



NEW ZEALAND
NURSES
ORGANISATION

TŌPŪTANGA
TAPUHI
KAITIAKI O AOTEAROA

Top of the South Regional Council Newsletter April 2019

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Phone: 0800 28 38 48**

www.nzno.org.nz

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Regional Council chairperson:
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**Membership Committee
representative:**
Joan Knight
joan.knight@nmhs.govt.nz

Te Rūnanga representative:

NSU representative:

NSU Tairā representative

TOP OF THE SOUTH ANNUAL DINNER FORUM INVITATION



A 2019 invitation from

NZNO Top of the South Regional Council

When:	Wednesday, 15 May 2019
Time:	6.00pm – 9.00pm
Venue:	The Honest Lawyer – 1 Point Road Monaco Nelson
Further Information	For more information please contact Nelson office on 03 5467217 or Member Support line on 0800 28 38 48



An invitation from
NZNO Top of the South Regional Council
for NZNO delegates and members to attend
the
2019 Regional Convention



THEME: "Nurses a Voice to Lead – Health for all"

WHEN:	Thursday, 16 May 2019
TIME:	8.30am to 4.30pm (registrations open from 8.00am)
VENUE:	Grand Mercure Monaco, Point Rd, Nelson (Registered attendees will be sent a map)
	For more information please contact Sharon Keane on sharon.keane@nzno.org.nz Or call Member Support Centre on 0800 28 38 48

Grants, Scholarships & Funding

Contact the Regional Administrator, Phone 546 7217 or visit www.nzno.org for more information about how to access funds to attend conferences and/or other training opportunities.

Regional Council Chair Report

Joan Knight

We encourage members to attend our **Top the South Annual Dinner Forum** at the Honest Lawyer Monaco May 15 and **Regional Convention** at Grand Mercure Monaco May 16 (See flyer front page). Professional Development certificates will be given for both events.

Health and Safety Forums scheduled for April have been postponed till June due to clash of commitments by the educator. Information imparted at these forums relates to health and safety regulations particularly in relation to escalation of patient and staff safety concerns.

Remit Discussion Forums will be held July 30 in Nelson and August 1 Blenheim. Remits are the change proposals you will be voting on in August. The forums provide the opportunity for informed decision making. Please consider attending to discuss the proposals with other members and your Regional Council.

Care Capacity Demand Management (CCDM)

Workstreams (core data set, FTE calculations, and variance response management) are underway at NMDHB. A staged approach is being used and the first areas undertaking this are Paediatrics in Nelson and Wairau, the Medical Unit Nelson, and the Assessment, Treatment and Rehabilitation Unit Nelson.

The Safe Staffing Healthy Workplaces Unit (SSHWU), NZNO, and each of the District Health Boards are working in partnership throughout this process.

Regional council membership is now five (three DHB, one NSU Tairā and one NSU representative). All members currently live in Nelson so, along with our limited numbers and our working hours, there are also significant travel time constraints in delivering forums across the region. We have postponed the April 13 forum and the regional council's AGM scheduled for Blenheim for this reason.

NZNO 101 Forums are designed to provide members and delegates with more insight into the structure of the organisation, the benefits of membership, members' ability to participate within the organisation, and the voting changes which will come into effect at this year's AGM. These changes will mean every member can vote on remits this year.

The March forum, held in Nelson, was well attended and created lively interaction and discussion of professional issues including delegation and supervision, responsibilities in relation to the Health and Disability Commissioner and the Nursing Council, and professional development and recognition programme (see article next page).

Representation on Council

We again urge all sectors and groups to ensure they have representation on council. **If you are not at the table, we are not hearing your voice or your members' voice!**

Please see the NZNO Constitution for the **representation entitlements** for workplaces, colleges and sections, Te Rūnanga, and National Student Unit (NSU). Members also have a right to attend council meetings. If you have an interest, look out for council meeting notices and register your attendance with our administrator.

If you have an interest in representing your work place, please contact your organiser Denise McGurk or Daniel Marshall. All work areas have a right to be represented, no matter how many members work there. If you are a member of one of the other groups listed above, please ask your national group if you have a regional representative. We need more representatives around our table.

All members in the Top of the South (from Marlborough to Takaka and down to Murchison) are welcome to attend regional council meetings.

