WELCOME TO OUR TALIPES CLINIC
• Consent obtained through NDHB policy and consent process for all photo’s and video’s.

A big thank you to Baby C’s family for their permission to show you the first few weeks of her treatment.
October 2014 talipes clinic, verbal consent received from all parties
WHAT IS TALIPES?
• A foot deformity

• Also known as Club Foot or

• C.T.E.V

• Can be unilateral or bilateral (one foot or both feet)
• **Congenital:** At time of birth

• **Talipes:** Position of foot and ankle

• **Equinus:** Foot pointing down

• **Varus:** Foot turning inward
Causes:

• Common birth defect

• Unknown cause

• Maori/Pacific Islanders: 6-7 /1000

• European: 1-2 /1000
Treatment

• We use the Ponseti technique

• Designed by an Orthopaedic Surgeon

• It was recognised that surgical intervention was not achieving optimal results

Ignacio Ponseti

Image retrieved from internet google search
What is involved?

• Weekly casts: 6-8 weeks

• casts are from the groin to the toes

• Each cast gradually corrects the foot
Plaster cast
Soft cast
• Most children need a Tendon Achilles Release

• This is the last step to make it possible for boots to be fitted
• We perform Tendon Achilles Releases in clinic
• Under a local anaesthetic
• The parents wait in the waiting room
Recurrence

- This can happen to some of the children as a natural occurrence
- Or non-compliance with treatment
- It is treated with further casting
Further treatment

• Some children may need further surgery

• Tibial Anterior transfer
Meet
Baby C
1ST APPT

• Photos
• DVD
• Disability Allowance
• Information
• Casting
The first casts were put on when Baby C was 1 week old.
Week 2
soaking casts off in bucket of warm water and vinegar
END OF WEEK 1 AND 1ST CAST
2\textsuperscript{nd} CAST
END OF WEEK 2 AND 2^{ND} CASTS
END OF 3RD CAST
END OF 3RD CAST AND END WEEK 3
5TH CASTS
6TH WEEK
LAST CASTS POST TA RELEASE
Baby C

Before

After
Thank You for listening

Presented by
Maree Tugaga, EN