CHALLENGES OF MENTAL HEALTH NURSING IN RURAL NZ
WHY ENTER PRIMARY MENTAL HEALTH CARE?
MENTAL HEALTH CREDENTIALED

- POPIN TV PROJECT
- OWN D&MH PROGRAMME
- REACH OUT TO OTHER SERVICES
- ONLY MENTAL HEALTH NURSE
### ADVANTAGES OF HAVING PMHC INTEGRATED INTO GENERAL PRACTICE

<table>
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<tr>
<th>For the Employer</th>
<th>Personal Reasons</th>
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<td>• Decreases waiting time drastically</td>
<td>• Learn about coping strategies</td>
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<td>• Mental health care patients abundant</td>
<td>• Interested in providing better care</td>
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<td>• One stop shop – providing more holistic care</td>
<td>• Increase in personal knowledge</td>
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Turned away from patient

Approach patient

React to body language
EMPOWERING PATIENTS

“AS WE LOOK AHEAD INTO THE NEXT CENTURY, LEADERS WILL BE THOSE WHO EMPOWER OTHERS.”

BILL GATES
INTERDISCIPLINARY APPROACH

The benefits of multidisciplinary team:
- Improved health outcomes.
- Enhanced satisfaction for clients.
- More efficient use of resources.
- Enhanced job satisfaction for team members.
- Staff acquire new skills, participate in decision making and take on more.
- Delivering services that are planned and co-ordinated.
- Delivering services that are cost-effective.
- Enhancing information sharing and reorganization of work practices.

Depression

Anxiety
TAKE HOME MESSAGE