provoking flyer “Alcohol and other substance use amongst nurses and midwives – What you can do”.

Steph has kindly agreed to repeat this presentation and Regional Council will send out flyers when a date has been set. Attendance is highly recommended.



TOP OF THE SOUTH REGIONAL COUNCIL
INTERNATIONAL NURSES DAY
INVITATION

Nurses a Voice to Lead



Health is a Human Right

International Nurses Day event

To be held at the Marlborough PHO Hub in Blenheim on May 12, 2 to 4pm.

International Council of Nurses (ICN) theme for 2018 is “Nurses: a voice to lead – health is a human right”. Speakers from different sectors in health care will share insights into their roles relating to the theme.

Members and non-members welcome.

See attached flyer.



Rally for Health

Part of the “Health Needs Nursing” campaign, the Rally for Health occurred on Wednesday 18, April in Blenheim, with approximately 30 attendees.



In Nelson more than 90 DHB nurses / health care assistants /midwives plus family members participated during the two-hour rally - waving flags, holding placards and banners, chanting, and encouraging public support with a ‘Toot for Nurses’ sign.

The fortuitous roadworks on Waimea road ensured those travelling past had more than adequate time to take in the rally and show their support.



The Nelson Mail ran a front page article on Friday, April 20, covering the rally and the concerns about the state of health care voiced by nurses.



The campaign continues, with nurses and NZNO organisers talking to the public and distributing flyers at local markets. Information is available on the NZNO website for anyone wishing to participate.

Regional awards

TOTS Regional Council has decided to defer regional awards till 2019 so a process and terms of reference can be established for these.

Member consultation

NZNO frequently sends out consultation documents, via delegate networks, for member consultation. These documents may relate to NZNO itself, its policies, or government legislation. We encourage all members to read these documents and provide feedback, or make submissions yourselves.

An invitation from
NZNO Top of the South Regional Council
 for NZNO Delegates and members to attend the
2018 Regional Convention




Theme: "Nurses a Voice to Lead – Health is a human right"

When: Tuesday, May 29 2018
Time: 8.30am - 4.30pm (registrations starts 8am)
 4.30pm – 5.30pm (after function gathering)
Venue: Tahunanui Conference Centre
 70 Beach Rd, Tahunanui, Nelson 7011
 (Registered attendees will be sent a map)
Further Information: For more information, please contact
 Christina Minamizawa on 03 5467217 or
 Member Support line on 0800 28 38 48

Please email: christinam@nzno.org.nz by

Friday May 11, 2018 to RSVP

an online link will sent and need to be filled out or go directly to:

<https://goo.gl/forms/56klouHRFDxckcSW2>

Numbers are now restricted so please register early to ensure your spot. Please note it is too late for EREL.

Annual Dinner is on the May 28, 2018

TOP OF THE SOUTH
 ANNUAL DINNER
 INVITATION



A 2018 invitation from
 NZNO Top of the South Regional Council

When: Monday, 28 May 2018
Time: 6.00pm – 9.00pm
Venue: Armadillos - 183 Queen Street Richmond
 (Registered attendees will be sent a map)
Further Information: For more information please contact
 Christina Minamizawa on 03 5467217 or
 Member Support line on 0800 28 38 48

NZNO members and non-members welcome.
 This event is free apart from what you order.
 Two hours professional development
 certificate.

Please complete online registration or contact Christina in
 the Nelson Office

fax: 03 546 7214 or email: christinam@nzno.org.nz

Click here to book your ANNUAL DINNER ticket
<https://goo.gl/forms/mJp51XP6UCVzoODy1>

Regional Convention

Please remember to book for our convention, if you have not already done so.

We have a huge line-up of panel speakers and a wealth of knowledge to be shared.

Jane Large, The Manager of Older Persons, South Island Alliance - The Big Picture

Peter Bramley, CEO NMDHB – A Balancing Act, Community Demand Vs Budget

Jill McKnight, Director, Nelson Nursing Services - Nurse Led Health Practices – Where to From Here?

Luke Katu, Kaiatawhai Service Manager and Kaitakawaenga Maori Health Manager, NBPHO – How Deep is the Need?

Carla Arkless, Nurse Practitioner, Hospice Palliative Care Educator – End of life – Challenging Choices

Memo Musa, CEO, NZNO – NZNO A Voice to be Heard

Ros Vercoe, Community Ministries, Salvation Army – The Coal Face

Please rsvp to Christina immediately on:
christinam@nzno.org.nz.

Regional Council participation

All members in the Top of the South (from Marlborough to Takaka and down to Murchison) are welcome to attend regional council meetings.

Colleges and sections, National Student Unit, Te Runanga, and workplaces are all entitled to elect representatives/ delegates to regional council.

We would love to see more people involved in decision-making for this region.