PROFESSIONAL DEVELOPMENT AND RECOGNITION PROGRAMME

Accessibility to the Te Kāhui Kōkiri Mātanga, South Island-wide PDRP programme was raised at a recent NZNO 101 forum. The issue has been discussed with Sandy McLean Cooper NMDHB's PDRP co-ordinator.

Sandy informs us that:

- Website address is Te Kāhui Kōkiri Mātanga
- Access to the programme documents is open to all.
- Partnership in the programme by employers is free.
- Nurses in private employment may train as portfolio assessors.
- NMDHB assessors manage DHB portfolio assessments.
- Sandy is happy to be contacted to discuss the programme and assessment of portfolios.
- Best news is there is work afoot to provide one nationally recognised programme.

The full PDRP process is completed three yearly. However, at NMDHB we have an annual appraisal and Interim Year PDRP process. This regular updating ensures your documentation is current and reduces the workload associated with complying with the full process every three years.

If audited by Nursing Council (which conducts ongoing random audits), any nurse who has successfully completed the PDRP process and is included on that area's register informs her PDRP co-ordinator of the audit request. The PDRP co-ordinator then emails Nursing Council to inform it that the nurse is current on its register.

Partnership in the programme provides a complete process for evidencing competence for Nursing Council. Current partners within the region as listed on the website are NMDHB, Nurse Maude, and Access Home Health.

We recommend nurses consult with their employers re the employer joining as a partner in

the programme. Assessor training for nurses would enable all nurses to have a complete process to follow.

If you are submitting directly to Nursing Council, please follow Nursing Council documentation.

"In Safe Hands?"

"How poor staffing levels and rationing care are harming aged care residents and staff"

A 2019 Report into Aged Care Staffing – joint NZNO and E Tū research project

Hot off the press is this new report describing the reality of care levels as seen by those who work in the aged-care sector in Aotearoa. Not enough staff, higher levels of need, and outdated standards of care have led to care rationing compromising patient safety and patients' quality of life. Those caring for them feel they will never be able to provide the care they believe those in their charge deserve.

We are all whānau in health-care delivery and those in aged-care e are our whānau too. Please take the time to read the report and consider this: "What we always accept is what we'll always get". Those who are working in aged care are calling out to all of us to help create the change required for us to be able to say our elderly are **in safe hands**.

You can access the report via www.instafehands.co.nz

“Alcohol Use - Magnifying Out”

Addictions nurse specialist NMDHB, Steph Anderson, was the presenter of this forum facilitated by Top of the South Regional Council on April 3 at NZNO Training Rooms Nelson. Steph encourages audience participation and the wide variety of fields (Plunket, midwifery, paediatrics, aged care and community services) represented in the room added to the discussion.

It is a surprise to some that alcohol registers above drugs, methamphetamine and cannabis on the HARM Index. When we consider the ongoing effects, not only to the consumer’s health but to their children, mokopuna, family, whānau, and the wider community, it should really be no surprise.

For those who were not able to attend, Steph will be presenting at our Regional Convention on May 16. The information Steph presents needs to be heard!!

MEMBER SUPPORT CENTRE

0800 28 38 48

Remember this is the one-stop shop, so to speak, for any queries about NZNO, professional practice, and industrial advice. Please ensure you also update NZNO when any of your details change, for example your name, your contact details, or your workplace.

2019 Calendar

This newsletter contains dates for 2019 events. We ask members and delegates to ensure they book early. If you have registered for an event and are then unable to attend, please let our administrator know, so someone else gets the opportunity to attend.

If requesting EREL (employment relations education leave) for delegate education or regional convention, **indicate this when you register**. Please also **fill out a leave request form, listing your leave as EREL, for your direct manager for rostering purposes**. Include on the form that NZNO will be informing your employer (HR for DHB). This is a courtesy for rostering. The legal requirement is for NZNO to inform your employer. **Please note, EREL for Regional Convention has closed for this year.**

If EREL does not apply, please remember to ask to use your PDL (professional development leave) allocation, if your employment agreement provides this. **For DHB members, PDL is for each calendar year, therefore if you do not use it, you lose it!**

All regional council forums have information relevant to your professional development, whether it be professional, cultural or industrial.

Please see our regional calendar on the NZNO website (look under Groups -Regional Councils – Top of the South Regional Council).

We are always open to ideas for forums/speakers, so please don’t hesitate to contact us with suggestions.